Brain Injury Support Group Meetings Last update: August 2024

Support group title: Aloha Independent Living Hawaii Big Island Mixed Group Support Group Format: In-person at various locations on Hawaii island Dates: Third Thursday of every month Time: 10:00 am – 12:00 pm HST Location: Varies Additional information: Comprised of adults with various disabilities, the group meets for fellowship and peer support. For more information, please contact Karin Riedel at 808-333-2408.

Support group title: Aloha Independent Living Hawaii Kauai Laulima Peer Support Group Format: In-person on Kauai Dates: Last Thursday of the month HST Additional information: For times, location, and other information, contact Holly Pickens-Torres at 808-652-6092.

Support group title: Aloha Independent Living Hawaii Molokai Keiki Support Group Format: In-person on Molokai Dates: Every third Wednesday of the month Time: 2:00 pm – 3:00 pm HST Location: Home Pumehana, Conference Room #1 Additional information: Contact Luana Angliam at 808-866-3792.

Support group title: Aloha Independent Living Hawaii Molokai Youth Support Group Format: In-person on Molokai Dates: Every fourth Friday of the month Time: 10:30 am – 11:30 am HST Location: Home Pumehana, Conference Room #1 Additional information: Contact Luana Angliam at 808-866-3792. Support group title: Aloha Independent Living Hawaii Molokai Non-Ambulatory Support Group Format: In-person on Molokai Dates: Every second Friday of the month Time: 10:30 am – 11:30 am HST Location: Home Pumehana, Conference Room #1 Additional information: Consumers have the opportunity to voice their opinions regarding issues they are facing within their community and how they will move forward to take action as a group. For more information, please contact Luana Angliam at 808-866-3792.

Support group title: Brain Injury Oahu Support Group (BIOSG)

Format: In-person on Oahu

Dates: Monthly on Saturdays. Remaining dates for 2024 are: July 27, August 31, September 28, October 26, November 30, December 28

Times: 10:00 am – 12:00 noon HST

Location: Catholic Charities Clarence TC Ching Campus, 1822 Keeaumoku Street, Meeting Room 3, Honolulu, HI but sometimes in other locations; check in advance Additional information: Call or text BJ Wade at 808-221-8330.

Facebook: <u>https://www.facebook.com/BrainInjuryAssociationOfHawaii/</u> Email: <u>braininjuryofhawaii@gmail.com</u>

Support group title: Concussion Legacy Foundation (CLF) Zoom Support Groups Format: Virtual

Dates:

- Post-Concussion Patients: 1st Tuesday of the month
- Post-Concussion Caregivers: 2nd Tuesday of the month
- Suspected Chronic Traumatic Encephalopathy (CTE) Caregivers 3rd Tuesday of the month
- Suspected Chronic Traumatic Encephalopathy (CTE) Patients 4th Tuesday of the month
- Concussed Moms 1st Thursday of the month

• CLF Canada Patient Groups – Weekly Monday, Wednesday, Thursday, Friday (international attendees welcome)

Times: Provided when you register

Additional information: Registration is required. Visit

<u>https://concussionfoundation.org/peer-support</u> for more information and to register. 1-on-1 Peer Support is also available, and they are looking for Peer Support Volunteers. There are Facebook Resources Groups. Information on these can be found at the link above (scroll down to view the information).

Support group title: Creative Arts Program

Format: In-person on Oahu

Cost: \$15 per session

Days: Available Tuesdays and Thursdays

Time: 12:30 pm – 3:30 pm

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI 96817

Additional information: For current and former REHAB inpatients and outpatients. Registration is required. Contact Melissa Mullen, Patient Experiences Manager, by email at <u>art@rehabhospital.org</u> or by phone at 808-566-3741

Website: https://www.rehabhospital.org/programs/creative-arts-program

Support group title: C.A.N. (Crush Ableism Now) Lunch Club

Format: In-person on Oahu

Dates: TBA

Times: TBA

Location: University of Hawaii at Manoa campus

Additional information: Monthly social lunch meeting for the disabled, chronically ill and neurodivergent University of Hawaii community, and anyone who wants to learn more about disability solidarity. Bring your own lunch. Light pupus provided. Contact Dr. Daniela Bond-Smith at <u>db48@hawaii.edu</u> or call 808-203-7191. Optional registration: <u>https://go.hawaii.edu/gYk</u>

Support group title: Hui Malama Po'o Support Group More information coming soon!

Support group title: Kauai Big! Support Group

Format: Hybrid; online and in-person on Kauai Dates: Third Monday of each month Times: 10:00 am – 12:00 pm HST Location: Kauai District Health Office Conference Room, 3040 Umi Street, Lihue, HI 96766 Zoom information: <u>https://zoom.us/j/94232380209?pwd=18s70jQcAPFia0WlQkwQQqKAGaRLQC.1</u> Meeting ID: 942 3238 0209 Passcode: 833714 For more information, contact Steph Edwards at <u>kauaibig@gmail.com</u>

Support group title: Kona Brain Injury Support Group

Format: Hybrid – In-person in Kona, HI, and online via Zoom

Dates: Second Wednesday of each month

Time: Varies to accommodate speakers or for other reasons, so always check the start time

To join the meeting online: Go to Zoom at <u>www.zoom.com</u>. In the upper righthand corner, click "Join Meeting" and enter Meeting ID 808 274 6477. You will be placed in the virtual waiting room and the host will let you into the meeting. To join the meeting in person: The meeting location is Anderson Wealth Planning, 75-1000 Henry Street, Suite 200. (In the same building as Planet Fitness.) Additional information: Contact Karen Klemme at <u>kklemme@hawaii.rr.com</u> Facebook: <u>https://www.facebook.com/groups/2671644676391469</u>

Support group title: North Dakota Brain Injury Network Monthly Virtual Support Group

Format: Virtual

Dates: Last Monday of every month

Times: 2:00 pm CT (start time in Hawaii varies if there is or isn't Daylight Savings Time)

Additional information: All brain injury survivors, providers, and caregivers are welcome. Contact Carly Endres at 701-777-8004 or <u>carly.endres@UND.edu</u> with any questions. The Zoom link for the meeting can be found here:

https://www.ndbin.org/services/support/monthly

State and National Virtual Support Groups – Brain Injuries, Head Injuries, Caregivers

https://www.biausa.org/public-affairs/media/virtual-support-groups