

November 2024 Neurotrauma Newsletter
Brain Injuries, Brain Tumors, Spinal Cord Injuries, Strokes
Pacific Disabilities Center, John A. Burns School of Medicine,
University of Hawaii at Manoa

Pacific Disabilities Center website: <https://pdc.jabsom.hawaii.edu/>

Pacific Disabilities Center YouTube Channel:

<https://www.youtube.com/@PacificDisabilitiesCenter>

To subscribe or make corrections, additions, etc., send an email to

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The names or contact information of subscribers is never shared.

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1. Announcements

There's a new concussion management tool (an app) available for caregivers, athletes, and educators. It is called SCORE 4 Brain Health and was developed by the Children's National Hospital SCORE program. SCORE stands for Safe Concussion Outcome Recovery & Education Program. Find out more about SCORE and download the app at <https://www.childrensnational.org/get-care/departments/safe-concussion-outcome-recovery--education-score-program>

AccesSurf Hawaii has an adaptive surf session for Wounded Warriors scheduled for November 20, 2024. They have other dates throughout the year for military and non-military participants, which you can find on their website (<https://www.accessurf.org/>) (you need to check the site regularly, though). REHAB Hospital of the Pacific is having an Adaptive Cycling session on November 23, 2024. Both organizations are always looking for not only participants but also volunteers to assist at the events. Find out more about these two events below in the November 2024 Online and In-Person Events section on page 10.

AccesSurf is also holding an Adaptive Swim Clinic at REHAB Hospital of the Pacific on November 9, 2024. Slots are open for participants and volunteers are needed. Register at <https://www.accessurf.org/swim2/>. For more information, see the November 2024 Online and In-Person Events section below (see page 5).

This month's Stroke Support Group meeting at REHAB Hospital of the Pacific, which takes place on Thursday, November 7 in-person at REHAB Hospital, features former REHAB patient, Miki Tomita, who will lead a sound therapy workshop to demonstrate the cognitive, emotional, and physical benefits of sound therapy. Meeting details and RSVP information can be found on page 36.

I (Dr. Violet Horvath) will be giving two hybrid presentations on Hawaii this month. The first is on Medical Gaslighting for Tutu's House in Kamuela from 11:30 am – 1:00 pm. (See page 7.) The second is on The Basics of Advocacy for the Kona Brain Injury Support Group, from 4:00 – 5:30 pm. You can find more information on page 23.

Even if you have not had a stroke or a brain injury, and/or a spinal cord injury, I encourage you to attend these and other support group meetings. They provide a wealth of information that is useful for all audiences. I'm a professional in this area, but even I attend meetings, webinars, and events when I can in order to learn more.

2. Online and In-Person Events

November 2024

Title: Caregiving: Navigating Providers Relationships and First Responder Interactions

Format: Virtual

Cost: Free

Sponsored by: Center for Brain Injury Research & Training (CBIRT) at the University of Oregon

Date: November 1, 2024

Time: 6:00 am HST

Registration: https://us02web.zoom.us/webinar/register/WN_-dbfu-TuQw2RIKdDYUfTzQ#/registration

Title: Lanai Kinaole Home Team Outdoor Health Fair 2024

Format: In-person in Lanai City, Lanai, HI

Cost: Free

Sponsored by: Lanai Kinaole

Date: November 2, 2024

Time: 10:00 am – 2:00 pm HST

Location: Dole Park

Additional information: Please call 808-565-8001 for more information.

Title: Memory Boot Camp! Activating and Nurturing the Aging Brain

Format: In-person in Kamuela, Hawaii Island, HI

Cost: Free

Speaker: Harvey Eckhart, MS, DC

Sponsored by: Tutu's House

Date: November 4, 2024

Time: 10:00 am – 11:00 am HST

Location: Tutu's House, Kamuela Business Center, Suite 304, 64-1032 Mamalahoa Highway, Kamuela, HI 96743

Registration: Send an email to newsletter@tutushouse.org

Title: Invisible Wounds of Service: PTSD, TBI, and Moral Injury

Format: Virtual

Cost: Free

Speaker: NASHIA Staff Members and SAMHSA's SMVF TA Center

Sponsored by: National Association of State Head Injury Administrators (NASHIA)

Date: November 5, 2024

Times: 2:00 pm – 3:30 pm ET (9:00 am – 10:30 am HST)

Registration:

https://prainc.zoom.us/webinar/register/WN_nkXkXg19SBSWyhZcBSozrA#/registration

Title: Do You Have an Advance Health Care Directive?

Format: Hybrid; online and in-person in Kamuela, Hawaii Island, HI

Cost: Free

Speaker: Community First Hawaii

Sponsored by: Tutu's House

Date: November 4, 2024

Time: 9:00 am – 10:30 am HST

Location: Tutu's House, Kamuela Business Center, Suite 304, 64-1032 Mamalahoa Highway, Kamuela, HI 96743

Registration (in-person): Send an email to newsletter@tutushouse.org

Registration (Zoom): <https://www.communityfirsthawaii.org/registration>

Title: A New Clinical Approach to Treating Anger after Brain Injury

Format: Virtual

Cost: \$50

Speaker: Dawn Neumann, Ph.D., FACRM

Sponsored by: Brain Injury Association of America

Date: November 7, 2024

Times: 3:00 pm ET (10:00 am HST)

Registration: <https://shop.biausa.org/product/STRM110724/20241107-a-new-clinical-approach-to-treating-anger-after-brain-injury-live-webinar>

Additional information:

<https://shop.biausa.org/product/STRM110724/20241107-a-new-clinical-approach-to-treating-anger-after-brain-injury-live-webinar>

Title: Behavior Changes Following Brain Injury: Considerations for Families

Format: Virtual

Cost: Free

Speaker: Toni M. Curry, Ph.D., NSCP, Dartmouth-Hitchcock Medical Center

Sponsored by: Brain Injury Association of New Hampshire

Date: November 8, 2024

Times: 12:00 pm – 1:00 pm ET (7:00 – 8:00 am HST)

Registration: <https://bianh.networkforgood.com/events/76972-behavior-changes-following-brain-injury-consideration-for-families>

Title: 2024 Hawaii Parkinson's Walk

Format: In-person in Honolulu, HI

Cost: Free

Sponsored by: Hawaii Parkinson's Association

Date: November 9, 2024

Times: Site opens at 7:30 am; walk starts at 9:00 am

Location: Magic Island, Ala Moana Beach Park

Registration: <https://givebutter.com/pdwalk2024>

For more information: <https://givebutter.com/pdwalk2024> and <https://parkinsonshawaii.org/>

Title: Adaptive Swim Clinic

Format: In-person in Honolulu, HI

Cost: Free

Sponsored by: AccesSurf Hawaii and REHAB Hospital of the Pacific

Date: November 9, 2024

Times: 10:00 am PT (8:00 am HST)

Location: REHAB Hospital of the Pacific, 226 N. Kuakini Street, Honolulu, HI 96817

Registration: <https://www.accessurf.org/swim2/>

For more information: Registration is mandatory. For more information, visit <https://www.accessurf.org/swim2/>. You can also send an email to <https://www.accessurf.org/contact/>

Title: Hands-on Bathing

Format: In-person in Honolulu, HI

Cost: Free

Speakers: Renee Kato, Program Manager for St. Francis Healthcare Services for Senior Citizens (HSSC), and Keri Delos Santos, Coordinator for HSSC Bathing Services

Sponsored by: St. Francis Caregiver and Wellness Program

Dates: November 8, 2024

Times: 10:00 am – 11:30 am HST

Location: St. Francis Campus, 2228 Liliha Street, Honolulu, HI 96817

Registration: <https://www.stfrancishawaii.org/s/courses>

Title: Compensatory Strategies for Everyday Success

Format: Virtual

Cost: Free

Speakers: Various

Sponsored by: BEST (Brain Education Strategies Technology)

Date: November 9, 2024

Times: 10:00 am PT (8:00 am HST)

Registration: https://ruby-rook.webinarninja.com/series-webinars/5986/register?_vbtrk=MjU2NDMzOjEwMDc4NzY4NDpuZXdzGV0dGVy&_uax=MjU2NDMzOjEwMDc4NzY4NA

For more information: Visit their website at <https://bestconnections.org/> or send an email to info@bestconnections.org

Title: StrongWheeled Together Conference Wellness Session: Tech Access:

Exclusive Product Updates for Wheelchair Users

Format: Virtual

Cost: Free

Speakers: United Spinal Association partners

Sponsored by: United Spinal Association

Date: November 12, 2024

Times: 3:00 pm – 5:00 pm (10:00 am – 12:00 pm HST)

Registration:

https://us02web.zoom.us/meeting/register/tZUrdOmhrT8uEta0nEtqhs73j4a_Bq-VobZw#/registration

Additional information: <https://unitedspinal.org/swtcon/>

Title: Taking the First Step, No Matter How Small

Format: Virtual

Cost: Free

Speakers: Mr. Nick Prefontaine

Sponsored by: Brain Injury Association of America

Date: November 12, 2024

Time: 3:00 pm ET (10:00 am HST)

Registration: https://us06web.zoom.us/webinar/register/WN_QdBezGwiQy-9LqOYgDHQXg#/registration

Title: Finding Your Own Place: Overcoming Barriers in Rental Housing

Format: Virtual

Cost: Free

Speaker: Richard Sherman, Renter Certification

Sponsored by: North Dakota Brain Injury Network (NDBIN)

Date: November 13, 2024

Times: 1:30 pm – 3:00 pm CT (9:30 am – 11:00 am HST)

Registration:

<https://und.zoom.us/meeting/register/tJ0ucuygrDwjHNU53KiCV5evEJQPxaJMzkS#/registration>

Additional information: To view the slides, go to:

<https://www.ndbin.org/assets/5897-27748/finding-your-place-slides.pdf>

Title: Medical Gaslighting

Format: Hybrid – online and in-person in Kamuela, HI

Cost: Free

Speaker: Violet E. Horvath, Ph.D., Director, Pacific Disabilities Center, John A. Burns School of Medicine, University of Hawaii at Manoa

Sponsored by: Tutu's House

Date: November 13, 2024

Time: 11:30 am – 1:00 pm HST

Location: Tutu's House, Kamuela Business Center, 64-1032 Mamalahoa Highway, #305, Waimea, HI 96743

Zoom link: TBA

Title: The Basics of Advocacy

Format: Hybrid – online and in-person in Kailua-Kona, HI

Cost: Free

Speaker: Violet E. Horvath, Ph.D., Director, Pacific Disabilities Center, John A. Burns School of Medicine, University of Hawaii at Manoa

Sponsored by: Kona Brain Injury Support Group

Date: November 13, 2024

Time: 4:00 am – 5:30 pm HST

To join the meeting online: Go to Zoom at www.zoom.com. In the upper right-hand corner, click "Join Meeting" and enter Meeting ID 808 274 6477. You will be placed in the virtual waiting room and the host will let you into the meeting.

To join the meeting in person: The meeting location is Anderson Wealth Planning, 75-1000 Henry Street, Suite 200. (In the same building as Planet Fitness.)

Additional information: Contact Karen Klemme at kklemme@hawaii.rr.com

Facebook: <https://www.facebook.com/groups/2671644676391469>

Title: Spasticity as a Treatable Condition

Format: Virtual

Cost: Free

Speaker: Dr. Preeti Raghavan

Sponsored by: American Stroke Association

Date: November 14, 2024

Time: 7:00 pm EST (2:00 pm HST)

Registration:

https://heart.zoom.us/webinar/register/WN_ITisZRUNQwG1qOMSbslh5w#/registration?utm_source=Together%20To%20End%20Stroke%20fy%202025&utm_medium=email&utm_campaign=emailname &utm_content=content2%20cta&sc_campaign=79890DEB9E704C13939C0205B45526EE

Title: Making the Case for State General Revenue to Support Brain Injury Services

Format: Virtual

Cost: \$50 for NASHIA members, \$75 for non-members

Speaker: Zaida Ricker, MPS

Sponsored by: National Association of State Head Injury Administrators (NASHIA)

Date: November 14, 2024

Time: 12:00 pm – 3:00 pm ET (7:00 am – 10:00 am HST)

Registration:

<https://www.nashia.org/calendar#!event/register/2024/11/14/making-the-case-for-state-general-revenue-to-support-brain-injury-services>

Additional information:

<https://www.nashia.org/calendar#!event/2024/11/14/making-the-case-for-state-general-revenue-to-support-brain-injury-services>

Title: How to Handle Paresthesia & Weakness Neuromuscular Conditions Review

Format: Virtual

Cost: Free

Speaker: Natalia Gonzalez Caldito, MD, Hawaii Pacific Neuroscience

Sponsored by: John A. Burns School of Medicine, Neuroscience Department – Psychiatry Online CME Grand Rounds

Date: November 15, 2024

Time: 12:00 pm HST

Zoom link: <https://hawaii.zoom.us/j/97039888672>

Meeting ID: 970 3988 8672

Title: Caring for Yourself During the Holidays

Format: In-person in Kailua-Kona, HI

Cost: Free

Speaker: Tanya Perry, Occupational Therapist

Sponsored by: Hawaii Community Caregivers Network (HCCN)

Date: November 16, 2024

Time: 10:00 am HST

Location: Kailua-Kona Public Library, 75-138 Hualalai Road (808-327-4327)

Additional information: Light refreshments will be served and there will be time for questions.

Title: AccesSurf Hawaii Wounded Warrior Event

Format: In-person in Kapolei, HI

Cost: Free

Sponsored by: AccesSurf Hawaii

Date: November 20, 2024

Times: Program – 9:00 am – 12:00 pm; volunteers – 7:45 am – 12:00 pm

Location: Kalaeloa – White Plains Beach

Registration (participant): <https://app.initlive.com/web-admin/app/#/join-party?k=c2mc8ymoct8gg3>

Registration (volunteer): <https://app.initlive.com/web-admin/app/#/join-party?k=tuyw15daqji4y8>

Additional information: Registration is required. One- and three-hour spots are available for participants. Shifts of varying lengths are available for volunteers. For more information, contact AccesSurf at <https://www.accessurf.org/contact/>

Title: Mindset Matters

Format: Virtual

Cost: Free

Speakers: Various

Sponsored by: BEST (Brain Education Strategies Technology)

Date: November 23, 2024

Times: 10:00 am PT (8:00 am HST)

Registration: https://ruby-rook.webinarninja.com/series-webinars/5986/register?_vbtrk=MjU2NDMzOjEwMDc4NzY4NDpuZXdzdGV0dGVy&_uax=MjU2NDMzOjEwMDc4NzY4NA

For more information: Visit their website at <https://bestconnections.org/> or send an email to info@bestconnections.org

Title: Adaptive Cycling

Format: In-person in Honolulu, HI

Cost: Free

Sponsored by: REHAB Hospital of the Pacific

Date: November 23, 2024

Times: 9:00 am – 11:00 am HST

Location: Kapiolani Park

Registration (participant): <https://www.eventbrite.com/e/honolulu-adaptive-cycling-participant-tickets-1056019806669?aff=erelexpmlt>

Registration (volunteer): Closed

Additional information: There are certain requirements for riders (see registration for details.) For more information, contact Community Relations at 808-566-3741 or at community@rehabhospital.org

December 2024

Title: The Neuroanatomy and Assessment of Language Disturbance in TBI

Format: Virtual

Cost: \$50

Speaker: Kim Frey, Ph.D., CCC-SLP, CBIS

Sponsored by: Brain Injury Association of Hawaii (BIAA)

Dates: December 5, 2024

Times: 3:00 pm ET (10:00 am HST)

Registration: <https://shop.biausa.org/product/STRM120524/20241205-the-neuroanatomy-and-assessment-of-aphasia-in-tbi-live-webinar>

Title: Hands-on Bathing

Format: In-person in Honolulu, HI

Cost: Free

Speakers: Renee Kato, Program Manager for St. Francis Healthcare Services for Senior Citizens (HSSC), and Keri Delos Santos, Coordinator for HSSC Bathing Services

Sponsored by: St. Francis Caregiver and Wellness Program

Dates: December 13, 2024

Times: 10:00 am – 11:30 am HST

Location: St. Francis Campus, 2228 Liliha Street, Honolulu, HI 96817

Registration: <https://www.stfrancishawaii.org/s/courses>

Title: Learning for Success

Format: Virtual

Cost: Free

Speakers: Various

Sponsored by: BEST (Brain Education Strategies Technology)

Date: December 14, 2024

Times: 10:00 am PT (8:00 am HST)

Registration: https://ruby-rook.webinarninja.com/series-webinars/5986/register?_vbtrk=MjU2NDMzOjEwMDc4NzY4NDpuZXdzGV0dGVy&_uax=MjU2NDMzOjEwMDc4NzY4NA

For more information: Visit their website at <https://bestconnections.org/> or send an email to info@bestconnections.org

January 2025

Title: Love Your Brain: Online Caregiver Retreat

Format: Virtual

Cost: Varies from \$200 - \$700

Speakers: Jonathan Prescott, Kyla Pearce, Adam Pearce, and Elizabeth Grey

Sponsored by: Love Your Brain

Date: Six weeks: January 14, 2025 – February 18, 2025

Time: 6:00 pm – 8:00 pm ET (1:00 pm – 3:00 pm HST)

Registration: <https://www.loveyourbrain.com/caregiver-retreat>

More information: <https://www.loveyourbrain.com/caregiver-retreat>. For adults serving in a caregiving or supportive role (e.g., spouse, partner, sibling, parent) for an individual with a brain injury, including concussion and other forms of TBI, stroke, tumor, hypoxia/anoxia. Those who have experienced brain injuries are encouraged to join the Community Retreats (<https://www.loveyourbrain.com/retreat>).

Title: How to Seamlessly Incorporate Brain Health & Wellness into Clinical Care

Format: Virtual

Cost: Free

Speaker: Paul Smith, MD, Hawaii Pacific Neuroscience

Sponsored by: John A. Burns School of Medicine, Neuroscience Department – Psychiatry Online CME Grand Rounds

Date: January 17, 2025

Time: 12:00 pm HST

Zoom link: <https://hawaii.zoom.us/j/97039888672>

Meeting ID: 970 3988 8672

Title: The Neuro-Huddle: The Emerging Science in Sport-Related Concussion Management Conference

Format: In-person in Honolulu, HI

Cost: There is a cost associated with attending this summit

Speakers: Various

Sponsored by: Hawaii Concussion Awareness Management Program (HCAMP) of the University of Hawaii at Manoa College of Education, The Gary O. Galiher Foundation, and Hawaii Pacific Health

Date: January 18 – 19, 2025

Times: TBA

Location: Alohilani Resort Waikiki Beach

Registration: <https://web.cvent.com/event/ce1b9246-b739-4e21-96b3-3ee476abca47/regProcessStep1>

Additional information: <https://web.cvent.com/event/ce1b9246-b739-4e21-96b3-3ee476abca47/websitePage:be1135eb-f9c6-44b5-b26a-cf4da9994f90>

Title: BIAA Neuro Rehab Leadership Summit 2025

Format: In-person in Charleston, SC

Cost: There is a cost associated with attending this summit

Speakers: Various

Sponsored by: Brain Injury Association of America

Date: January 22 – 24, 2025

Times: TBA

Location: Homewood Suites by Hilton, 415 Meeting Street, Charleston, SC

Registration (individuals): <https://shop.biausa.org/product/BNRLS25/biaa-neuro-rehab-leadership-summit-2025-registration>

Registration (groups of at least three):
<https://shop.biausa.org/product/BNRLS25GRP/biaa-neuro-rehab-leadership-summit-2025-group-registration>

February 2025

Title: CGRP & New Headache Therapies – How to Successfully Manage Migraine & Other Chronic Conditions

Format: Virtual

Cost: Free

Speaker: Angeline Kim, MD, Hawaii Pacific Neuroscience
Sponsored by: John A. Burns School of Medicine, Neuroscience Department –
Psychiatry Online CME Grand Rounds
Date: February 21, 2025
Time: 12:00 pm HST
Zoom link: <https://hawaii.zoom.us/j/97039888672>
Meeting ID: 970 3988 8672

March 2025

Title: Brain Injury Awareness and Advocacy Days
Format: TBA
Cost: TBA
Speakers: TBA
Sponsored by: Brain Injury Association of America
Date: March 3 – 5, 2025
Time: TBA
Registration: TBA

Title: 15th World Congress on Brain Injury
Format: TBA
Cost: TBA
Speakers: TBA
Sponsored by: International Brain Injury Association (IBIA)
Date: March 19 – 22, 2025
Time: TBA
Location: Montreal, Quebec, Canada
Registration: TBA

May 2025

Title: 41st Annual Brain Injury and Stroke Conference
Format: In-person
Cost: TBA
Speakers: TBA
Sponsored by: Brain Injury Association of New Hampshire
Date: May 13 – 14, 2025

Time: TBA

Registration: TBA

October 2025

Title: State of the States (SOS) Conference

Format: TBA

Cost: TBA

Speakers: TBA

Sponsored by: National Association of State Head Injury Administrators (NASHIA)

Date: October 27 – 30, 2025

Time: TBA

Location: Portland, Maine

Registration: TBA

3. Organization and Business Meetings

November 2024

Meeting title: Kupuna Caucus

Format: Virtual

Sponsored by: Hawaii State Senator Sharon Moriwaki

Date: November 1, 2024

Time: 2:00 pm – 3:00 pm HST

To join the meeting via Zoom:

To watch the meeting on YouTube (or watch past meetings):

<https://zoom.us/j/97721033988?pwd=OFdJQUgraWwzdIFQbzQrYjdhSHpVQT09>

<https://www.youtube.com/@kupunacaucus/streams>

To participate via phone: 1-253-215-8782, Meeting ID: 977 2103 3988, Passcode: 004105

Additional information: Contact Charles P. Izumoto, Legislative Aide, at 808-586-6740 or c.izumoto@capitol.hawaii.gov

Meeting title: State Traumatic Brain Injury Advisory Board (STBIAB)

Format: Hybrid; online and in-person on Oahu

Sponsored by: Hawaii Department of Health, Neurotrauma Program

Date: November 12, 2024

Time: 1:30 pm – 4:00 pm HST

To join the meeting: In-person at Diamond Head Health Center, 3627 Kilauea Avenue (1st floor), Conference Room 110, Honolulu, HI, 96816, or virtually via Zoom link: <https://us02web.zoom.us/j/575890360>

Additional information: The meeting is open to everyone with an interest in brain injuries. No registration required. For more information or to request accommodations, contact Michele Tong at Michele.Tong@doh.hawaii.gov or call 808-733-2152.

Website: <https://health.hawaii.gov/nt/stbiab/>

Meeting title: Disability and Communication Access Board (DCAB) General Board Meeting

Format: Hybrid – online and in-person in Honolulu, HI

Sponsored by: Disability and Communication Access Board (DCAB)

Date: November 21, 2024

Time: 11:00 am – 1:00 pm HST

Location: Disability and Communication Access Board (DCAB), 1010 Richards Street, #118, Honolulu, HI 96813

Zoom link: TBA

Additional information: Call 808-586-8121 (phone) or 808-586-8162 (TTY)

December 2024

Meeting title: Kupuna Caucus

Format: Virtual

Sponsored by: Hawaii State Senator Sharon Moriwaki

Date: December 6, 2024

Time: 2:00 pm – 3:00 pm HST

To join the meeting via Zoom:

To watch the meeting on YouTube (or watch past meetings):

<https://zoom.us/j/97721033988?pwd=OFdJQUgraWwzdIFQbzQrYjdhSHpVQT09>

<https://www.youtube.com/@kupunacaucus/streams>

To participate via phone: 1-253-215-8782, Meeting ID: 977 2103 3988, Passcode: 004105

Additional information: Contact Charles P. Izumoto, Legislative Aide, at 808-586-6740 or c.izumoto@capitol.hawaii.gov

Meeting title: Neurotrauma Advisory Board Meeting (NTAB)

Format: Hybrid; online and in-person on Oahu

Sponsored by: Hawaii Department of Health, Neurotrauma Program

Date: December 12, 2024

Time: 1:30 pm – 4:00 pm HST

To join the meeting: In-person at Diamond Head Health Center, 3627 Kilauea Avenue (1st floor), Conference Room 110, Honolulu, HI, 96816, or virtually via

Zoom link: <https://us02web.zoom.us/j/575890360>

Additional information: The term “neurotrauma” refers to brain injuries, spinal cord injuries, and strokes. The meeting is open to everyone with an interest in neurotrauma injuries. No registration required. For more information or to request accommodations, contact Michele Tong at

Michele.Tong@doh.hawaii.gov or call 808-733-2152.

Website: <https://health.hawaii.gov/nt/ntab/>

January 2025

Meeting title: Hawaii Disabilities and Healthcare Coalition (HDHC) Quarterly Meeting

Format: Virtual

Sponsored by: Aloha Independent Living Hawaii, Pacific Basin Telehealth Resource Center, and Pacific Disabilities Center

Date: January 15, 2025

Time: 2:00 pm – 4:00 pm HST

Zoom link:

<https://zoom.us/j/97356087356?pwd=ZXdlldHd5ZHV3aUYvRmJreitVUEg5UT09>

Additional information: Email Violet Horvath at vhorvath@hawaii.edu

Meeting title: Disability and Communication Access Board (DCAB) General Board Meeting

Format: Hybrid – online and in-person in Honolulu, HI

Sponsored by: Disability and Communication Access Board (DCAB)

Date: January 16, 2025

Time: 11:00 am – 1:00 pm HST

Location: Disability and Communication Access Board (DCAB), 1010 Richards Street, #118, Honolulu, HI 96813

Zoom link: TBA

Additional information: Call 808-586-8121 (phone) or 808-586-8162 (TTY)

March 2025

Meeting title: Disability and Communication Access Board (DCAB) General Board Meeting

Format: Hybrid – online and in-person in Honolulu, HI

Sponsored by: Disability and Communication Access Board (DCAB)

Date: March 20, 2025

Time: 11:00 am – 1:00 pm HST

Location: Disability and Communication Access Board (DCAB), 1010 Richards Street, #118, Honolulu, HI 96813

Zoom link: TBA

Additional information: Call 808-586-8121 (phone) or 808-586-8162 (TTY)

April 2025

Meeting title: Hawaii Disabilities and Healthcare Coalition (HDHC) Quarterly Meeting

Format: Virtual

Sponsored by: Aloha Independent Living Hawaii, Pacific Basin Telehealth Resource Center, and Pacific Disabilities Center

Date: April 16, 2025

Time: 2:00 pm – 4:00 pm HST

Zoom link:

<https://zoom.us/j/97356087356?pwd=ZXdlldHd5ZHV3aUYvRmJreitVUEg5UT09>

Additional information: Email Violet Horvath at vhorvath@hawaii.edu

May 2025

Meeting title: Disability and Communication Access Board (DCAB) General Board Meeting

Format: Hybrid – online and in-person in Honolulu, HI

Sponsored by: Disability and Communication Access Board (DCAB)

Date: May 15, 2025

Time: 11:00 am – 1:00 pm HST

Location: Disability and Communication Access Board (DCAB), 1010 Richards Street, #118, Honolulu, HI 96813

Zoom link: TBA

Additional information: Call 808-586-8121 (phone) or 808-586-8162 (TTY)

July 2025

Meeting title: Hawaii Disabilities and Healthcare Coalition (HDHC) Quarterly Meeting

Format: Virtual

Sponsored by: Aloha Independent Living Hawaii, Pacific Basin Telehealth Resource Center, and Pacific Disabilities Center

Date: July 16, 2025

Time: 2:00 pm – 4:00 pm HST

Zoom link:

<https://zoom.us/j/97356087356?pwd=ZXdlldHd5ZHV3aUYvRmJreitVUEg5UT09>

Additional information: Email Violet Horvath at vhorvath@hawaii.edu

September 2025

Meeting title: Hawaii Disabilities and Healthcare Coalition (HDHC) Quarterly Meeting

Format: Virtual

Sponsored by: Aloha Independent Living Hawaii, Pacific Basin Telehealth Resource Center, and Pacific Disabilities Center

Date: September 17, 2025

Time: 2:00 pm – 4:00 pm HST

Zoom link:

<https://zoom.us/j/97356087356?pwd=ZXdlldHd5ZHV3aUYvRmJreitVUEg5UT09>

Additional information: Email Violet Horvath at vhorvath@hawaii.edu

4. Support Group Meetings

Brain Injury Support Group Meetings

Support group title: Aloha Independent Living Hawaii Big Island Mixed Group Support Group

Format: In-person at various locations on Hawaii island

Dates: Third Thursday of every month

Time: 10:00 am – 12:00 pm HST

Location: Varies

Additional information: Comprised of adults with various disabilities, the group meets for fellowship and peer support. For more information, please contact Karin Riedel at 808-333-2408.

Support group title: Aloha Independent Living Hawaii Kauai Laulima Peer Support Group

Format: In-person on Kauai

Dates: Last Thursday of the month HST

Additional information: For times, location, and other information, contact Holly Pickens-Torres at 808-652-6092.

Support group title: Aloha Independent Living Hawaii Molokai Keiki Support Group

Format: In-person on Molokai

Dates: Every third Wednesday of the month

Time: 2:00 pm – 3:00 pm HST

Location: Home Pumehana, Conference Room #1

Additional information: Contact Luana Angliam at 808-866-3792.

Support group title: Aloha Independent Living Hawaii Molokai Youth Support Group

Format: In-person on Molokai

Dates: Every fourth Friday of the month

Time: 10:30 am – 11:30 am HST

Location: Home Pumehana, Conference Room #1

Additional information: Contact Luana Angliam at 808-866-3792.

Support group title: Aloha Independent Living Hawaii Molokai Non-Ambulatory Support Group

Format: In-person on Molokai

Dates: Every second Friday of the month

Time: 10:30 am – 11:30 am HST

Location: Home Pumehana, Conference Room #1

Additional information: Consumers have the opportunity to voice their opinions regarding issues they are facing within their community and how they will move forward to take action as a group. For more information, please contact Luana Angliam at 808-866-3792.

Support group title: Brain Injury Oahu Support Group (BIOSG)

Format: In-person on Oahu

Dates: Monthly on Saturdays. Remaining dates for 2024 are: November 30, December 28

Times: 10:00 am – 12:00 noon HST

Location: Catholic Charities Clarence TC Ching Campus, 1822 Keeaumoku Street, Meeting Room 3, Honolulu, HI but sometimes in other locations; check in advance

Additional information: Call or text BJ Wade at 808-221-8330.

Facebook: <https://www.facebook.com/BrainInjuryAssociationOfHawaii/>

Email: braininjuryofhawaii@gmail.com

Support group title: Concussion Legacy Foundation (CLF) Zoom Support Groups

Format: Virtual

Dates:

- Post-Concussion Patients: 1st Tuesday of the month
- Post-Concussion Caregivers: 2nd Tuesday of the month
- Suspected Chronic Traumatic Encephalopathy (CTE) Caregivers – 3rd Tuesday of the month
- Suspected Chronic Traumatic Encephalopathy (CTE) Patients – 4th Tuesday of the month
- Concussed Moms – 1st Thursday of the month
- CLF Canada Patient Groups – Weekly Monday, Wednesday, Thursday, Friday (international attendees welcome)

Times: Provided when you register

Additional information: Registration is required. Visit

<https://concussionfoundation.org/peer-support> for more information and to register. 1-on-1 Peer Support is also available, and they are looking for Peer Support Volunteers. There are Facebook Resources Groups. Information on these can be found at the link above (scroll down to view the information).

Support group title: Creative Arts Program

Format: In-person on Oahu

Cost: \$15 per session

Days: Available Tuesdays and Thursdays

Time: 12:30 pm – 3:30 pm

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI 96817

Additional information: For current and former REHAB inpatients and outpatients. Registration is required. Contact Melissa Mullen, Patient Experiences Manager, by email at art@rehabhospital.org or by phone at 808-566-3741

Website: <https://www.rehabhospital.org/programs/creative-arts-program>

Support group title: C.A.N. (Crush Ableism Now) Lunch Club

Format: In-person on Oahu

Dates: TBA

Times: TBA

Location: University of Hawaii at Manoa campus

Additional information: Monthly social lunch meeting for the disabled, chronically ill and neurodivergent University of Hawaii community, and anyone who wants to learn more about disability solidarity. Bring your own lunch. Light pupus provided.

Contact Dr. Daniela Bond-Smith at db48@hawaii.edu or call 808-203-7191.

Optional registration: <https://go.hawaii.edu/gYk>

Support group title: Hui Malama Po’o Support Group

More information coming soon!

Support group title: Kauai Big! Support Group

Format: Hybrid; online and in-person on Kauai

Dates: Third Monday of each month

Times: 10:00 am – 12:00 pm HST

Location: Kauai District Health Office Conference Room, 3040 Umi Street, Lihue, HI 96766

Zoom information:

<https://zoom.us/j/94232380209?pwd=18s70jQcAPFia0WIQkwQQgKAGaRLQC.1>

Meeting ID: 942 3238 0209

Passcode: 833714

For more information, contact Steph Edwards at kauaibig@gmail.com

Support group title: Kona Brain Injury Support Group

Format: Hybrid – In-person in Kona, HI, and online via Zoom

Dates: Second Wednesday of each month

Time: Varies to accommodate speakers or for other reasons, so always check the start time

To join the meeting online: Go to Zoom at www.zoom.com. In the upper right-hand corner, click “Join Meeting” and enter Meeting ID 808 274 6477. You will be placed in the virtual waiting room and the host will let you into the meeting.

To join the meeting in person: The meeting location is Anderson Wealth Planning, 75-1000 Henry Street, Suite 200. (In the same building as Planet Fitness.)

Additional information: Contact Karen Klemme at kklemme@hawaii.rr.com

Facebook: <https://www.facebook.com/groups/2671644676391469>

Support group title: North Dakota Brain Injury Network Monthly Virtual Support Group

Format: Virtual

Dates: Last Monday of every month

Times: 2:00 pm CT (start time in Hawaii varies if there is or isn't Daylight Savings Time)

Additional information: All brain injury survivors, providers, and caregivers are welcome. Contact Carly Endres at 701-777-8004 or carly.endres@UND.edu with any questions. The Zoom link for the meeting can be found here:

<https://www.ndbin.org/services/support/monthly>

State and National Virtual Support Groups – Brain Injuries, Head Injuries, Caregivers

<https://www.biausa.org/public-affairs/media/virtual-support-groups>

Brain Tumor Support Group Meetings

Support group title: Brain Injury Oahu Support Group (BIOSG)

Format: In-person on Oahu

Dates: Monthly on Saturdays. Remaining dates for 2024 are: November 30, December 28

Times: 10:00 am – 12:00 noon HST

Location: Catholic Charities Clarence TC Ching Campus, 1822 Keeaumoku Street, Meeting Room 3, Honolulu, HI but sometimes in other locations; check in advance

Additional information: Call or text BJ Wade at 808-221-8330.

Facebook: <https://www.facebook.com/BrainInjuryAssociationOfHawaii/>

Email: braininjuryofhawaii@gmail.com

Support group title: Creative Arts Program

Format: In-person on Oahu

Cost: \$15 per session

Days: Available Tuesdays and Thursdays

Time: 12:30 pm – 3:30 pm

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI 96817

Additional information: For current and former REHAB inpatients and outpatients. Registration is required. Contact Melissa Mullen, Patient Experiences Manager, by email at art@rehabhospital.org or by phone at 808-566-3741

Website: <https://www.rehabhospital.org/programs/creative-arts-program>

Support group title: C.A.N. (Crush Ableism Now) Lunch Club

Format: In-person on Oahu

Dates: TBA

Times: TBA

Location: University of Hawaii at Manoa campus

Additional information: Monthly social lunch meeting for the disabled, chronically ill and neurodivergent University of Hawaii community, and anyone who wants to learn more about disability solidarity. Bring your own lunch. Light pupus provided. Contact Dr. Daniela Bond-Smith at db48@hawaii.edu or call 808-203-7191.

Optional registration: <https://go.hawaii.edu/gYk>

Support group title: Hui Malama Ola Na OIwi Cancer Support Group

Format: In-person in Hilo, HI

Dates: The second and fourth Tuesdays of each month

Time: 5:00 pm HST

Additional information: Sign up at <http://hmono.org/services/> and someone will contact you.

Support group title: Hui Malama Po'o Support Group

More information coming soon!

Support group title: Pacific Cancer Foundation Support Groups (for patients and survivors, and for caregivers)

Format: Virtual

Dates and times for Patients and Survivors Group: Every Monday at 5:30 pm HST via Zoom.

Dates and times for the Caregiver Support Group: Every Tuesday at 5:30 pm HST via Zoom.

Additional information: To sign up for either group, fill out the referral form:

<https://pacificcancerfoundation.org/patient-referral/>

Support group title: The Queen's Medical Center Cancer Center has multiple support group and educational classes

Format: Virtual

Dates and times: Vary by class

Additional information: View the May – August 2023 calendar (the new calendar is still not up yet) at https://www.queens.org/wp-content/uploads/Cancer-Calend-2023-2_50123rev-1.pdf

Support group title: National Brain Tumor Society Brain Tumor Support Conversations

Dates: Third Sunday of every month

Times: 7:00 pm – 8:00 pm ET / 4:00 pm – 5:00 pm PT

Additional information: Register for the group at <https://braintumor.org/support-services/support-groups/brain-tumor-support-conversations/registration/>

American Brain Tumor Association

Search their website for brain tumor support groups nationwide:

<https://www.abta.org/supportgroups/>

Caregivers and Caregiving Support Group Meetings

This a listing of general groups (not specific to any disease or disorder) that are for caregivers only. However, many (if not all) of the other support groups listed in this newsletter also welcome caregivers along with survivors. Check with the group or groups you are interested in.

Support group title: Caregiver Support Groups

Format: In-person at various locations on Maui: Kahului, Upcountry, Lahaina, Hana, Kihei, and Wailuku.

Sponsored by: Maui Adult Day Care Centers (MADCC) and Maui County Office on Aging

Dates: Varies by location

Times: Varies by location

Location: Kahului – Kahului Maui Adult Day Center. Upcountry – Eddie Tam Park, Makawao. Hana – Hana Senior Center. Kihei – Kihei Maui Adult Day Care Center. Wailuku – Ocean View Maui Adult Day Care Center.

Additional information: Call 808-871-5804. Please call to check information on the Lahaina support group.

Support group title: Caregiver Support Group (Honolulu location)

Format: Virtual (check to see if they also offer in-person)

Sponsored by: Project Dana

Dates: Every second and third Wednesdays

Times: 9:30 am – 12:00 pm HST

Location: Honpa Hongwanji Hawaii Betsuin, 1727 Pali Highway, Honolulu, HI 96813

Additional information: For caregivers of persons age 60 or older who are living at home. Contact Maria Morales at 808-945-3726 or cgsg@projectdana.org

Support group title: Caregiver Support Group (Waipahu location)

Format: Virtual (check to see if they also offer in-person)

Sponsored by: Project Dana

Dates: Every second Saturday

Times: 10:00 am – 12:00 pm HST

Location: Hongwanji Buddhist Temple, 94-821 Kuhaulua Street, Waipahu, HI 96797

Additional information: For caregivers of persons age 60 or older who are living at home. Contact Maria Morales at 808-945-3726 or cgsg@projectdana.org

Support group title: Caregiver Support Group

Format: In-person in Kaneohe, HI

Sponsored by: The Caregiver Foundation

Dates: 4th Wednesday of each month

Times: 2:00 pm – 3:30 pm HST

Location: Pohai Nani, 45-090 Namoku Street, Kaneohe, HI 96744

Additional information: Contact Jo Cinter at 808-236-7832

Support group title: Concussion Legacy Foundation (CLF) Zoom Support Groups

Format: Virtual

Dates:

- Post-Concussion Patients: 1st Tuesday of the month
- Post-Concussion Caregivers: 2nd Tuesday of the month
- Suspected Chronic Traumatic Encephalopathy (CTE) Caregivers – 3rd Tuesday of the month
- Suspected Chronic Traumatic Encephalopathy (CTE) Patients – 4th Tuesday of the month
- Concussed Moms – 1st Thursday of the month
- CLF Canada Patient Groups – Weekly Monday, Wednesday, Thursday, Friday (international attendees welcome)

Times: Provided when you register

Additional information: Registration is required. Visit

<https://concussionfoundation.org/peer-support> for more information and to register. 1-on-1 Peer Support is also available, and they are looking for Peer Support Volunteers. There are Facebook Resources Groups. Information on these can be found at the link above (scroll down to view the information).

Support group title: Exceptional Family Member Program – Army

Sponsored by: Army MWR

Additional information: <https://efmp.army.mil/EnterpriseEfmp/>. Also check the EFMP Benefits Fact Sheet.

Support group title: Exceptional Family Member Program – Marines

Sponsored by: Marine Corps Community Services

Additional information: <https://hawaii.usmc-mccs.org/marine-family-support/military-family-life/exceptional-family-member-program>

Support group title: “Gimme A Break” Weekly Support Sessions

Format: Virtual

Sponsored by: “Gimme A Break”

Dates: Every Tuesday evening

Times: 8:00 pm HST

Additional information: Go to <https://gab808.org/support-sessions/> to find the Zoom link to access the support sessions. For more information, visit their website at <https://gab808.org/>

Support group title: Kona Family Caregiver Support Group

Format: In-person in Kailua-Kona, HI

Sponsored by: Hawaii Community Caregiver Network

Dates: Second Saturdays of the month

Times: 11:00 am HST

Location: Regency Hualalai, 75-181 Hualalai Road, Kailua-Kona, HI

Additional information: Contact Joann D’Addio, M.Ed., at 773-294-8773 or ioana8275@gmail.com

Support group title: Micronesia Caregiver Support Group

Format: In-person in Honolulu, HI

Sponsored by: Kokua Kalihi Valley (KKV)

Dates: Last Thursdays of every month

Times: 9:30 am – 12:00 pm HST

Location: Kokua Kalihi Valley Gulick Elder Care Center, 1846 Gulick Avenue, Honolulu, HI 96819

Additional information: Call 808-848-0977 from Mondays – Fridays from 7:30 am – 4:30 pm. KKV also provides training for caregivers and respite workers.

Support group title: Native Hawaiian Caregiver Support Program

Sponsored by: Alu Like Inc.

Additional information: Alu Like has offices on Hawaii, Kauai, Maui, Molokai, and Oahu. For more information on the Native Hawaiian Caregiver Support Program, contact the Honolulu office at 808-535-6700.

Support group title: North Dakota Brain Injury Network Monthly Virtual Support Group

Format: Virtual

Dates: Last Monday of every month

Times: 2:00 pm CT (start time in Hawaii varies if there is or isn't Daylight Savings Time)

Additional information: All brain injury survivors, providers, and caregivers are welcome. Contact Carly Endres at 701-777-8004 or carly.endres@UND.edu with any questions. The Zoom link for the meeting can be found here:

<https://www.ndbin.org/services/support/monthly>

Support group title: Support Group

Format: In-person in Aiea/Pearl City, HI

Sponsored by: The Caregiver Foundation

Dates: First Mondays of the month

Times: 6:30 am – 8:30 am HST

Location: Hale Hauoli Adult Day Center

Additional information: Contact The Caregiver Foundation at 808-625-3782 or email gary@thecaregiverfoundation.org. Private sessions are also available.

Support group title: Traumatic Brain Injury Caregivers Support Group

Format: Virtual

Sponsored by: Traumatic Brain Injury Support Group for Family Caregivers

Dates: Once a month on Wednesdays

- Remaining 2024 dates: November 13, December 11
- 2025 dates: January 8

Times: The website lists 6:30 pm via Free Conferencing, but it does not specify the time zone. Based on certain clues, I think this is based in California, but please contact them to make sure and to get the link for the meetings.

Additional information: A form to request more information on meetings and other topics is located at <https://www.tbicaregiverssupportgroup.com/> (scroll down to find it). You can also email tbivallejo@gmail.com.

State and National Virtual Support Groups – Brain Injuries, Head Injuries, Caregivers

<https://www.biausa.org/public-affairs/media/virtual-support-groups>

Mental Health Support Group Meetings

Support group title: Creative Arts Program

Format: In-person on Oahu

Sponsored by: REHAB Hospital of the Pacific

Cost: \$15 per session

Days: Available Tuesdays and Thursdays

Time: 12:30 pm – 3:30 pm HST

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI 96817

Additional information: For current and former REHAB inpatients and outpatients. Registration is required. Contact Melissa Mullen, Patient Experiences Manager, by email at art@rehabhospital.org or by phone at 808-566-3741

Website: <https://www.rehabhospital.org/programs/creative-arts-program>

Support group title: C.A.N. (Crush Ableism Now) Lunch Club

Format: In-person on Oahu

Dates: TBA

Times: TBA

Location: University of Hawaii at Manoa campus

Additional information: Monthly social lunch meeting for the disabled, chronically ill and neurodivergent University of Hawaii community, and anyone who wants to learn more about disability solidarity. Bring your own lunch. Light pupus provided. Contact Dr. Daniela Bond-Smith at db48@hawaii.edu or call 808-203-7191.

Optional registration: <https://go.hawaii.edu/gYk>

Support group title: The Tutu's House Women's Support Group

Format: Virtual

Sponsored by: Tutu's House

Cost: Free

Days: First Friday of each month

Time: 12:00 pm – 1:30 pm HST

Registration is required. Register online at:

<https://us06web.zoom.us/meeting/register/tZYldequrTMoGNWkw3t0xbTwi2Nh8TxxYlQS#/registration>

Support group title: United Self-Help Anxiety and Depression Support Group

Format: Virtual

Sponsored by: United Self-Help

Dates: Every Monday

Time: 6:00 pm HST

To join the meeting via Zoom link:

<https://us02web.zoom.us/j/9054764569?pwd=TkpxNmREcVZxcXdVaVlrQzROajVJQT09#success>

Additional information: If you have Zoom downloaded on your computer or smartphone:

Meeting ID: 905 476 4569, click to join with video

Password: 808

Website: <http://unitedselfhelp.org/>

Support group title: United Self-Help 4th Friday Night

Format: In-person in Honolulu, HI

Sponsored by: United Self-Help

Dates: Fourth Friday of each month

Time: 6:00 pm – 8:00 pm HST

Location: Moiliili Hongwanji Buddhist Temple, 902 University Avenue, Honolulu, HI 96826

Website: <http://unitedselfhelp.org/>

Support group title: United Self-Help Recovery and Support Group

Format: In-person in Honolulu, HI

Sponsored by: United Self-Help

Dates: Every Thursday

Time: 3:00 pm – 5:00 pm HST

Location: Moiliili Hongwanji Buddhist Temple, 902 University Avenue, Honolulu, HI 96826

Website: <http://unitedselfhelp.org/>

Support group title: United Self-Help Support Group

Format: Virtual

Sponsored by: United Self-Help

Dates: Every Tuesday

Time: 1:00 pm HST

To join the meeting via Zoom link:

<https://us02web.zoom.us/j/9054764569?pwd=TkpxNmREcVZxcXdVaVlrQzROajVJQT09#success>

Additional information: If you have Zoom downloaded on your computer or smartphone:

Meeting ID: 905 476 4569, click to join with video

Password: 808

Website: <http://unitedselfhelp.org/>

Support group title: United Self-Help Writer's in Recovery Support Group

Format: Virtual

Sponsored by: United Self-Help

Dates: First and third Wednesday of each month

Time: 3:30 pm HST

To join via Zoom link:

<https://us02web.zoom.us/j/9054764569?pwd=TkpxNmREcVZxcXdVaVlrQzROajVJQT09#success>

Additional information: If you have Zoom downloaded on your computer or smartphone:

Meeting ID: 905 476 4569, click to join with video

Password: 808

Website: <http://unitedselfhelp.org/>

Stroke Support Group Meetings

Support group title: Aloha Independent Living Hawaii Big Island Mixed Group Support Group

Format: In-person at various locations on Hawaii island

Dates: Third Thursday of every month

Time: 10:00 am – 12:00 pm HST

Location: Varies

Additional information: Comprised of adults with various disabilities, the group meets for fellowship and peer support. For more information, please contact Karin Riedel at 808-333-2408.

Support group title: Aloha Independent Living Hawaii Kauai Lualaba Peer Support Group

Format: In-person on Kauai

Dates: Last Thursday of the month

Additional information: For times, location, and other information, contact Holly Pickens-Torres at 808-652-6092.

Support group title: Aloha Independent Living Hawaii Molokai Keiki Support Group

Format: In-person on Molokai

Dates: Every third Wednesday of the month

Time: 2:00 pm – 3:00 pm HST

Location: Home Pumehana, Conference Room #1

Additional information: Contact Luana Angliam at 808-866-3792.

Support group title: Aloha Independent Living Hawaii Molokai Youth Support Group

Format: In-person on Molokai

Dates: Every fourth Friday of the month

Time: 10:30 am – 11:30 am HST

Location: Home Pumehana, Conference Room #1

Additional information: Contact Luana Angliam at 808-866-3792.

Support group title: Aloha Independent Living Hawaii Molokai Non-Ambulatory Support Group

Format: In-person on Molokai

Dates: Every second Friday of the month

Time: 10:30 am – 11:30 am HST

Location: Home Pumehana, Conference Room #1

Additional information: Consumers have the opportunity to voice their opinions regarding issues they are facing within their community and how they will move forward to take action as a group. For more information, please contact Luana Angliam at 808-866-3792.

Support group title: Brain Injury Oahu Support Group (BIOSG)

Format: In-person on Oahu

Dates: Monthly on Saturdays. Remaining dates for 2024 are: September 28, October 26, November 30, December 28

Times: 10:00 am – 12:00 noon HST

Location: Catholic Charities Clarence TC Ching Campus, 1822 Keeaumoku Street, Meeting Room 3, Honolulu, HI but sometimes in other locations; check in advance

Additional information: Call or text BJ Wade at 808-221-8330.

Facebook: <https://www.facebook.com/BrainInjuryAssociationOfHawaii/>

Email: braininjuryofhawaii@gmail.com

Support group title: Creative Arts Program

Format: In-person on Oahu

Cost: \$15 per session

Days: Available Tuesdays and Thursdays

Time: 12:30 pm – 3:30 pm

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI 96817

Additional information: For current and former REHAB inpatients and outpatients. Registration is required. Contact Melissa Mullen, Patient Experiences Manager, by email at art@rehabhospital.org or by phone at 808-566-3741

Website: <https://www.rehabhospital.org/programs/creative-arts-program>

Support group title: C.A.N. (Crush Ableism Now) Lunch Club

Format: In-person on Oahu

Dates: TBA

Times: TBA

Location: University of Hawaii at Manoa campus

Additional information: Monthly social lunch meeting for the disabled, chronically ill and neurodivergent University of Hawaii community, and anyone who wants to learn more about disability solidarity. Bring your own lunch. Light pupus provided.

Contact Dr. Daniela Bond-Smith at db48@hawaii.edu or call 808-203-7191.

Optional registration: <https://go.hawaii.edu/gYk>

Support group title: Hilo Stroke Support Group

Format: Virtual

Dates: Second Tuesday of each month

Time: 4:00 – 5:00 pm HST

To join the group:

https://www.google.com/url?q=https://ehihalawai.zoom.us/j/91814580807?pwd=%3DSzRIZVJZTHFzVzFzSINwQnlzUHg2QT09&sa=D&source=calendar&ust=1653250928593396&usg=AOvVaw129kpUEQcZJJKEfK-Cu_bt

Link can also be found at: <https://www.hilomedicalcenter.org/our-services/support-groups/our-stroke-support-group/>

Additional information: Contact Amy Shipley, Speech Language Pathologist, at ashipley@hhsc.org or call 1-808-931-3049

Support group title: Hui Malama Po’o Support Group

More information coming soon!

Support group title: Kauai Big! Support Group

Format: Hybrid; online and in-person on Kauai

Dates: Third Monday of each month

Times: 10:00 am – 12:00 pm HST

Location: Kauai District Health Office Conference Room, 3040 Umi Street, Lihue, HI 96766

Zoom information: TBA

For more information, contact Steph Edwards at kauaibig@gmail.com

Support group title: Maui Memorial Medical Center Stroke Support Group

Format: Virtual

Dates: Third Thursday of each month

Time: 5:00 – 6:00 pm HST

For more information, visit <https://www.mauihealth.org/services/stroke-care/>

Support group title: Queen's Medical Center Stroke Survivors Support Group: How to Thrive on our Islands After Stroke

Format: Meetings alternate being in-person or virtual each month; see schedule below

Dates: Second Wednesday of each month

Virtual scheduled dates:

November 13

In-person scheduled dates:

October 9

December 11

Time: 10:00 – 11:30 am HST

Additional information: Registration is required in order to get the virtual meeting link and the in-person location address. To register online, go to www.queens.org/events. You can also call 808-691-7117, which is the referral line. An email invitation will be sent to you a few days prior to the meeting. For questions about the group (not to register), contact Danae Jones, RN, Stroke Coordinator at 808-691-1210.

Support group title: Stroke Club

Format: In-person on Oahu

Dates: First Thursday of each month

Time: 10:00 am – 11:00 am

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI 96817, Frear Cafeteria

Additional information: For more information or to RSVP, contact Melissa Mullen, Patient Experiences Manager, by email at Melissa.mullen@rehabhospital.org or by phone at 808-566-3741.

American Stroke Association Stroke Support Group Finder

<https://www.stroke.org/en/stroke-support-group-finder>

Spinal Cord Injury Support Group Meetings

Support group title: Aloha Independent Living Hawaii Big Island Mixed Group Support Group

Format: In-person at various locations on Hawaii island

Dates: Third Thursday of every month

Time: 10:00 am – 12:00 pm HST

Location: Varies

Additional information: Comprised of adults with various disabilities, the group meets for fellowship and peer support. For more information, please contact Karin Riedel at 808-333-2408.

Support group title: Aloha Independent Living Hawaii Kauai Lualaba Peer Support Group

Format: In-person on Kauai

Dates: Last Thursday of the month

Additional information: For times, location, and other information, contact Holly Pickens-Torres at 808-652-6092.

Aloha Independent Living Hawaii Molokai Keiki Support Group (in person on Molokai)

Held every third Wednesday of the month from 2:00 pm – 3:00 pm at Home Pumehana, Conference Room #1. For more information, please contact Luana Angliam at 808-866-3792.

Support group title: Aloha Independent Living Hawaii Molokai Youth Support Group

Format: In-person on Molokai

Dates: Every fourth Friday of the month

Time: 10:30 am – 11:30 am HST

Location: Home Pumehana, Conference Room #1

Additional information: Contact Luana Angliam at 808-866-3792.

Aloha Independent Living Hawaii Molokai Non-Ambulatory Support Group (in person on Molokai)

Held every second Friday of the month from 10:30 am – 11:30 am at Home Pumehana, Conference Room #1. Consumers have the opportunity to voice their opinions regarding issues they are facing within their community and how they will move forward to take action as a group. For more information, please contact Luana Angliam at 808-866-3792.

Support group title: Creative Arts Program

Format: In-person on Oahu

Cost: \$15 per session

Days: Available Tuesdays and Thursdays

Time: 12:30 pm – 3:30 pm

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI 96817

Additional information: For current and former REHAB inpatients and outpatients. Registration is required. Contact Melissa Mullen, Patient Experiences Manager, by email at art@rehabhospital.org or by phone at 808-566-3741

Website: <https://www.rehabhospital.org/programs/creative-arts-program>

Support group title: C.A.N. (Crush Ableism Now) Lunch Club

Format: In-person on Oahu

Dates: TBA

Times: TBA

Location: University of Hawaii at Manoa campus

Additional information: Monthly social lunch meeting for the disabled, chronically ill and neurodivergent University of Hawaii community, and anyone who wants to learn more about disability solidarity. Bring your own lunch. Light pupus provided. Contact Dr. Daniela Bond-Smith at db48@hawaii.edu or call 808-203-7191.

Optional registration: <https://go.hawaii.edu/gYk>

Support group title: Hui Malama Po'o Support Group

More information coming soon!

Support group title: Kauai Big! Support Group

Format: Hybrid; online and in-person on Kauai

Dates: Third Monday of each month

Times: 10:00 am – 12:00 pm HST

Location: Kauai District Health Office Conference Room, 3040 Umi Street, Lihue, HI 96766

Zoom information:

<https://zoom.us/j/94232380209?pwd=18s7OjQcAPFia0WlQkwQQgKAGaRLQC.1>

Meeting ID: 942 3238 0209

Passcode: 833714

For more information, contact Steph Edwards at kauaibig@gmail.com

Support group title: Maui Wheelers

Format: In-person on Maui

Dates: First Wednesday of each month

Times: 1:00 pm – 4:00 pm HST

Location: Contact them to find out the location

Additional information: They have a Facebook page at

<https://www.facebook.com/MauiWheelers/> and you can email them at MauiWheelers@gmail.com. They are a support group and Maui resource for individual who use a wheelchair, scooter, walker, or other assistive mobility device, and for their ohana – family, friends, and caregivers.

Spinal Cord Injury Online Communities

<https://www.sci-info-pages.com/online-communities/>

Spinal Cord Injury Support Groups

<https://www.spinalcord.com/spinal-cord-injury-support-groups>

United Spinal Association Chapter Network

<https://unitedspinal.org/support/chapter-network/>

Support group title: United Spinal Association Advocacy LIVE

Format: Virtual

Dates: Third Thursday of every month

Time: Alternates each month between 5 pm and 1 pm ET

Registration:

<https://us02web.zoom.us/meeting/register/tZlqfuygqz8jHdVFxsZmHRSYFRvXqRB-HrUI?fbclid=IwAR0kgxZZuWR3OazgebBzgvI8eAgm78sbxKbCYs9bH6I9urcEsnWkDw4ZELk#/registration>

Support group title: Kelly Brush Foundation / United Spinal Association Active Project Live Bi-Weekly Zoom Recreation Discussion Group

Format: Virtual

Dates: Every other Tuesday

Time: 5:30 pm ET

Additional information: Discussion group focused on adaptive sports and recreational activities. Learn more and register at

<https://unitedspinal.org/events/active-project-live/>

Support group title: United Spinal Association Empowering Parental Caregivers Support Group

Format: Virtual

Dates: Every second and fourth Tuesday of the month

Time: 7:00 pm – 8:00 pm ET

Registration: <https://us02web.zoom.us/meeting/register/tZEtc-ytrz0oGNGfgA8DTUyYf6vu2NRswdKT#/registration>

Additional information: For parents and guardians of children, adolescents, or young adults with SCI or mobility disabilities

Support group title: United Spinal Association Resource Center Live

Format: Virtual

Dates: Every fourth Wednesday of the month

Time: 4:00 pm ET

Registration:

<https://us02web.zoom.us/meeting/register/tZUuduCuqDliGtctu96aqMrmC87SXxW3FydB#/registration>

Support group title: United Spinal Association Rolling through Life: Aging with a Disability

Format: Virtual

Dates: Fourth Wednesday of each month

Time: 7:00 pm – 8:00 pm ET

Registration: https://us02web.zoom.us/meeting/register/tZcofu-upz8sH93iWkBLFJps_ViG5RzL4TY2#/registration

Additional information: <https://unitedspinal.org/events/aging-with-a-disability/>

Support group title: United Spinal Association Rolling with Pride Support Group

Format: Virtual

Dates: First Wednesday of each month

Time: 6:00 pm ET

Registration: <https://us02web.zoom.us/meeting/register/tZ0rd-mrqjstHNBIhBRobjafYZrsfragrHH7#/registration>

Additional information: For LGBTQIA wheelchair users and allies

Support group title: United Spinal Association's Social Hour

Format: Virtual

Dates: Every Thursday

Time: 1:00 pm ET

Registration: <https://unitedspinal.org/events/united-spinal-social-hour/>

Support group title: United Spinal Association's TechTalks

Format: Virtual

Dates: Second Thursday of each month

Time: 5:00 pm ET

Registration: <https://us02web.zoom.us/meeting/register/tZArdO-gqDwpGNVsVGt4f8gPz973EVLfq3cT#/registration>

Support group title: United Spinal Association's Walking Rollers

Format: Virtual

Dates: Fourth Monday of each month

Time: 7:00 pm ET

Registration: <https://us02web.zoom.us/meeting/register/tZArdO-gqDwpGNVsVGt4f8gPz973EVLfq3cT#/registration>

Additional information: For semi-ambulatory, part-time wheelchair users.

5. Articles on Brain Injuries

New Concussion Sign Identified by Mass General Brigham & Concussion Legacy Foundation Scientists Could Identify Up to 33% of Undiagnosed Concussions

<https://concussionfoundation.org/blog-press/new-concussion-sign-could-identify-undiagnosed-concussions/>

Breaking the Silence: Traumatic Brain Injury in Domestic Violence Survivors

<https://www.tbimedslp.com/blog/traumatic-brain-injury-in-domestic-violence-survivors>

Hidden in Plain Sight: Domestic Violence and Brain Injury

<https://www.biausa.org/public-affairs/media/hidden-in-plain-sight>

You *Can* Work After Brain Injury: Employment Planning While Receiving Benefits

https://aoddisabilityemploymenttcenter.com/wp-content/uploads/2024/09/DETAC_Brief_You_Can_Work_After_Brain_Injury_Clean_090524_Pre-508-UPDATED.pdf

The Importance of Being Earnest: Brain-Injury (BI) Informed Competencies for Employment Service Providers

<https://aoddisabilityemploymenttcenter.com/the-importance-of-being-earnest-brain-injury-bi-informed-competencies-for-employment-service-providers/>

Brain Injury: A Lifelong Journey

<https://www.biausa.org/brain-injury-as-a-chronic-condition#Survivor%20and%20Caregiver%20Perspectives>

State Considerations – CMS Recognizes Brain Injury as Chronic Condition

<https://www.nashia.org/resources-list/cms-recognizes-bi-as-chronic-condition>

Aging Guide: Considerations and Best Practices for Older Adults with Brain injury

<https://www.nashia.org/resources-list/tbi-tarc-aging-guide>

Adverse Child Experiences in Adults with Chronic Traumatic Brain Injury: Support for a Life Course Approach to Brain Injury Rehabilitation

<https://www.sciencedirect.com/science/article/abs/pii/S1936657424001638>

Optimizing Outreach & Recruitment for Advisory Boards: Recommendations and Best Practices

<https://www.nashia.org/resources-list/optimizing-outreach-for-advisory-boards>

Specific to brain injury advisory board members.

Researchers Find Facemask Impacts are Leading Source of Higher Severity Impacts in Professional American Football

https://www.chop.edu/about/news-release/researchers-find-facemask-impacts-are-leading-source-of-higher-severity-impacts-in-professional-american-football?utm_source=Concussion+Stakeholders&utm_campaign=10b1f02c28-EMAIL_CAMPAIGN_2018_11_28_08_50_COPY_01&utm_medium=email&utm_term=0_61e6ff3b7d-10b1f02c28-592000242&mc_cid=10b1f02c28&mc_eid=99af31383f

How Changing This One Play May Reduce Football Head Injuries

<https://www.cnn.com/2024/09/11/health/football-kickoff-head-injuries/index.html>

Psychological Risk Factors May Affect Health-Related Quality of Life Post Concussion (in a newsletter with other articles unrelated to brain injuries)

https://www.research.chop.edu/cornerstone-blog/health-related-quality-of-life-caffeine-consumption-airfoundry-inflammatory-memory?utm_source=Concussion+Stakeholders&utm_campaign=10b1f02c28-EMAIL_CAMPAIGN_2018_11_28_08_50_COPY_01&utm_medium=email&utm_term=0_61e6ff3b7d-10b1f02c28-592000242&mc_cid=10b1f02c28&mc_eid=99af31383f#:~:text=Jamie%20Shoop,%20PhD.%20A%20new%20study

Identifying Barriers and Implementation Strategies to Inform TBI Screening Adoption in Behavioral Healthcare Settings

https://journals.lww.com/headtraumarehab/abstract/9900/identifying_barriers_and_implementation_strategies.201.aspx

Suicide Attempts and Ideation Among Veterans / Service Members and Non-Veterans Over 5 years Following Traumatic Brain Injury: A Combined NIDILRR and VA TBI Model Systems Study (abstract only)

https://naric.com/?q=en/content/cf-rehab-adv-srch-record&article_source=Rehab&record_id=177842&load_source=external_search&search_id=464339&user_name=public.user.680734

Getting Help for Substance Use Disorders After a Traumatic Brain Injury (abstract only)

https://naric.com/?q=en/content/cf-rehab-adv-srch-record&article_source=Rehab&record_id=177871&load_source=external_search&search_id=464321&user_name=public.user.680739

Menopause and Traumatic Brain Injury: A NIDILRR Collaborative TBI Model Systems Study (abstract only)

https://naric.com/?q=en/content/cf-rehab-adv-srch-record&article_source=Rehab&record_id=177873&load_source=external_search&search_id=464303&user_name=public.user.680741

A Model of Care for Chronic Brain Injury (abstract only)

https://naric.com/?q=en/content/cf-rehab-adv-srch-record&article_source=Rehab&record_id=177874&load_source=external_search&search_id=464445&user_name=public.user.680744

Emotional Awareness and Expression Difficulties in Relation to Pain Experiences in People with Brain Injury and Chronic Pain: Preliminary Investigation

<https://www.tandfonline.com/doi/full/10.1080/02699052.2024.2413628>

Training to Reconnect with Emotional Awareness Therapy (TREAT): A Randomized Controlled Trial in Participants with Traumatic Brain injury (abstract only)

https://naric.com/?q=en/content/cf-rehab-adv-srch-record&article_source=Rehab&record_id=177875&load_source=external_search&search_id=464473&user_name=public.user.680749

6. Articles on Brain Tumors

Repurposing Drug Shows Promise in Fighting Aggressive Brain Tumors

<https://www.sciencedaily.com/releases/2024/10/241017132114.htm>

Study Explores Novel Therapeutic Treatment for Glioblastoma

<https://www.sciencedaily.com/releases/2024/10/241007160255.htm>

7. Articles on Spinal Cord Injuries

The 2023 Annual Statistical Report – Complete Public Version for the Spinal Cord Injury Model Systems

https://www.ncisc.uab.edu/Public/AR2023_public%20version.pdf

All Day in Bed, All Night in the Wheelchair: Unmet Attendant Care Needs of People with Spinal Cord Injury (abstract only)

https://naric.com/?q=en/content/cf-rehab-adv-srch-record&article_source=Rehab&record_id=177893&load_source=external_search&search_id=464058&user_name=public.user.680752

Suicidal Ideation Among Individuals Aging with Spinal Cord Injury (abstract only)

https://naric.com/?q=en/content/cf-rehab-adv-srch-record&article_source=Rehab&record_id=177838&load_source=external_search&search_id=464360&user_name=public.user.680767

Benefits and Barriers to Return to Education and Relationship to Quality of Life for People Living with Spinal Cord Injury: Results of a Mixed Methods Study (abstract only)

https://naric.com/?q=en/content/cf-rehab-adv-srch-record&article_source=Rehab&record_id=177878&load_source=external_search&search_id=464328&user_name=public.user.680757

Differences in Personal Characteristics and Health Outcomes Between Ambulatory and Non-Ambulatory Adults with Traumatic Spinal Cord Injury (abstract only)

https://naric.com/?q=en/content/cf-rehab-adv-srch-record&article_source=Rehab&record_id=177880&load_source=external_search&search_id=464311&user_name=public.user.680776

Development of the Spinal Cord Injury COVID-19 Pandemic Experience Survey (SCI-CPES) (abstract only)

https://naric.com/?q=en/content/cf-rehab-adv-srch-record&article_source=Rehab&record_id=177881&load_source=external_search&search_id=464506&user_name=public.user.680771

Trends in the Characteristics and Outcomes of Older Patients with Non-Traumatic Spinal Cord Injury Treated in Inpatient Rehabilitation Facilities: 2013 – 2018 (abstract only)

https://naric.com/?q=en/content/cf-rehab-adv-srch-record&article_source=Rehab&record_id=177877&load_source=external_search&search_id=464490&user_name=public.user.680780

Perceived Stress and Pain Interference in Acute Rehabilitation Following Spinal Cord Injury: Resilience as a Moderator (abstract only)

https://naric.com/?q=en/content/cf-rehab-adv-srch-record&article_source=Rehab&record_id=177834&load_source=external_search&search_id=464494&user_name=public.user.680788

Pain Interference and Depressive Symptom Severity Across 10 Years in Individuals with Long-Term Spinal Cord Injury (abstract only)

https://naric.com/?q=en/content/cf-rehab-adv-srch-record&article_source=Rehab&record_id=177879&load_source=external_search&search_id=464479&user_name=public.user.680801

A 5-Year Longitudinal Structural Equation Model of Social Isolation and Probable Major Depression Among Participants with Spinal Cord Injury (abstract only)

https://naric.com/?q=en/content/cf-rehab-adv-srch-record&article_source=Rehab&record_id=177837&load_source=external_search&search_id=464327&user_name=public.user.680798

Relationships of Self-Reported Opioid Use and Misuse and Pain Severity with Probable Major Depression Among Participants with Spinal Cord Injury (abstract only)

https://naric.com/?q=en/content/cf-rehab-adv-srch-record&article_source=Rehab&record_id=177869&load_source=external_search&search_id=464342&user_name=public.user.680807

Novel Immunotherapy Improves Recovery from Spinal Cord Injury

https://medicine.washu.edu/news/novel-immunotherapy-improves-recovery-from-spinal-cord-injury/?utm_source=MarketingCloud&utm_medium=email&utm_campaign=FY25+October+%40Washington&contactid=003PH000007TccoYAC&utm_content=http%3a%2f%2fmedicine.wustl.edu%2fnews%2fnovel-immunotherapy-improves-recovery-from-spinal-cord-injury%2f

Roadmaps: Navigating My Relationship with My Parents

<https://newmobility.com/roadmaps-navigating-my-relationship-with-my-parents/>

Man on a Mission

<https://news.shepherd.org/man-on-a-mission/>

Podcast: I Was a Wheelchair Kid

<https://facingdisability.com/podcasts>

8. Articles on Stroke

Sleep, and Stroke and Sleep Apnea

https://www.stroke.org/en/healthy-living/healthy-lifestyle/sleep?utm_source=Together+To+End+Stroke+fy+2025&utm_medium=email&utm_campaign=emailname &utm_content=content4+cta&sc_camp=79890DEB9E704C13939C0205B45526EE#sleepapnea

Personality Changes After Stroke (short video)

<https://www.youtube.com/watch?v=DGm1q2I7o3E&t=5s>

Personnel Awards for Women's Heart & Brain Health

<https://www.heartandstroke.ca/what-we-do/research/for-researchers/personnel-awards-for-womens-heart-and-brain-health>

Economic Impact of Stroke Report 2024 (from the Stroke Foundation in Australia)

<https://strokefoundation.org.au/what-we-do/research/economic-impact-of-stroke-in-australia>

9. Information on Related Topics

Some Don't Evacuate Despite Repeated Hurricane Warnings – Because They Can't

https://www.npr.org/2024/09/25/g-s1-24535/hurricane-storm-evacuation?utm_source=pocket-newtab-en-us

Falling for Fall Prevention

<https://source.washu.edu/2024/10/falling-for-fall-prevention/>

How Meditation Helps Me Deal with Disability Grief

<https://newmobility.com/how-meditation-helps-me-deal-with-disability-grief/>

The \$1,000 Wheelchair

<https://newmobility.com/not-a-wheelchair/>

Folding a More Affordable Wheelchair

<https://newmobility.com/kirigami-wheelchair/>

Introduction to Telehealth for Older Adults

https://telehealth.hhs.gov/providers/best-practice-guides/telehealth-older-adults?utm_campaign=OATannouncements20240904&utm_medium=email&utm_source=govdelivery

Includes valuable information even for those who are not yet kupuna age.

10. Presentations and Trainings

Powerful Tools for Caregivers (PTC) classes

Provided by the Hawaii Community Caregiver Network (HCCN), classes include a scripted curriculum and a copy of a handbook, The Caregiver Helpbook. Classes have resumed. There is a nominal \$10 registration fee. Please contact HCCN to

get on their mailing list for upcoming classes. Their contact form is found at <https://hawaiicaregivers.org/contact>

Presentations offered by Pacific Disabilities Center, John A. Burns School of Medicine, University of Hawaii at Manoa

These presentations are offered online via Zoom free of charge to any interested group of members of the public and / or professionals. In certain cases, they may be offered in person. Presentations are adjusted to the time allotted and particular interests of the group. Please email Violet Horvath at vhorvath@hawaii.edu for more information or to schedule a presentation. The current list of presentations includes:

1. Preventing and Identifying Strokes and Brain Injuries
2. Domestic Violence and Brain Injuries
3. Employment and Brain Injuries
4. Homelessness and Brain Injuries
5. Resources and Information for Stroke and Brain Injury Survivors and Their Supports
6. The Basics of Advocacy
7. Medical Gaslighting
8. Workplace Bullying

The Queen's Medical Center has a presentation available: "An Ounce of Prevention, a Lifetime of Reward: Fall Prevention and Home Safety." The presentation also includes some stretching and exercises for kupuna. It is free to all interested groups. Please contact TJ Donayri, BSN, RN, CEN, TCRN, CPST, who is the Clinical Coordinator Injury Prevention/Outreach and Education, Trauma Services, by calling 808-691-7059 or by sending an email to cdonayri@queens.org.

Neuropsychological Screening: Using Brain Injury and Cognitive Screening to Inform Treatment Planning Across Settings – Dr. Kim Gorgens, University of Denver. Sponsored by the National Association of State Head Injury Administrators (NASHIA)

A three-hour, three-part course designed for Masters-level professionals who are interesting in learning about the use of neuropsychological screening batteries for

clinical practice. Geared towards community providers, behavioral health workers, social workers, vocational rehabilitation counselors, community rehabilitation provider staff, addictions professionals, etc. There is another module for supervisors and consultation / supervision hours available. There is a cost associated with these modules and consultation. For more information, go to <https://www.nashia.org/np-modules#!form/Neuropsych>.

JUST ADDED – Leading Practices Academy: Social Determinants of Health and Brain Injury, National Association of State Head Injury Administrators (NASHIA)

Dates: January 2025 – December 2025

Cost: \$10,000; can be shared among partners

Who can apply? Organizations interested in improving systems involving those with brain injury in one of the four areas: 1) Interpersonal violence; 2) Housing insecurity; 3) Child welfare; or 4) Criminal legal system.

Questions: Contact Kelly Miller at kmiller@nashia.org

Complete the online application (<https://form.jotform.com/242496490936166>)

no later than December 2, 2024, to provide known details on potential goals prospective target population, partners, etc. Organizations will be notified of acceptance by December 9, 2024.

Flyer:

<https://static1.squarespace.com/static/5eb2bae2bb8af12ca7ab9f12/t/66f46f2561d99e25a616fa56/1727295269224/LPA+SDOH+Flier+2025+final.pdf>

NASHIA Leadership Practices Academy: <https://www.nashia.org/lpa-main>

The Michigan Sport-Related Concussion Training Certification course is available online via Coursera or Michigan Online. In this course, enrollees learn about the five key components of sport-related concussion. There is free access via the University of Michigan but others may need to pay for the training. Enroll at <https://online.umich.edu/courses/michigan-sport-related-concussion-training-certification/>

The Academy of Certified Brain Injury Specialists is offering the “Understanding Concussion: Symptoms, Diagnosis, and Treatment Approaches” Certificate Course to enhance your understanding of concussions and concussion treatment. It is primarily intended for medical personnel, athletic trainers, first responders,

therapists, psychologists, social workers, and anyone involved in the care of individuals with concussions. The online course costs \$145.00. Visit <https://www.biausa.org/professionals/academy-of-certified-brain-injury-specialists/understanding-concussion-symptoms-diagnosis-and-treatment-certificate-course> for more information and to access registration.

11. Research and Participation Opportunities

JUST ADDED – Allison Owen, a graduate student in speech-language pathology at the University of Tulsa is conducting a research study on the quality of life of caregivers who are caring for a loved one after a traumatic brain injury. Participation involves taking a 15-minute survey online. If you choose to participate, you can enter to win a \$25 gift card. Contact Allison Owen with your questions: Alb8472@utulsa.edu

Link to the survey:

https://utulsa.az1.qualtrics.com/jfe/form/SV_5d6zpVojWJhhAZo

The Pacific ADA Center is working with researchers at New York University on a study to better understand the experiences of people with disabilities and their family members and caregivers in preparing for emergencies. It includes questions about accessing services, programs, and information about the Americans with Disabilities Act. People with disabilities, their family members, and caregivers who live in Arizona, California, Hawaii, Nevada, Guam, and the Pacific Islands are invited to take part. If you have questions, contact Dr. Robyn Gershon at rg184@nyu.edu. To take the confidential survey, go to: https://nyu.qualtrics.com/jfe/form/SV_2fU5gPAy3ePNeaq.

The International Exploration of Rehabilitation Length of Stay Following a Spinal Cord Injury seeks rehabilitation clinicians with experience treating SCI for a virtual focus group to learn how outcomes are related to the length and intensity of rehabilitation services across countries. The study is open to allied health therapists, nurses, doctors, social workers, chaplains, or psychologists with five or more years of experience providing inpatient care to people with SCI. Participants receive \$25 for their time. To learn more or volunteer, contact Lorie Cashdollar at lcashdollar@sralab.org.

Baylor Scott & White and the North Texas TBI Model System (NTX-TBIMS) are recruiting research participants for a National Telehealth Healthy Lifestyle Study. They are looking for individuals with TBIs nationally to take part in the telehealth-based intervention. Possible participants are between 18 – 80, at least six months post-TBI, considered medically overweight (BMI greater than or equal to 25 kg/m²), and able to participate in physical activity. If you are interested, contact Stephanie Calhoun at 214-228-5181 (call or text) or email her at stephanie.calhoun@bswhealth.org.

The University of Delaware, in cooperation with the Kessler Foundation is recruiting participants for a research study to evaluate the benefits of a web-based program to monitor and improve the emotional well-being of individuals with traumatic Spinal Cord Injury (iManage-SCI Study). To learn more, go to <https://unitedspinal.org/sci-study-well-being-for-individuals-with-spinal-cord-injury/>

Researchers at the University of Alabama at Birmingham (UAB) are looking for participants to be in a study titled, “Acceptance and Commitment Therapy Research on Psychological Health in Persons Living with Spinal Cord Injury.” Prospective participants need to be an adult with an SCI. Participation includes videoconference sessions and completion of three questionnaires, with compensation of up to \$245. To sign up, go to: <https://bit.ly/4d9ADFO>. More information on the study can be found at <https://www.act-sci.org/>.

The Disability, Participation, and Quality of Life (DPQOL) lab at the University of Illinois Urbana-Champaign is conducting a study to educate people who use wheelchairs and scooters on fire prevention and management strategies. The study involves online surveys, an orientation session, and online study intervention sessions. Participants may be compensated up to \$150. You must be 18 or older, use a wheelchair or scooter for at least 75% of mobility, have access to an internet-capable device, have internet access, be able and willing to use Zoom video-conferencing software. Interested? Contact dpqol-lab@illinois.edu.

Participants are needed for a fall management study being run by the Disability, Participation, and Quality of Life Lab at the University of Illinois. They are developing a wearable fall detection device to help people get assistance after a fall, and to track the frequency of falls. The study lasts for 12 weeks, with

compensation of \$60 at the end of the 12-week period. You must be 18 or older, use a power or manual wheelchair or scooter for at least 75% of your mobility, and used it for at least one year, have experienced at least one fall in the last three years, and be able to communicate with research staff via video conferencing software or telephone. If you are interested in participating, email dpqol-lab@illinois.edu.

The American Association on Health and Disability (AAHD) has partnered with the All of Us Research Program. Visit

https://www.joinallofus.org/aahd?utm_source=cep-aahd&utm_medium=social&utm_campaign=facebook&utm_term=dcpartnercal to learn more about AAHD, the All of Us Research Program, and how to join.

The project, “Rural Solutions to Strengthen Disability Community Capacity is looking for people to take part in interviews related to rural transportation vouchers. Participants must have a disability, be a Center for Independent Living consumer, live in a rural area, and use transportation vouchers. There will be a 30- to 60-minute interview by phone or video, and people will receive \$50 for their time. To learn more or volunteer, contact Luke Santore at 406-243-4585 or email luke.santore@mso.umt.edu.

Rusk Rehabilitation Traumatic Brain Injury Model System Center is recruiting participants with traumatic brain injuries for a study to test the Mindfulness, Exercise, Nutrition to Optimize Resilience (MENTOR) Program. It’s a virtual wellness program for those with TBIs. You must be between the ages of 18 and 70 years old, have a diagnosis of complicated mild to severe TBI, received inpatient rehabilitation at least one year ago, and have internet access. Eligible participants will join an eight-week virtual program that meets up to five times per week, to learn more or to volunteer, contact Olga Garduno-Ortega, research coordinator, at 917-376-2270 or olga.garduno-ortega@nyulangone.org. You can also contact the principal investigator, Tamara Bushnik, Ph.D., at tamara.bushnik@nyulangone.org.

The International Exploration of Rehabilitation Length of Stay Following Spinal Cord Injury is looking for care partner support persons for people living with spinal cord injuries to participate in a virtual focus group to share their perspectives on the experiences and outcomes of people living with SCI. Participants must be over

18 years old, have access to the internet, be a care partner support person, and understand English. Participation consists of one 90-minute focus group and two surveys. Participants will be compensated for their time. For more information or to volunteer, contact Lorie Cashdollar, Research Assistant, at lcashdollar@sralab.org or call 312-238-8046.

The Initiative to Mobilize Partnerships for successful Assistive teChnology Transfer (IMPACT) is looking for participants for a new Technology and Disability register. This is for persons with disabilities, caregivers, and professionals interested in taking part in the research and development of assistive technology. Must be 18 or older, be able to comprehend English, and be someone with a disability, a caregiver, or a professional who works with those who have disabilities. For more information, contact Dan Rusnak at dar27@pitt.edu. You can complete a screening questionnaire at <https://redcap-std.hs.pitt.edu/redcap/surveys/>. Use this code to start the questionnaire: HMPYYXEJA

Pediatric TBI caregivers are sought, including parents, school aides, and home health workers, to take part in a focus group that can be done from home. Participants receive \$30. Contact the study coordinator, Megan Thompson, at MICareTBI@umich.edu or send a text to 734-274-9517. To share your contact information and determine eligibility, go to:

<https://redcapproduction.umms.med.umich.edu/surveys/?s=NY4P3CL837RY77JC>

Volunteers between 50 – 80 years old who played a sport for at least two years in high school are invited to participate in a research study. You cannot be currently taking any medications that affect cognition and have not been diagnosed with dementia. Participation involved filling out a set of paper questionnaires, doing some assessments on an iPad, and completing a one-hour MRI scan. Financial compensation will be provided for participation and travel expenses. (Note: It does not state this, but I assume participants will need to reside nearby to where the study takes place in Michigan.) Contact the ATHINA Lab at the University of Michigan at athinalab@umich.edu or call 734-647-4403.

United Spinal Association is looking for people to join their working groups. The groups are on Outdoor Access, Accessible Parking, Emergency Preparedness, Care Support, and Accessible Transportation. Sign up at <https://unitedspinal.org/working-groups/> or contact Grassroots Advocacy Manager Annie Streit at astreit@unitedspinal.org.

Researchers with the Spinal Cord and Disability Research Center at TIRR Memorial Hermann in Houston and the University of Montana in Missoula are recruiting people with spinal cord injury (SCI) to participate in a study entitled, "Understanding Interpersonal Violence Against People with SCI and its Psychosocial Impacts." This research will add to the limited understanding of interpersonal violence (IPV) and its consequences in people with SCI. Participants will be invited to participate in individual interviews via ZOOM and asked to share information about their experience with post-injury IPV, help-seeking experiences, and perceptions of the social and psychological effects of IPV. To be eligible, participants must have lived with a traumatic SCI for at least one year; be at least 21 years of age; and have experienced difficult relationships, mistreatment, or neglect since sustaining their SCI but not in the past 12 months. Participants will receive a small payment for their time. For additional information and to learn if eligible, email SCIPSstudy@uth.tmc.edu or call 713-797-7245.

Illinois Tech is conducting a focus group study examining microaggressions and quality of work life among adults with SCI. Participation involved a 90 – 120-minute informal virtual focus group and brief online survey. Participants receive a \$100 gift card as a thank-you. You must be 18 years or older, living with an SCI, able to access a reliable internet connection, and employed full-time or have worked in the past two years. To sign up, go to:

https://iitpsychology.az1.qualtrics.com/jfe/form/SV_4HNLKrOxQzcLm2a

The University of Pittsburgh has a new survey out for stakeholders (people who use wheelchairs, carepartners / caregivers, clinicians, suppliers, manufacturers, technicians, policymakers, funding sources) about a better Complex Rehabilitation Technology policy. The survey takes 10 – 15 minutes to complete and can be found at: https://pitt.co1.qualtrics.com/jfe/form/SV_2nUTM19JBihCJzE

The Texas Model Spinal Cord Injury System is looking for participants to test a health promotion program for people aging with a traumatic SCI. It is an eight-week group intervention via videoconference. You must be at least 45 years old, 15 years post-injury, live in the US, communicate in English, and have access to a smartphone, tablet, or computer with Internet access. The flyer for the Live Longer and Stronger with SCI project is located at <https://sites.google.com/view/scidr/current-study-recruitment/living-longer-and->

[stronger-with-sci](#). Participants receive a small payment for their time. Contact them to find out if you are eligible: 713-797-7767 or TIRR.LLSstudy@uth.tmc.edu.

The North American Spinal Cord Injury Consortium wants to know more about the information needs of people living with SCI. They are looking for participants with SCI, family members, spouses and partners, and caregivers. The survey takes about 20 minutes to complete. At the end, you can sign up for a chance to win a gift card. Take the survey at

<https://www.surveymonkey.com/r/sciNeedsInfoSurvey24>

The Rehabilitation Research and Training Center on Accommodations, Employment Supports, and Success for People with Physical Disabilities (ACCESS-PD) is looking for participants with physical disabilities to share their experiences with full-time permanent employment and/or non-traditional jobs for a study about how assistive technology and / or accommodations impact employment outcomes. Participants must be 18 years or older, have a physical disability, use assistive technology and/or accommodations for work, and be employed full-time and/or currently work in a non-traditional job. Eligible participants will be interviewed and will receive \$50 for their time. To be considered, complete a screening questionnaire

(https://gatech.co1.qualtrics.com/jfe/form/SV_5sCGdVMdUSqJKnk). For more information, contact Salimah LaForce (salimah@cacp.gatech.edu, 404-385-4614).

The Initiative to Mobilize Partnerships for Success Assistive teChnology Transfer (IMPACT) has launched a Research Registry for Technology and Disability, where individuals can help shape the future of technology for people with disabilities. Participants need to be age 18 or older, comprehend English, and be a person with a disability, a caregiver, or a professional working with people with disabilities. To join the Registry, fill out a questionnaire located at <https://www.ctsiredcap.pitt.edu/redcap/surveys/>; use the access code HMPYYXEJA) which asks about you and your technology experience.

Indiana University is looking for people 18 or older living in the U.S. with a spinal cord injury, who have not previously been part of this project. The project is about travel motivation and the travel experiences of people living with an SCI.

Take a 2 – 3-minute survey

(https://iu.co1.qualtrics.com/jfe/form/SV_5aP9ju3OkEDBqQe) and, if you are selected, you will get a link to the full survey and directions online. Those who are selected and take the full survey will be offered a \$30 gift card for Amazon. For more information, send an email to travelX@indiana.edu or call 812-855-9037.

The Model Systems Knowledge Translation Center (MSKTC) is looking for information on the needs of people with spinal cord injuries, traumatic brain injuries, or burns. They want to hear from survivors, caregivers, clinicians, and state and federal program administrators. The survey takes about 10 minutes is located at <https://websurveyor2.airws.org/se/2511374533213674>. For questions or more information contact MSKTC at mstkctc@air.org or call 202-403-6929.

The National Capital Spinal Cord Injury Model System Center is looking for clinical practitioners for a survey to document patterns of diagnosis of complex urinary tract infections in individuals with neurogenic lower urinary tract dysfunction due to spinal cord injury or diseases. The survey is located at:

<https://www.surveymonkey.com/r/cUTlglobalguidelinesNLUTDIC>

Mount Sinai Advanced Rehabilitation Research Training in Brain Injury and Rehabilitation Research is accepting applications for a two-year postdoctoral fellowship in brain injury and rehabilitation research. There is a rolling application deadline. Additional information and application details can be found at:

https://mcusercontent.com/d04acfb7db8d95502b56ea3f2/files/b01fdf73-1914-4d3a-3c2e-76c56f25adb1/NIDILRR_ARRT_Recruitment_Notification_December_2023.pdf

The Rehabilitation Research Center at the Baylor Scott & White Research Institute is looking for persons who may be interested in participating in their various studies. They are looking for individuals who have had traumatic brain injuries, spinal cord injuries, strokes, and / or have had amputation. You can also specify what topic(s) of research you are interested in, e.g., weight loss, functional medical devices, and more. The form is located at:

<https://redcap.bswhealth.org/surveys/?s=FK7YWLAMY4>

The TechSAGE Rehabilitation Engineering Research Center (RERC, at www.TechSAGERERC.org) is looking for older adults to join a registry of individuals to take part in future research studies using a variety of methods, such as surveys, focus groups, interviews, technology evaluations, or other projects. Depending upon the study, you may be able to participate by phone, online, on campus, at your home, or in other locations. Compensation varies by study. To join the participant registry, go to <https://redcap.healthinstitute.illinois.edu/surveys/?s=79F8WAX4LT>

Caregiver Interviews for AT (Assistive Technology) Research Focus Group – Assistive Technology Network is conducting interviews with care partners, caregivers, and family members of individuals who use assistive technology. Must be at least 18 years of age and supply routine support to individuals with disabilities of any age who have used, currently use, or plan to acquire AT. Eligible participants will be interviewed virtually, either individually or in small groups, for up to 90 minutes, and will be compensated for their time. Interested individuals may complete the screening form located at: https://forms.office.com/pages/responsepage.aspx?id=u5ghSHuuJUuLem1_Mvqg_gwLrX2LOW2BOhChDMOVgEShUQUIwVk04RkhSMDgzMzY1SzBVWks5UFIKUi4u or contact Kelly Kolman at kkolman3@gatech.edu or 678-841-0554 for more information.

Telehealth TBI Healthy Lifestyle Study – The North Texas Traumatic Brain Injury Model Systems Center is recruiting individuals with TBI nationally for a study of a telehealth-based healthy lifestyle intervention. Must be between 18 and 80 years old, at least six months post-TBI, considered medically overweight, and above to participate in a physical activity. Participants complete 22 group-based telehealth session over 12 months, and complete four assessments during the study period. Participants will be compensated for their time, and tablets and wi-fi hotspots will be provided to any participants who do not have reliable internet access. You can enroll online (<https://redcap.bswhealth.org/surveys/?s=MYT73NLYKP3JJD49>) or call or email Stephanie Calhoun at 214-228-5181 or stephanie.calhoun1@bwshealth.org.

National Capital SCI Model System Recruiting for a Study on Urinary Symptoms

The Model Systems Knowledge Translation Center (MSKTC) is recruiting people who are at least 18 years old and have a spinal cord injury, multiple sclerosis, or spina bifida to be in a study comparing the effectiveness of saline vs. probiotic bladder wash to reduce urinary symptoms. Participants will receive \$25 for completion of Phase 1 and 2, and \$50 for completion of Phase 3. If interested, please contact Emily Leonard, Ph.D., at Emily.m.leonard@medstarnet or 202-877-1844. In addition, MSTKC is looking for people to be SCI Ambassadors. All of this information can also be found at <https://msktc.org/about/sci-Model-Systems-Recruitment>

Hawaii Pacific Neuroscience is holding several clinical trials. Currently, they include studies on Alzheimer's Disease (memory), Parkinson's Disease, spasticity, Epilepsy, pain/headache/migraine, and several rare neurological diseases. Some studies may pay for travel to Oahu from other islands. Please call the Clinical Research Center Hotline at 808-564-6141 for more information.

Head Impact & Trauma Surveillance Study (HITSS)

Looking for people to enroll in the HITSS to find out the long-term brain health impacts of repetitive head impacts in soccer and tackle football. It involves a fully online annual assessment that should take about two hours to complete and can be done over several days. Go to: <https://www.hitss.org/>

12. Exercise Classes

For those not located in Hawaii, and who are located near a YMCA, check their website to see what classes they offer for free in person and virtually. Another possible source that may offer exercise classes is local or state hospitals.

Some of the classes listed below take place online, while others are on video, so an individual may participate from wherever they are located if they have a device that can link to the internet and they have internet access.

Exercise Classes in Hawaii

Listed below are free exercise classes offered by the St. Francis Caregiver Education and Wellness program. Go at your own pace and ability to move wherever you happen to be at class time. The exercises can help with strength,

balance, fall prevention, etc. Many can be done while seated. Monthly registration is required, but you can register and join a class at any time during the month. Visit <https://www.stfrancishawaii.org/s/courses> for a list of classes and to register. All times listed are HST.

Virtual classes:

- a. Body & Brain Yoga Tai Chi: Tuesdays, 9:00 am – 10:00 am HST
- b. Zumba by Frances: Mondays, Wednesdays, and Fridays, 5:15 pm – 6:15 pm HST
- c. Zumba Gold by Frances: Saturdays, 8:00 am – 9:00 am HST
Zumba Gold is a lower intensity Zumba class with easy-to-follow choreography

Hawaii Pacific Health (HPH) has resumed offering exercise classes. Some take place in-person at Kapiolani Women’s Center, some in-person at Straub Medical Center – Pearlridge Clinic, and some are available virtually. There is a modest cost associated with the classes and for some virtual classes you will need to purchase equipment needed to participate from home. Their list of all classes (exercise and other classes) is located at <https://www.hawaiipacifichealth.org/health-wellness/classes/?page=1> or you can call HPH’s Health Contact Center at 808-527-2588 for more information. Note: They also do car seat checks at their various locations. These are also listed on the classes page.

The Island of Hawaii YMCA has free fitness videos online that include chair dancing, dance fitness, basic hula, tai chi, qigong, chair yoga, yoga for seniors, senior bon dance tutorial, and morning exercise. The videos can be found at <https://islandofhawaiiyymca.org/programs/health-fitness/fitness-videos/>

Rock Steady Boxing is a collaboration between Pacific Island Fitness and the Hawaiian Parkinson’s Association. It is a boxing program with weekly classes for Parkinson’s patients in Kona, Hawaii. For more information, contact Kym Gentry-Peck via email at kymgpeck@gmail.com or call 808-494-5193.

808B-fit is health and fitness for kupuna (including caregivers and care receivers). They offer a variety of pre-recorded video exercise classes that you can do

anytime from Big Island (Hawaii) teachers. Visit their website at <https://808b-fit.com/> for more information and links to the videos.

Tutu's House in Waimea, Hawaii, offers various exercise classes, such as yoga basics, chair yoga, yoga stretch, tai chi, and mat Pilates. Some classes are in-person, some are via Zoom only, while others are hybrid classes. Register in advance for all classes by calling 808-885-6777 or by sending an email to newsletter@tutushouse.org. Their calendar of events is located at <https://www.tutushouse.org/activities/>.

The Osher Lifelong Learning Institute, or OLLI, offers a range of classes on a variety of topics for those who are 50+, including exercise classes, to its members. Some are in-person, some are online. Classes are offered at/through the University of Hawaii at Manoa, Kapiolani Community College, Windward Community College, and Leeward Community College, all on Oahu. Please note: You must become an OLLI member, and there is a cost associated with becoming a member. You can learn more at <https://olliuhm.augusoft.net/>

The Maui Family YMCA offers a Parkinson's Fitness program. You must be a member to attend the sessions. There is a charge of \$10 or \$15/month for YMCA members and \$30/month for potential members. For more information, go to <https://www.mauiymca.org/fitness-programs/>

The YMCA of Honolulu offers a Kupuna Tai Chi for Arthritis and Fall Prevention class, which is open and free to the public for anyone 60 years or older only. YMCA membership is not required. In-person classes only at Leeward YMCA on Tuesdays and Thursdays from 9:00 – 10:00 am. Visit <https://www.ymcahonolulu.org/programs/seniors/classes-activities> for more information and to learn how to register.

13. Agency Resource Manuals

AARP Family Caregiving - <https://www.aarp.org/caregiving/>

A collection of information, not specific to Hawaii

County of Kauai Kupuna Resource Directory

<https://www.kauai.gov/files/assets/public/agency-on-elderly-affairs/documents/2023rvsdresource-directory-english.pdf>

County of Kauai Community Resource Directory

https://www.kauai.gov/files/assets/public/v/1/prosecuting-attorney/documents/lifes-choices-community-resource-directory-2024_1.pdf

Last updated in 2024

Hawaii Aging & Disability Caregiver Resources -

<https://www.hawaiiadrc.org/caregiver-resources>

Includes links to Memory Care Roadmap for Family Caregivers and Eldercare Locator.

Hawaii Aging & Disability Food Resources, COVID-19 Supplement version 2 -

<https://www.hawaiiadrc.org/Data/Sites/1/media/Publications/Food%20Resources%20April%202017%202020%20FINAL.pdf>

Revised April 2020; keep in mind some of this information may have changed because of changes to the COVID-19 situation in Hawaii

Hawaii Department of Safety Community Resource Guide –

<https://dcr.hawaii.gov/wp-content/uploads/2021/04/Community-Resource-Guide.pdf>

Last updated in 2023

Hawaii Elderly Affairs Division Senior Handbook -

https://www.elderlyaffairs.com/Portals/AgencySite/DCS%202021%20Senior%20Handbook_vD2FINAL.pdf

Last updated in 2022

Hawaii State Health Insurance Assistance Program (SHIP) Resource Publications on Medicare, Medigap, and Staying Healthy (scroll down past the phone numbers and URLs to find links to the publications on all kinds of related topics)

<https://www.hawaiihip.org/resources/medicare/#resources-medicare-publications>

Hawaii's Fraud Prevention and Resource Guide, 3rd Edition –

https://www.hawaiiadrc.org/Data/Sites/1/media/Publications/21164_Text.pdf

Last updated May 2020

Honolulu Magazine 2023 Kupuna Guide -

<https://www.honolulumagazine.com/2023-kupuna-guide/>

Mental Health America of Hawaii - <https://mentalhealthhawaii.org/wp-content/uploads/2024-Finding-Help-Resource-Directory-NEW.pdf>

Special Parent Information Network (SPIN) Community Resources Guide -

<http://spinhawaii.org/resource-guide/>

14. Additional Resources

Brain Injuries - General

Brain Foundation / Migraine & Headache Australia Newsletters

<https://brainfoundation.org.au/newsletters/>

Brain Injury magazine: Innovative Strategies for Brain Injury Education for Patients, Families, and Friends

<https://braininjuryprofessional.com/innovative-strategies-for-brain-injury-education-for-patients-families-and-friends-edition/>

Brain Injury Association of America The Challenge! Magazine

<https://www.biausa.org/public-affairs/public-awareness/challenge-magazine>

Brain Injury Association of America – How to Participate in Clinical Trials

<https://www.biausa.org/public-affairs/media/how-to-participate-in-clinical-trials>

Brain Injury Association of America Professional Resources

<https://files.constantcontact.com/5e569a18001/46c15767-5691-4a66-9e60-a0d7011c8bd6.pdf?rdr=true>

Brain Injury Association of America Resource Center – webinars and lecture recordings

<https://www.biausa.org/professionals/education>

Brain Injury Association of Hawaii Newsletter

Email your request to subscribe to: braininjuryofhawaii@gmail.com

The Brain Injury Hope Foundation

<https://www.braininjuryhopefoundation.org/>

Concussion Awareness NOW

<https://concussionawarenessnow.org/know-the-symptoms>

Concussion Awareness NOW – Education Hub

<https://concussionawarenessnow.org/enhance-your-education>

Concussion Legacy Foundation

<https://concussionfoundation.org/>

From the homepage, click on “Resource Center”

Hawaii Pacific Neuroscience weekly e-newsletter

To subscribe, send an email to: kliow@hawaii.edu

Health Disparities and TBI

<https://vbis.ca/brain-injury-basics-indigenous-peoples/>

Improving Systems of Care for Traumatic Brain Injury

<https://nap.nationalacademies.org/catalog/27205/improving-systems-of-follow-up-care-for-traumatic-brain-injury>

International Brain Injury Association Webinar Series

<https://www.internationalbrain.org/meetings-and-events/ibia-webinar-series>

The Journal of Head Trauma Rehabilitation

<https://journals.lww.com/headtraumarehab/pages/currenttoc.aspx>

LoveYourBrain

<https://www.loveyourbrain.com/>

Mind Your Brain Foundation

There are resources for survivors and service providers, such as Road Map to Recovery and a podcast series.

Home: <https://www.mindyourbrainfoundation.org/>

Resources: <https://www.mindyourbrainfoundation.org/resource/>

Events: <https://www.mindyourbrainfoundation.org/conferences/>

Minds in Motion Initiative: What Happens Next? Living with Brain Injury (video)

<https://www.youtube.com/watch?v=xPtI5bfvDts>

Model Systems Knowledge Translation Center (MSKTC) SCI – TBI – Burn
Newsletter Archives

<https://msktc.org/newsletter/archives>

National Association of State Head Injury Administrators Trainings On Demand
Archive

<https://www.nashia.org/trainings-archive>

National TBI Registry Coalition

<https://nationaltbiregistry.org/>

North Dakota Brain Injury Network Archived Webinars (brain injury and stroke)

<https://www.ndbin.org/events/webinars>

North Dakota Brain Injury Network – Updates and Newsletter

<https://www.ndbin.org/subscribe>

Power of Patients

Free, customizable app to help patients and caregivers track their brain injury symptoms and triggers.

<https://www.powerofpatients.com/>

Sex, Gender and TBI: A Path to Recovery and Care

<https://www.nashia.org/resources-list/sex-gender-and-tbi-a-path-to-recovery-and-care>

Strong Infrastructure Components for Brain Injury (BI): State Self-Assessment Tool

https://acl.gov/sites/default/files/programs/2023-11/TBITARC_BrainInjuryStateInfrastructureSelfAssessmentTool_Final%20-A.pdf

A Treatment Court Toolkit for Supporting Individuals with Acquired Brain Injury

<https://static1.squarespace.com/static/5eb2bae2bb8af12ca7ab9f12/t/6598569ce049523e6c59a504/1704482461305/ABI-Toolkit-V3.pdf>

Traumatic Brain Injury Model System Knowledge Translation Centers (MSKTC)

<https://msktc.org/tbi/model-system-centers>

United States Brain Injury Alliance (USBIA)

Webinar Recordings: <https://usbia.org/members-resources/webinars/>

U-M Concussion Center (U-M is University of Michigan)

“Behind the Scenes with the Experts” Blog episode archive:

<https://www.buzzsprout.com/2012342>

Digital Resources (videos): <https://concussion.umich.edu/education/digital-resources/>

U-M Concussion Center Quarterly News (U-M is University of Michigan)

To subscribe, email their communications team at concussioncenter@umich.edu

University of Washington Traumatic Brain Injury Model System TBI Model System Updates

To subscribe, send an email to uwtbi@uw.edu. In the subject line, please type “subscribe newsletter”

Brain Injuries – Active Duty Military and Veterans

Project Enlist – TBI, CTE, and PTSD Research in the Military Community

<https://projectenlist.org/>

Building Capacity of Veteran Treatment Courts: Resources for Brain Injury Programs

<https://www.nashia.org/veteran-treatment-courts>

U.S Department of Veterans Affairs – Effects of TBI

https://www.mentalhealth.va.gov/tbi/index.asp?utm_source=google&utm_medium=cpc&utm_campaign=search-va-tbi&utm_term=phrase-match&utm_content=veteran%20tbi&gclid=Cj0KCQiAzoouBhDqARIsAMdH14FeuBWRnJdGldv-pFDPFSNqa96_YE3VFgMk3AwZf6xB-gUePJxLiz0aAlfvEALw_wcB

Warfighter Brain Health Hub

<https://www.health.mil/Military-Health-Topics/Warfighter-Brain-Health>

Brain Injuries – Children and Youth

Brain Injury in Children and Youth: A Manual for Educators

https://www.cde.state.co.us/cdesped/tbi_manual_braininjury

Hawaii Concussion Awareness Management Program (HCAMP)

<https://hawaiiconcussion.com/>

JUST ADDED – Safe Concussion Outcome & Recovery Education (SCORE) Program and App

<https://www.childrensnational.org/get-care/departments/safe-concussion-outcome-recovery--education-score-program>

Project Head, Neck, Spine

<https://health.hawaii.gov/nt/traumatic-brain-injury/project-head-neck-spine/>

Traumatic Brain Injury and Youth Justice – McMaster University

<https://tbi-youth-justice.org/>

Brain Injuries – Indigenous Populations

Brain Injury Basics: TBI & Indigenous Peoples (Canada)

<https://vbis.ca/brain-injury-basics-indigenous-peoples/>

Traumatic Brain Injury Resource Bundle for American Indians

<https://www.air.org/project/traumatic-brain-injury-resource-bundle-american-indians>

Brain Injuries – Women and Girls

Girls & Women with ABI Task Force

<https://acrm.org/acrm-communities/brain-injury/task-forces/girls-and-women-with-abi-task-force/>

Meetings are held online on the first Thursday of each month at 2:00 pm ET.

Zoom link is located at the URL listed above.

PINK Concussions

<https://www.pinkconcussions.com/>

Female brain injury from sports, violence, military service. They have a YouTube Channel, support groups, conduct research, hold events, and more.

Traumatic Brain Injury in Women Across Lifespan

<https://www.sciencedirect.com/science/article/pii/S0969996122000043>

Understanding Traumatic Brain Injury in Females: A State-of-the-Art Summary and Future Directions

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9070050/>

Brain Tumors

American Brain Tumor Association MindMatters e-Newsletter

<https://www.abta.org/mindmatters/>

Brain Foundation / Migraine & Headache Australia Newsletters

<https://brainfoundation.org.au/newsletters/>

Brain Tumor Society News

<https://braintumor.org/news/>

The Childhood Brain Tumor Foundation CBTF Neurotransmitter Newsletters

<https://childhoodbraintumor.org/newsletters/>

Children's Brain Tumor Project Newsletters

<https://www.childrensbraintumorproject.org/portfolio-items/newsletters/>

Ivy Brain Tumor Center at the Barrow Neurological Institute Ivy Blog

<https://www.ivybraintumorcenter.org/blog/brain-tumor-awareness-month/>

Musella Foundation for Brain Tumor Research & Information, Inc. Mailing List

<https://virtualtrials.org/maillist.cfm>

Spinal Cord Injuries

American Congress of Rehabilitation Medicine Spinal Cord Injury Webinar Series Archives

<https://acrm.org/acrm-communities/spinal-cord-injury/sci-webinar-series/>

Kennedy Krieger Institute International Center for Spinal Cord Injury Newsletter

<https://www.kennedykrieger.org/patient-care/centers-and-programs/international-center-for-spinal-cord-injury/newsletter>

Spinal Cord Injury Model System Knowledge Translation Centers (MSKTC)

<https://msktc.org/sci/model-system-centers>

Model Systems Knowledge Translation Center (MSKTC) SCI – TBI – Burn Newsletter Archives

<https://msktc.org/newsletter/archives>

United Spinal Association New Mobility Newsletter

<https://newmobility.com/subscribe/>

Note that there is a small cost to subscribe to this newsletter.

United Spinal Association Webinar Archives

<https://unitedspinal.org/webinars/>

United Spinal Association – Health Equity (for providers and patients)

<https://unitedspinal.org/health-equity/>

United Spinal Association Ready to Roll in partnership with the Craig H. Neilsen Foundation – emergency preparedness guide

<https://unitedspinal.org/ready-to-roll/>

United Spinal Association – Care Support for College Students

<https://unitedspinal.org/care-support-for-college-students/>

University of Alabama Heersink School of Medicine Spinal Cord Injury Model System Pushin' On Newsletter

Archives: <https://www.uab.edu/medicine/sci/uab-scims-information/pushin-on-newsletter>

Stroke

American Stroke Association Together to End Stroke Newsletter

To sign up, go to:

<https://www.stroke.org/en/about-the-american-stroke-association/together-to-end-stroke/newsletter-sign-up>

American Stroke Association Stroke Family Warmline

https://www.stroke.org/en/help-and-support/for-family-caregivers/stroke-family-warmline?utm_source=Together+To+End+Stroke+fy+2025&utm_medium=email&utm_campaign=emailname &utm_content=content2+cta&sc_camp=79890DEB9E704C13939C0205B45526EE

Not a hotline, but connects stroke survivors, families, and caregivers with an American Stroke Association team member who can provide support, helpful information, or just a listening ear. Available from 8:30 am – 5:00 pm Central Time, Monday through Friday, at 1-888-4-STROKE (1-888-478-7653).

Hawaii Pacific Neuroscience weekly e-newsletter

To subscribe, send an email to: kliow@hawaii.edu

Johns Hopkins Medicine Sheikh Khalifa Stroke Institute SKSI Webinar Series

https://www.hopkinsmedicine.org/neurology_neurosurgery/centers_clinics/khalifa-stroke-institute/webinar-series/

North Dakota Brain Injury Network Archived Webinars (brain injury and stroke)
<https://www.ndbin.org/events/webinars>

On with Life Stroke Webinar Series
<https://www.onwithlife.org/education-research/fall-conference-2/stroke-webinar-series/>

Paul Coverdell National Acute Stroke Program (PCNASP)
https://www.cdc.gov/dhdsp/programs/about_pcnasp.htm

Stroke Foundation (Australia)
<https://strokefoundation.org.au/>

World Stroke Organization Blog Archive
<https://www.world-stroke.org/news-and-blog/blogs>

World Stroke Organization Newsletter Archive
<https://www.world-stroke.org/news-and-blog/newsletters>

General / Other

American Trauma Society newsletters
<https://multibriefs.com/optin.php?AMTRAUMA>