

May 2024 Neurotrauma Newsletter
Brain Injuries, Brain Tumors, Spinal Cord Injuries, Strokes
Pacific Disabilities Center, John A. Burns School of Medicine,
University of Hawaii at Manoa

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The names or contact information of subscribers is never shared.

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1. Announcements

Welcome to May, which is Stroke Awareness Month! While there is a great deal we know about stroke, including how to prevent strokes and treat them, there is still a great deal we don't know. This month's newsletter includes two recent articles of particular interest, such as how more than half a million stroke deaths may be associated with climate change (<https://www.sciencedaily.com/releases/2024/04/240410161519.htm>). Be on the alert for more stroke information and community events this month!

Bipartisan H.R. 7208 is making its way through the U.S. Congress. It is for the Traumatic Brain Injury Program Reauthorization Act, which was first enacted in 1996. In addition to the reauthorization of the act, it calls for increased funding and Federal designation of brain injuries as chronic conditions, among other things. The last action was on March 20, when it was unanimously (44-0) “Ordered to be Reported (Amended)” by the House Committee on Energy and Commerce. Visit

<https://pascrell.house.gov/news/documentsingle.aspx?DocumentID=5493#:~:text=Reauthorize%20the%20Traumatic%20Brain%20Injury,injury%20as%20a%20chronic%20condition> to learn more. You can track its movement at: <https://www.congress.gov/bill/118th-congress/house-bill/7208>

The guest speaker for the Kona Brain Injury’s Support Group meeting on Wednesday, May 8, is Maria Cicio, Director of the Kona Vet Center. She will discuss “Post-Traumatic Stress Disorder: Myths vs. Facts.” The meeting is hybrid; you can attend in person at Anderson Wealth Planning in Kailua-Kona, 75-1000 Henry Street, Suite 200 (same building as Planet Fitness), or online (www.zoom.com, meeting ID 808 274 6477). If you have questions, please text Karen Klemme at 808-896-2962 or send an email to kklemme@hawaii.rr.com.

2. Online and In-Person Events

May 2024

Title: Primary and Secondary Stroke Prevention: What Do You Need to Know?

Format: Virtual

Cost: Free

Speakers: Molly Murch, MSN, RN-BC, SCRNP, CBIS, Stroke Program Education at Essentia Health in Fargo, ND

Sponsored by: North Dakota Brain Injury Network

Date: May 1, 2024

Time: 1:30 pm – 3:00 pm CT (8:30 am – 10:00 am HST)

Registration: https://und.zoom.us/meeting/register/tJAc-uvrTMtGN19tyQdqTTof6M2vTmN_gQr#/registration

Additional information: <https://www.ndbin.org/events/webinars>

Title: Infonar Session: Leading Practices Academy on Behavioral Health and Brain Injury

Format: Virtual

Cost: Free

Speakers: from NASHIA's Leading Practices Academy

Sponsored by: National Association of State Head Injury Administrators (NASHIA)

Date: May 9, 2024

Time: 3:00 pm – 4:00 pm CT (9:00 am – 10:00 am HST)

Registration: https://us06web.zoom.us/meeting/register/tZcpdu-srDwvGtDul_5Gjt6tt1LCGX541--u#/registration

Additional information:

<https://static1.squarespace.com/static/5eb2bae2bb8af12ca7ab9f12/t/63f3a9291d57e52b10a56b66/1676912938736/LPA+BH+2023+Flyer.pdf>

Title: Vulnerable Populations Series, Part 1 of 3 – Building Partnerships: State Brain Injury Programs and Overdose Fatality Reviews

Format: Virtual

Cost: Free

Speakers: Melissa Heinen, RN, MPH, and Anastasia B. Edmonston, MS, CRC

Sponsored by: National Association of State Head Injury Administrators (NASHIA)

Date: May 15, 2024

Time: 12:00 pm – 1:00 pm ET (7:00 am – 8:00 am HST)

Registration: <https://www.nashia.org/trainings/building-partnerships-state-brain-injury-programs-and-overdose-fatality-reviews>

Additional Information: Part 2 takes place on June 5, and Part 3 takes place on June 18. You must register separately for each part. You do not have to attend all parts.

Title: American Spinal Injury Association (ASIA) Annual Scientific Meeting

Format: In-person in San Juan, Puerto Rico

Cost: There are costs associated with attending this meeting

Speakers: Various

Sponsored by: American Spinal Injury Association

Dates: May 20 – 23, 2024

Time: Varies

Registration: <https://na.eventscloud.com/ereg/index.php?eventid=750933&>

Title: 13th World Congress for Neurorehabilitation

Format: In-person in Vancouver, Canada

Cost: Different rates depending upon whether you are a member or not and your title (e.g., physician, therapist, student, etc.)

Speakers: Various

Sponsored by: World Federation for Neurorehabilitation (WFNR)

Dates: May 22 – 25, 2024

Time: Varies

Registration: <https://wfnr-congress.org/registration-abstract/registration>

Additional information: You need to create an account or log into your account to register. For more information about the event, visit <https://wfnr-congress.org/>

Title: Firearm Safety and Injury Prevention

Format: Virtual

Cost: Free

Speakers: Alyssa Presszler, Injury Prevention Coordinator and Safe Kids Coordinator for Sanford Health in Bismarck, ND

Sponsored by: North Dakota Brain Injury Network

Date: May 29, 2024

Times: 1:30 pm – 3:00 pm CT (8:30 am – 10:00 am HST)

Registration:

<https://und.zoom.us/meeting/register/tJUvcOuhpz4iHdRr7QZyULqQHlapjjo5QbGt? x zm rtaid=w3pfWar7T2Gflad5wjeB4w.1713391186001.1604a3afbb55dcdd43adbd0a623896ba& x zm rhtaid=270#/registration>

June 2024

Title: Vulnerable Populations Series, Part 2 of 3 – Human Trafficking and Brain Injury Implications

Format: Virtual

Cost: Free

Speakers: Theresa Flores, MSW

Sponsored by: National Association of State Head Injury Administrators (NASHIA)

Date: June 5, 2024

Time: 12:00 pm – 1:00 pm ET (6:00 am – 7:00 am HST)

Registration: <https://www.nashia.org/trainings/human-trafficking-and-bi-webinar>

Additional Information: Part 1 took place on May 15. Part 3 takes place on June 18. You must register separately for each part. You do not have to attend all sessions.

Title: 2024 Hawaii Sports Medicine Summit

Format: Hybrid; online and in-person in Honolulu, HI

Cost: There is a cost associated with this event

Speakers: Various

Sponsored by: Hawaii Athletic Trainers' Association, Hawaii Concussion Awareness Management Program, the University of Hawaii at Manoa College of Education and Hawaii Pacific Health

Dates: June 7 – 8, 2024

Time: June 7 – 8:00 am – 5:15 pm HST and June 8 – 8:00 am – 4:40 pm HST

Location: University of Hawaii at Manoa Campus Center Ballroom

Registration: <https://web.cvent.com/event/70c9abd4-9aa9-4d25-9f12-9e4665920d12/regProcessStep1>

Additional Information: <https://web.cvent.com/event/70c9abd4-9aa9-4d25-9f12-9e4665920d12/websitePage:be1135eb-f9c6-44b5-b26a-cf4da9994f90>

Title: National Neurotrauma Society (NNS) 2024 Symposium

Format: In-person in San Francisco, CA

Cost: There are costs associated with attending this meeting

Speakers: Various

Sponsored by: National Neurotrauma Society

Dates: June 9 – 12, 2024

Time: Varies

Registration: <https://www.neurotrauma-symposium.org/registration/>

Additional information: <https://www.neurotrauma-symposium.org/>

Title: Accessing Medicaid Administrative Claiming for Brain Injury Services and Supports

Format: Virtual

Cost: Free

Speaker: Maria Crowley, NASHIA Director of Professional Development and Jill Ferrington, NASHIA Technical Assistance Advisor are the facilitators. They are joined by guest speakers.

Sponsored by: National Association of State Head Injury Administrators (NASHIA) and DETAC – a RISE eLearning Community

Dates: Four sessions:

June 12, 2024

June 26, 2024

July 10, 2024

July 24, 2024

Time: 1:00 pm – 2:15 pm ET (7:00 am – 8:15 am HST)

Registration: Application link is coming soon

Additional information: You must apply to take part. The application deadline is May 24, 2024. Acceptance letters will be sent by June 5, 2024. Open to state brain injury programs.

Title: Vulnerable Populations Series, Part 3 of 3 – Beyond the Fight: UFC, MMA, and Brain Injury

Format: Virtual

Cost: Free

Speakers: Beth Adams, M.Ed., LRC

Sponsored by: National Association of State Head Injury Administrators (NASHIA)

Date: June 18, 2024

Time: 12:00 pm – 1:00 pm ET (6:00 am – 7:00 am HST)

Registration: <https://www.nashia.org/trainings/human-trafficking-and-bi-webinar>

Additional Information: Part 1 took place on May 15. Part 2 takes place on June 5. You must register separately for each part. You do not have to attend all sessions.

Title: Wellness Aspects in Neuropsychiatric Conditions

Format: Virtual

Cost: Free

Speaker: Paul Smith, MD, Director, Lifestyle Med, Wellness and Brain Health Center, Hawaii Pacific Neuroscience, and Clinical Assistant Professor of Medicine, University of Hawaii at Manoa, John A. Burns School of Medicine,

Sponsored by: University of Hawaii John A. Burns School of Medicine, Department of Psychiatry CME Grand Rounds

Date: June 21, 2024

Time: 12:00 pm – 1:00 pm HST

Additional information: Go to <https://www.facebook.com/HIPacNeuro/events>, call or text 808-261-4476, or send an email to info@hawaii@neuroscience.com

Title: Abilities Resource Fair

Format: In-person in Kahului, Maui

Cost: Free

Speakers: Various vendors with informational tables

Sponsored by: Maui County Office on Aging

Date: June 22, 2024

Time: 10:00 am – 2:00 pm

Additional information: For more information or to become a vendor, contact Nani Watanabe at noelaniw@gmail.com. Those with hearing loss can call her video phone at 808-800-4373. You can also call the Maui County Office on Aging at 808-270-7755.

August 2024

Title: Why the Eyes are a Window into the Brain After a Brain Injury

Format: Virtual

Cost: Free

Speakers: Dr. Erik Reis, Doctor of Chiropractic Medicine and Board Certified Chiropractic Neurologist with The Neural Connection

Sponsored by: North Dakota Brain Injury Network

Date: August 7, 2024

Time: 1:30 pm – 3:00 pm CT (8:30 am – 10:00 am HST)

Registration:

<https://und.zoom.us/meeting/register/tJwrcuqrqToqGtPRiL1wurUI1-1Lto6F9td#/registration>

Title: Best Principles of Data Visualization: Effective Messaging and Best Practices

Format: Virtual

Cost: \$125 or \$150

Speakers: Meihsi Chiang, Assistant Director of Evaluation and Dissemination, Evaluation Center, Brown School, Washington University in St. Louis
 Sponsored by: National Association of State Head Injury Administrators (NASHIA)
 Date: August 22, 2024
 Time: 12:00 pm – 3:00 pm ET (6:00 am – 9:00 am HST)
 Registration: <https://www.nashia.org/calendar#!event/register/2024/8/22/basic-principles-of-data-visualization-effective-messaging-and-best-practices>
 Additional Information:
<https://www.nashia.org/calendar#!event/2024/8/22/basic-principles-of-data-visualization-effective-messaging-and-best-practices>

September 2024

Title: 2024 Academy of Spinal Cord Injury Professionals, Inc. (ASCIP) Educational Conference and Expo
 Format: In-person in Chicago, IL
 Cost: There are costs associated with attending this meeting
 Speakers: Various
 Sponsored by: Academy of Spinal Cord Injury Professionals, Inc.
 Date: September 1 – 4, 2024
 Times: TBA
 Registration: TBA
 Additional information: TBA

Title: 35th Annual State of the States in Brain Injury Pre-Conference and Conference
 Format: In-person in Eugene, Oregon
 Cost: There is a cost associated with attending this meeting, depending upon whether you are a NASHIA member, a student, and when you register
 Speakers: Various
 Sponsored by: National Association of State Head Injury Administrators (NASHIA)
 Dates: September 16 – 19, 2024 (preconference on September 16 and main conference on September 17 – 19)
 Times: Vary daily
 Location: Graduate Hotel, 66 East 6th Avenue, Eugene, OR 97401

Registration: <https://www.nashia.org/calendar#!event/2024/9/16/nashia-apos-s-2024-state-of-the-states-in-brain-injury-conference-1>

Additional information: <https://www.nashia.org/sos2024>

Title: Fifth Biennial Conference on Paediatric Brain Injury

Format: In-person in Glasgow, Scotland

Cost: TBA

Speakers: Various

Sponsored by: International Paediatric Brain Injury Society (IPBIS)

Dates: September 18 – 21, 2024

Times: Vary by day

Registration: TBA

Additional information: Contact info@internationalbrain.org. There is also some information available at <https://www.internationalbrain.org/meetings-and-events/events/ipbis-conference-on-abi>

Title: ISCoS 2024 Annual Scientific Meeting

Format: In-person in Antwerp, Belgium

Cost: There are costs associated with attending this meeting

Speakers: Various

Sponsored by: The International Spinal Cord Society

Dates: September 22 – 25, 2024

Times: Vary daily

Registration: TBA

Additional information: Contact Marianne Bint at admin@iscos.org.uk. There is also some information at

https://iscosmeetings2024.org/programme/?gad_source=1&gclid=CjwKCAjwrcKxBhBMEiwAIVF8rCax2BAbKLmdV7YjImOhDGUt-j4BFASJD8gfQ8lejAzTc1Js4Z2CfRoCjRAQAvD_BwE

October 2024

Title: The Rancho Los Amigos Scale of Cognitive Recovery: A Guide to Understanding and Managing Recovery After Brain Injury (three-part series)

Format: Virtual

Cost: Free

Speakers: Sarah Ring, MS, CCC-SLP, CBIST
 Sponsored by: North Dakota Brain Injury Network
 Date: October 2, 16, and 30, 2024
 Times: 1:30 pm – 3:00 pm CT (8:30 am – 10:00 am HST)
 Registration: TBA

Title: From Brainwaves to Breakthroughs Neuroscience: The 15th Anniversary
 Hawaii Pacific Neuroscience Symposium
 Format: In-person in Kaneohe, HI
 Cost: \$195 before August 31, 2024, \$250 from September 1 – October 11, 2024,
 and \$300 for walk-ins
 Speakers: Various
 Sponsored by: Hawaii Pacific Neuroscience
 Date: October 19, 2024
 Time: 8:45 am – 5:00 pm HST
 Location: Koolau Ballrooms & Conference Center, 45-500 Kionaole, Kaneohe, HI
 Registration: <https://hawaii neuroscience.com/general-registration/>
 Additional information: <https://hawaii neuroscience.com/hpnevents/>

3. Organization and Business Meetings

May 2024

Meeting title: State Traumatic Brain Injury Advisory Board (STBIAB)
 Format: Hybrid; online and in-person on Oahu
 Sponsored by: Hawaii Department of Health, Neurotrauma Program
 Date: May 14, 2024
 Time: 1:30 pm – 4:00 pm HST
 To join the meeting: In-person at Diamond Head Health Center, 3627 Kilauea
 Avenue (1st floor), Conference Room 110, Honolulu, HI, 96816, or virtually via
 Zoom link: <https://us02web.zoom.us/j/575890360>
 Additional information: The term “neurotrauma” refers to brain injuries, spinal
 cord injuries, and strokes. The meeting is open to everyone with an interest in
 neurotrauma injuries. No registration required. For more information or to
 request accommodations, contact Michele Tong at
Michele.Tong@doh.hawaii.gov or call 808-733-2152.
 Website: <https://health.hawaii.gov/nt/stbiab/>

June 2024

Meeting title: Neurotrauma Advisory Board Meeting (NTAB)

Format: Hybrid; online and in-person on Oahu

Sponsored by: Hawaii Department of Health, Neurotrauma Program

Date: June 27, 2024

Time: 1:30 pm – 4:00 pm HST

To join the meeting: In-person at Diamond Head Health Center, 3627 Kilauea Avenue (1st floor), Conference Room 110, Honolulu, HI, 96816, or virtually via

Zoom link: <https://us02web.zoom.us/j/575890360>

Additional information: The term “neurotrauma” refers to brain injuries, spinal cord injuries, and strokes. The meeting is open to everyone with an interest in neurotrauma injuries. No registration required. For more information or to

request accommodations, contact Michele Tong at

Michele.Tong@doh.hawaii.gov or call 808-733-2152.

Website: <https://health.hawaii.gov/nt/ntab/>

July 2024

Meeting title: State Traumatic Brain Injury Advisory Board (STBIAB)

Format: Hybrid; online and in-person on Oahu

Sponsored by: Hawaii Department of Health, Neurotrauma Program

Date: July 9, 2024

Time: 1:30 pm – 4:00 pm HST

To join the meeting: In-person at Diamond Head Health Center, 3627 Kilauea Avenue (1st floor), Conference Room 110, Honolulu, HI, 96816, or virtually via

Zoom link: <https://us02web.zoom.us/j/575890360>

Additional information: The term “neurotrauma” refers to brain injuries, spinal cord injuries, and strokes. The meeting is open to everyone with an interest in neurotrauma injuries. No registration required. For more information or to

request accommodations, contact Michele Tong at

Michele.Tong@doh.hawaii.gov or call 808-733-2152.

Website: <https://health.hawaii.gov/nt/stbiab/>

Meeting title: Hawaii Disabilities and Healthcare Coalition (HDHC)

Format: Virtual

Sponsored by: Aloha Independent Living Hawaii, Pacific Basin Telehealth Resource Center, Pacific Disabilities Center

Date: July 17, 2024

Time: 3:00 pm – 5:00 pm HST

Zoom link:

<https://zoom.us/j/97356087356?pwd=ZXdlldHd5ZHV3aUYvRmJreitVUEg5UT09>

Additional information: Contact Violet Horvath at vhorvath@hawaii.edu

Meeting title: Keiki Injury Prevention Coalition (KIPC) / Safe Kids Quarterly Meeting

Format: Virtual

Sponsored by: Kapiolani Medical Center for Women and Children

Date: July 19, 2024

Time: 11:00 am – 12:30 pm HST

Zoom link: <https://hawaiipacifichealth-org.zoom.us/j/83620031465?pwd=cGkvTVQ3N3VQRlJ0NzMydUlRtT3N5Zz09>

Additional information: Contact Lisa Dau at lisa.dau@kapiolani.org

August 2024

Meeting title: Neurotrauma Advisory Board Meeting (NTAB)

Format: Hybrid; online and in-person on Oahu

Sponsored by: Hawaii Department of Health, Neurotrauma Program

Date: August 22, 2024

Time: 1:30 pm – 4:00 pm HST

To join the meeting: In-person at Diamond Head Health Center, 3627 Kilauea Avenue (1st floor), Conference Room 110, Honolulu, HI, 96816, or virtually via

Zoom link: <https://us02web.zoom.us/j/575890360>

Additional information: The term “neurotrauma” refers to brain injuries, spinal cord injuries, and strokes. The meeting is open to everyone with an interest in neurotrauma injuries. No registration required. For more information or to request accommodations, contact Michele Tong at Michele.Tong@doh.hawaii.gov or call 808-733-2152.

Website: <https://health.hawaii.gov/nt/ntab/>

September 2024

Meeting title: State Traumatic Brain Injury Advisory Board (STBIAB)

Format: Hybrid; online and in-person on Oahu

Sponsored by: Hawaii Department of Health, Neurotrauma Program

Date: September 10, 2024

Time: 1:30 pm – 4:00 pm HST

To join the meeting: In-person at Diamond Head Health Center, 3627 Kilauea Avenue (1st floor), Conference Room 110, Honolulu, HI, 96816, or virtually via

Zoom link: <https://us02web.zoom.us/j/575890360>

Additional information: The term “neurotrauma” refers to brain injuries, spinal cord injuries, and strokes. The meeting is open to everyone with an interest in neurotrauma injuries. No registration required. For more information or to request accommodations, contact Michele Tong at

Michele.Tong@doh.hawaii.gov or call 808-733-2152.

Website: <https://health.hawaii.gov/nt/stbiab/>

October 2024

Meeting title: Hawaii Disabilities and Healthcare Coalition (HDHC)

Format: Virtual

Sponsored by: Aloha Independent Living Hawaii, Pacific Basin Telehealth Resource Center, Pacific Disabilities Center

Date: October 16, 2024

Time: 3:00 pm – 5:00 pm HST

Zoom link:

<https://zoom.us/j/97356087356?pwd=ZXdlldHd5ZHV3aUYvRmJreitVUEg5UT09>

Additional information: Contact Violet Horvath at vhorvath@hawaii.edu

Meeting title: Keiki Injury Prevention Coalition (KIPC) / Safe Kids Quarterly Meeting

Format: Virtual

Sponsored by: Kapiolani Medical Center for Women and Children

Date: October 18, 2024

Time: 11:00 am – 12:30 pm HST

Zoom link: <https://hawaiipacifichealth-org.zoom.us/j/83620031465?pwd=cGkvTVQ3N3VQRlJ0NzMydUlRt3N5Zz09>

Additional information: Contact Lisa Dau at lisa.dau@kapiolani.org

Meeting title: Neurotrauma Advisory Board Meeting (NTAB)

Format: Hybrid; online and in-person on Oahu

Sponsored by: Hawaii Department of Health, Neurotrauma Program

Date: October 24, 2024

Time: 1:30 pm – 4:00 pm HST

To join the meeting: In-person at Diamond Head Health Center, 3627 Kilauea Avenue (1st floor), Conference Room 110, Honolulu, HI, 96816, or virtually via

Zoom link: <https://us02web.zoom.us/j/575890360>

Additional information: The term “neurotrauma” refers to brain injuries, spinal cord injuries, and strokes. The meeting is open to everyone with an interest in neurotrauma injuries. No registration required. For more information or to request accommodations, contact Michele Tong at

Michele.Tong@doh.hawaii.gov or call 808-733-2152.

Website: <https://health.hawaii.gov/nt/ntab/>

November 2024

Meeting title: State Traumatic Brain Injury Advisory Board (STBIAB)

Format: Hybrid; online and in-person on Oahu

Sponsored by: Hawaii Department of Health, Neurotrauma Program

Date: November 12, 2024

Time: 1:30 pm – 4:00 pm HST

To join the meeting: In-person at Diamond Head Health Center, 3627 Kilauea Avenue (1st floor), Conference Room 110, Honolulu, HI, 96816, or virtually via

Zoom link: <https://us02web.zoom.us/j/575890360>

Additional information: The term “neurotrauma” refers to brain injuries, spinal cord injuries, and strokes. The meeting is open to everyone with an interest in neurotrauma injuries. No registration required. For more information or to request accommodations, contact Michele Tong at

Michele.Tong@doh.hawaii.gov or call 808-733-2152.

Website: <https://health.hawaii.gov/nt/stbiab/>

December 2024

Meeting title: Neurotrauma Advisory Board Meeting (NTAB)

Format: Hybrid; online and in-person on Oahu

Sponsored by: Hawaii Department of Health, Neurotrauma Program

Date: December 12, 2024

Time: 1:30 pm – 4:00 pm HST

To join the meeting: In-person at Diamond Head Health Center, 3627 Kilauea Avenue (1st floor), Conference Room 110, Honolulu, HI, 96816, or virtually via

Zoom link: <https://us02web.zoom.us/j/575890360>

Additional information: The term “neurotrauma” refers to brain injuries, spinal cord injuries, and strokes. The meeting is open to everyone with an interest in neurotrauma injuries. No registration required. For more information or to request accommodations, contact Michele Tong at

Michele.Tong@doh.hawaii.gov or call 808-733-2152.

Website: <https://health.hawaii.gov/nt/ntab/>

4. Support Group Meetings

Brain Injuries

Support group title: Aloha Independent Living Hawaii Big Island Mixed Group Support Group

Format: In-person at various locations on Hawaii island

Dates: Third Thursday of every month

Time: 10:00 am – 12:00 pm HST

Location: Varies

Additional information: Comprised of adults with various disabilities, the group meets for fellowship and peer support. For more information, please contact Karin Riedel at 808-333-2408.

Support group title: Aloha Independent Living Hawaii Kauai Lualaba Peer Support Group

Format: In-person on Kauai

Dates: Last Thursday of the month HST

Additional information: For times, location, and other information, contact Holly Pickens-Torres at 808-652-6092.

Support group title: Aloha Independent Living Hawaii Molokai Keiki Support Group

Format: In-person on Molokai

Dates: Every third Wednesday of the month

Time: 2:00 pm – 3:00 pm HST

Location: Home Pumehana, Conference Room #1

Additional information: Contact Luana Angliam at 808-866-3792.

Support group title: Aloha Independent Living Hawaii Molokai Youth Support Group

Format: In-person on Molokai

Dates: Every fourth Friday of the month

Time: 10:30 am – 11:30 am HST

Location: Home Pumehana, Conference Room #1

Additional information: Contact Luana Angliam at 808-866-3792.

Support group title: Aloha Independent Living Hawaii Molokai Non-Ambulatory Support Group

Format: In-person on Molokai

Dates: Every second Friday of the month

Time: 10:30 am – 11:30 am HST

Location: Home Pumehana, Conference Room #1

Additional information: Consumers have the opportunity to voice their opinions regarding issues they are facing within their community and how they will move forward to take action as a group. For more information, please contact Luana Angliam at 808-866-3792.

Support group title: Brain Injury Oahu Support Group (BIOSG)

Format: In-person on Oahu

Dates: Monthly on Saturdays. Dates for 2024 are: February 24, March 30, April 27, May 25, June 29, July 27, August 31, September 28, October 26, November 30, December 28

Times: 10:00 am – 12:00 noon HST

Location: Catholic Charities Clarence TC Ching Campus, 1822 Keeaumoku Street, Meeting Room 3, Honolulu, HI but sometimes in other locations; check in advance

Additional information: Call or text BJ Wade at 808-221-8330.

Facebook: <https://www.facebook.com/BrainInjuryAssociationOfHawaii/>

Email: braininjuryofhawaii@gmail.com

Support group title: Concussion Legacy Foundation (CLF) Zoom Support Groups

Format: Virtual

Dates:

- Post-Concussion Patients: 1st Tuesday of the month
- Post-Concussion Caregivers: 2nd Tuesday of the month
- Suspected Chronic Traumatic Encephalopathy (CTE) Caregivers – 3rd Tuesday of the month
- Suspected Chronic Traumatic Encephalopathy (CTE) Patients – 4th Tuesday of the month
- Concussed Moms – 1st Thursday of the month
- CLF Canada Patient Groups – Weekly Monday, Wednesday, Thursday, Friday (international attendees welcome)

Times: Provided when you register

Additional information: Registration is required. Visit

<https://concussionfoundation.org/peer-support> for more information and to register. 1-on-1 Peer Support is also available, and they are looking for Peer Support Volunteers. There are Facebook Resources Groups. Information on these can be found at the link above (scroll down to view the information).

Support group title: Creative Arts Program

Format: In-person on Oahu

Cost: \$15 per session

Days: Available Tuesdays and Thursdays

Time: 12:30 pm – 3:30 pm

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI 96817

Additional information: For current and former REHAB inpatients and outpatients. Registration is required. Contact Melissa Mullen, Patient Experiences Manager, by email at art@rehabhospital.org or by phone at 808-566-3741

Website: <https://www.rehabhospital.org/programs/creative-arts-program>

Support group title: C.A.N. (Crush Ableism Now) Lunch Club

Format: In-person on Oahu

Dates: TBA

Times: TBA

Location: University of Hawaii at Manoa campus

Additional information: Monthly social lunch meeting for the disabled, chronically ill and neurodivergent University of Hawaii community, and anyone who wants to learn more about disability solidarity. Bring your own lunch. Light pupus provided.

Contact Dr. Daniela Bond-Smith at db48@hawaii.edu or call 808-203-7191.

Optional registration: <https://go.hawaii.edu/gYk>

Support group title: Hui Malama Po’o Support Group

Format: In-person in Honolulu, HI

Dates: Third Saturday of each month

Times: 1:00 pm – 3:00 pm HST

Location: REHAB Hospital of the Pacific, 226 N. Kuakini Street, Honolulu, HI 96817, Wo 4

Additional information: The Hui Malama Po’o support group objectives are to use crafting as cognitive therapy, provide support to people with brain and other neurotrauma injuries, educate others about neurotrauma through community outreach, give back to the community through Hui activities and events, and offer its products to sustain the group by collecting enough funds to purchase materials for crafting activities. For more information, contact Val Yamada at 808-385-5462.

Support group title: Kona Brain Injury Support Group

Format: Hybrid – In-person in Kona, HI, and online via Zoom

Dates: Second Wednesday of each month

Time: Varies to accommodate speakers or for other reasons, so always check the start time

To join the meeting online: Go to Zoom at www.zoom.com. In the upper right-hand corner, click “Join Meeting” and enter Meeting ID 808 274 6477. You will be placed in the virtual waiting room and the host will let you into the meeting.

To join the meeting in person: The meeting location is Anderson Wealth Planning, 75-1000 Henry Street, Suite 200. (In the same building as Planet Fitness.)

Additional information: Contact Karen Klemme at kklemme@hawaii.rr.com

Facebook: <https://www.facebook.com/groups/2671644676391469>

Support group title: Think Big! Support Group

Format: In-person on Kauai

Additional information: Currently not meeting.

Support group title: North Dakota Brain Injury Network Monthly Virtual Support Group

Format: Virtual

Dates: Last Monday of every month

Times: 2:00 pm CT (start time in Hawaii varies if there is or isn't Daylight Savings Time)

Additional information: All brain injury survivors, providers, and caregivers are welcome. Contact Carly Endres at 701-777-8004 or carly.endres@UND.edu with any questions. The Zoom link for the meeting can be found here:

<https://www.ndbin.org/services/support/monthly>

State and National Virtual Support Groups – Brain Injuries, Head Injuries, Caregivers

<https://www.biausa.org/public-affairs/media/virtual-support-groups>

Brain Tumors

Support group title: Brain Injury Oahu Support Group (BIOSG)

Format: In-person on Oahu

Dates: Monthly on Saturdays. Dates for 2024 are: February 24, March 30, April 27, May 25, June 29, July 27, August 31, September 28, October 26, November 30, December 28

Times: 10:00 am – 12:00 noon HST

Location: Catholic Charities Clarence TC Ching Campus, 1822 Keeaumoku Street, Meeting Room 3, Honolulu, HI but sometimes in other locations; check in advance

Additional information: Call or text BJ Wade at 808-221-8330.

Facebook: <https://www.facebook.com/BrainInjuryAssociationOfHawaii/>

Email: braininjuryofhawaii@gmail.com

Support group title: Creative Arts Program

Format: In-person on Oahu

Cost: \$15 per session

Days: Available Tuesdays and Thursdays

Time: 12:30 pm – 3:30 pm

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI 96817

Additional information: For current and former REHAB inpatients and outpatients. Registration is required. Contact Melissa Mullen, Patient Experiences Manager, by email at art@rehabhospital.org or by phone at 808-566-3741

Website: <https://www.rehabhospital.org/programs/creative-arts-program>

Support group title: C.A.N. (Crush Ableism Now) Lunch Club

Format: In-person on Oahu

Dates: TBA

Times: TBA

Location: University of Hawaii at Manoa campus

Additional information: Monthly social lunch meeting for the disabled, chronically ill and neurodivergent University of Hawaii community, and anyone who wants to learn more about disability solidarity. Bring your own lunch. Light pupus provided.

Contact Dr. Daniela Bond-Smith at db48@hawaii.edu or call 808-203-7191.

Optional registration: <https://go.hawaii.edu/gYk>

Support group title: Hui Malama Ola Na Oihi Cancer Support Group

Format: In-person in Hilo, HI

Dates: The second and fourth Tuesdays of each month

Time: 5:00 pm HST

Additional information: Sign up at <http://hmono.org/services/> and someone will contact you.

Support group title: Hui Malama Po'o Support Group

Format: In-person in Honolulu, HI

Dates: Third Saturday of each month

Times: 1:00 pm – 3:00 pm HST

Location: REHAB Hospital of the Pacific, 226 N. Kuakini Street, Honolulu, HI 96817, Wo 4

Additional information: The Hui Malama Po’o support group objectives are to use crafting as cognitive therapy, provide support to people with brain and other neurotrauma injuries, educate others about neurotrauma through community outreach, give back to the community through Hui activities and events, and offer its products to sustain the group by collecting enough funds to purchase materials for crafting activities. For more information, contact Val Yamada at 808-385-5462.

Support group title: Pacific Cancer Foundation Support Groups (for patients and survivors, and for caregivers)

Format: Virtual

Dates and times for Patients and Survivors Group: Every Monday at 5:30 pm HST via Zoom.

Dates and times for the Caregiver Support Group: Every Tuesday at 5:30 pm HST via Zoom.

Additional information: To sign up for either group, fill out the referral form:

<https://pacificcancerfoundation.org/patient-referral/>

Support group title: The Queen’s Medical Center Cancer Center has multiple support group and educational classes

Format: Virtual

Dates and times: Vary by class

Additional information: View the May – August 2023 calendar at

https://www.queens.org/wp-content/uploads/Cancer-Calend-2023-2_50123rev-1.pdf

Support group title: National Brain Tumor Society Brain Tumor Support Conversations

Dates: Third Sunday of every month

Times: 7:00 pm – 8:00 pm ET / 4:00 pm – 5:00 pm PT

Additional information: Register for the group at <https://braintumor.org/support-services/support-groups/brain-tumor-support-conversations/registration/>

American Brain Tumor Association

Search their website for brain tumor support groups nationwide:

<https://www.abta.org/supportgroups/>

Caregivers and Caregiving

This a listing of general groups (not specific to any disease or disorder) that are for caregivers only. However, many (if not all) of the other support groups listed in this newsletter also welcome caregivers along with survivors. Check with the group or groups you are interested in.

Support group title: Caregiver Support Groups

Format: In-person at various locations on Maui: Kahului, Upcountry, Lahaina, Hana, Kihei, and Wailuku. Sponsored by: Maui Adult Day Care Centers (MADCC) and Maui County Office on Aging

Dates: Varies by location

Times: Varies by location

Location: Kahului – Kahului Maui Adult Day Center. Upcountry – Eddie Tam Park, Makawao. Hana – Hana Senior Center. Kihei – Kihei Maui Adult Day Care Center. Wailuku – Ocean View Maui Adult Day Care Center.

Additional information: Call 808-871-5804. Please call to check information on the Lahaina support group.

Support group title: Caregiver Support Group (Honolulu location)

Format: Virtual (check to see if they also offer in-person)

Sponsored by: Project Dana

Dates: Every second and third Wednesdays

Times: 9:30 am – 12:00 pm HST

Location: Honpa Hongwanji Hawaii Betsuin, 1727 Pali Highway, Honolulu, HI 96813

Additional information: For caregivers of persons age 60 or older who are living at home. Contact Maria Morales at 808-945-3726 or cgsg@projectdana.org

Support group title: Caregiver Support Group (Waipahu location)

Format: Virtual (check to see if they also offer in-person)

Sponsored by: Project Dana

Dates: Every second Saturday

Times: 10:00 am – 12:00 pm HST

Location: Hongwanji Buddhist Temple, 94-821 Kuhaulua Street, Waipahu, HI 96797

Additional information: For caregivers of persons age 60 or older who are living at home. Contact Maria Morales at 808-945-3726 or cgsg@projectdana.org

Support group title: Caregiver Support Group

Format: In-person in Kaneohe, HI

Sponsored by: The Caregiver Foundation

Dates: 4th Wednesday of each month

Times: 2:00 pm – 3:30 pm HST

Location: Pohai Nani, 45-090 Namoku Street, Kaneohe, HI 96744

Additional information: Contact Jo Cinter at 808-236-7832

Support group title: Concussion Legacy Foundation (CLF) Zoom Support Groups

Format: Virtual

Dates:

- Post-Concussion Patients: 1st Tuesday of the month
- Post-Concussion Caregivers: 2nd Tuesday of the month
- Suspected Chronic Traumatic Encephalopathy (CTE) Caregivers – 3rd Tuesday of the month
- Suspected Chronic Traumatic Encephalopathy (CTE) Patients – 4th Tuesday of the month
- Concussed Moms – 1st Thursday of the month
- CLF Canada Patient Groups – Weekly Monday, Wednesday, Thursday, Friday (international attendees welcome)

Times: Provided when you register

Additional information: Registration is required. Visit

<https://concussionfoundation.org/peer-support> for more information and to register. 1-on-1 Peer Support is also available, and they are looking for Peer Support Volunteers. There are Facebook Resources Groups. Information on these can be found at the link above (scroll down to view the information).

Support group title: Exceptional Family Member Program – Army

Sponsored by: Army MWR

Additional information: <https://efmp.army.mil/EnterpriseEfmp/>. Also check the EFMP Benefits Fact Sheet.

Support group title: Exceptional Family Member Program – Marines
Sponsored by: Marine Corps Community Services
Additional information: <https://hawaii.usmc-mccs.org/marine-family-support/military-family-life/exceptional-family-member-program>

Support group title: “Gimme A Break” Weekly Support Sessions
Format: Virtual
Sponsored by: “Gimme A Break”
Dates: Every Tuesday evening
Times: 8:00 pm HST
Additional information: Go to <https://gab808.org/support-sessions/> to find the Zoom link to access the support sessions. For more information, visit their website at <https://gab808.org/>

Support group title: Kona Family Caregiver Support Group
Format: In-person in Kailua-Kona, HI
Sponsored by: Hawaii Community Caregiver Network
Dates: Second Saturdays of the month
Times: 11:00 am HST
Location: Regency Hualalai, 75-181 Hualalai Road, Kailua-Kona, HI
Additional information: Contact Joann D’Addio, M.Ed., at 773-294-8773 or ioana8275@gmail.com

Support group title: Micronesia Caregiver Support Group
Format: In-person in Honolulu, HI
Sponsored by: Kokua Kalihi Valley (KKV)
Dates: Last Thursdays of every month
Times: 9:30 am – 12:00 pm HST
Location: Kokua Kalihi Valley Gulick Elder Care Center, 1846 Gulick Avenue, Honolulu, HI 96819
Additional information: Call 808-848-0977 from Mondays – Fridays from 7:30 am – 4:30 pm. KKV also provides training for caregivers and respite workers.

Support group title: Native Hawaiian Caregiver Support Program
Sponsored by: Alu Like Inc.

Additional information: Alu Like has offices on Hawaii, Kauai, Maui, Molokai, and Oahu. For more information on the Native Hawaiian Caregiver Support Program, contact the Honolulu office at 808-535-6700.

Support group title: North Dakota Brain Injury Network Monthly Virtual Support Group

Format: Virtual

Dates: Last Monday of every month

Times: 2:00 pm CT (start time in Hawaii varies if there is or isn't Daylight Savings Time)

Additional information: All brain injury survivors, providers, and caregivers are welcome. Contact Carly Endres at 701-777-8004 or carly.endres@UND.edu with any questions. The Zoom link for the meeting can be found here:

<https://www.ndbin.org/services/support/monthly>

Support group title: Support Group

Format: In-person in Aiea/Pearl City, HI

Sponsored by: The Caregiver Foundation

Dates: First Mondays of the month

Times: 6:30 am – 8:30 am HST

Location: Hale Hauoli Adult Day Center

Additional information: Contact The Caregiver Foundation at 808-625-3782 or email gary@thecaregiverfoundation.org. Private sessions are also available.

Support group title: Traumatic Brain Injury Caregivers Support Group

Format: Virtual

Sponsored by: Traumatic Brain Injury Support Group for Family Caregivers

Dates: Once a month on Wednesdays

- Remaining 2024 dates: May 8, June 12, July 10, August 14, September 11, October 9, November 13, December 11
- 2025 dates: January 8

Times: The website lists 6:30 pm via Free Conferencing, but it does not specify the time zone. Based on certain clues, I think this is based in California, but please contact them to make sure and to get the link for the meetings.

Additional information: A form to request more information on meetings and other topics is located at <https://www.tbicaregiverssupportgroup.com/> (scroll down to find it). You can also email tbivallejo@gmail.com.

State and National Virtual Support Groups – Brain Injuries, Head Injuries, Caregivers

<https://www.biausa.org/public-affairs/media/virtual-support-groups>

Mental Health

Support group title: Creative Arts Program

Format: In-person on Oahu

Sponsored by: REHAB Hospital of the Pacific

Cost: \$15 per session

Days: Available Tuesdays and Thursdays

Time: 12:30 pm – 3:30 pm HST

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI 96817

Additional information: For current and former REHAB inpatients and outpatients. Registration is required. Contact Melissa Mullen, Patient Experiences Manager, by email at art@rehabhospital.org or by phone at 808-566-3741

Website: <https://www.rehabhospital.org/programs/creative-arts-program>

Support group title: C.A.N. (Crush Ableism Now) Lunch Club

Format: In-person on Oahu

Dates: TBA

Times: TBA

Location: University of Hawaii at Manoa campus

Additional information: Monthly social lunch meeting for the disabled, chronically ill and neurodivergent University of Hawaii community, and anyone who wants to learn more about disability solidarity. Bring your own lunch. Light pupus provided. Contact Dr. Daniela Bond-Smith at db48@hawaii.edu or call 808-203-7191.

Optional registration: <https://go.hawaii.edu/gYk>

Support group title: The Tutu's House Women's Support Group

Format: Virtual

Sponsored by: Tutu's House

Cost: Free

Days: First Friday of each month

Time: 12:00 pm – 1:30 pm HST

Registration is required. Register online at:

<https://us06web.zoom.us/meeting/register/tZYldequrTMoGNWkw3t0xbTwi2Nh8TxxYlQS#/registration>

Support group title: United Self-Help Anxiety and Depression Support Group

Format: Virtual

Sponsored by: United Self-Help

Dates: Every Monday

Time: 6:00 pm HST

To join the meeting via Zoom link:

<https://us02web.zoom.us/j/9054764569?pwd=TkpxNmREcVZxcXdVaVlrQzROajVJQT09#success>

Additional information: If you have Zoom downloaded on your computer or smartphone:

Meeting ID: 905 476 4569, click to join with video

Password: 808

Website: <http://unitedselfhelp.org/>

Support group title: United Self-Help 4th Friday Night

Format: In-person in Honolulu, HI

Sponsored by: United Self-Help

Dates: Fourth Friday of each month

Time: 6:00 pm – 8:00 pm HST

Location: Moiliili Hongwanji Buddhist Temple, 902 University Avenue, Honolulu, HI 96826

Website: <http://unitedselfhelp.org/>

Support group title: United Self-Help Recovery and Support Group

Format: In-person in Honolulu, HI

Sponsored by: United Self-Help

Dates: Every Thursday

Time: 3:00 pm – 5:00 pm HST

Location: Moiliili Hongwanji Buddhist Temple, 902 University Avenue, Honolulu, HI 96826

Website: <http://unitedselfhelp.org/>

Support group title: United Self-Help Support Group

Format: Virtual

Sponsored by: United Self-Help

Dates: Every Tuesday

Time: 1:00 pm HST

To join the meeting via Zoom link:

<https://us02web.zoom.us/j/9054764569?pwd=TkpxNmREcVZxcXdVaVlrQzROajVJQT09#success>

Additional information: If you have Zoom downloaded on your computer or smartphone:

Meeting ID: 905 476 4569, click to join with video

Password: 808

Website: <http://unitedselfhelp.org/>

Support group title: United Self-Help Writer's in Recovery Support Group

Format: Virtual

Sponsored by: United Self-Help

Dates: First and third Wednesday of each month

Time: 3:30 pm HST

To join via Zoom link:

<https://us02web.zoom.us/j/9054764569?pwd=TkpxNmREcVZxcXdVaVlrQzROajVJQT09#success>

Additional information: If you have Zoom downloaded on your computer or smartphone:

Meeting ID: 905 476 4569, click to join with video

Password: 808

Website: <http://unitedselfhelp.org/>

Stroke Support

Support group title: Aloha Independent Living Hawaii Big Island Mixed Group Support Group

Format: In-person at various locations on Hawaii island

Dates: Third Thursday of every month

Time: 10:00 am – 12:00 pm HST

Location: Varies

Additional information: Comprised of adults with various disabilities, the group meets for fellowship and peer support. For more information, please contact Karin Riedel at 808-333-2408.

Support group title: Aloha Independent Living Hawaii Kauai Lualaba Peer Support Group

Format: In-person on Kauai

Dates: Last Thursday of the month

Additional information: For times, location, and other information, contact Holly Pickens-Torres at 808-652-6092.

Support group title: Aloha Independent Living Hawaii Molokai Keiki Support Group

Format: In-person on Molokai

Dates: Every third Wednesday of the month

Time: 2:00 pm – 3:00 pm HST

Location: Home Pumehana, Conference Room #1

Additional information: Contact Luana Angliam at 808-866-3792.

Support group title: Aloha Independent Living Hawaii Molokai Youth Support Group

Format: In-person on Molokai

Dates: Every fourth Friday of the month

Time: 10:30 am – 11:30 am HST

Location: Home Pumehana, Conference Room #1

Additional information: Contact Luana Angliam at 808-866-3792.

Support group title: Aloha Independent Living Hawaii Molokai Non-Ambulatory Support Group

Format: In-person on Molokai

Dates: Every second Friday of the month

Time: 10:30 am – 11:30 am HST

Location: Home Pumehana, Conference Room #1

Additional information: Consumers have the opportunity to voice their opinions regarding issues they are facing within their community and how they will move forward to take action as a group. For more information, please contact Luana Angliam at 808-866-3792.

Support group title: Brain Injury Oahu Support Group (BIOSG)

Format: In-person on Oahu

Dates: Monthly on Saturdays. Dates for 2024 are: February 24, March 30, April 27, May 25, June 29, July 27, August 31, September 28, October 26, November 30, December 28

Times: 10:00 am – 12:00 noon HST

Location: Catholic Charities Clarence TC Ching Campus, 1822 Keeaumoku Street, Meeting Room 3, Honolulu, HI but sometimes in other locations; check in advance

Additional information: Call or text BJ Wade at 808-221-8330.

Facebook: <https://www.facebook.com/BrainInjuryAssociationOfHawaii/>

Email: braininjuryofhawaii@gmail.com

Support group title: Creative Arts Program

Format: In-person on Oahu

Cost: \$15 per session

Days: Available Tuesdays and Thursdays

Time: 12:30 pm – 3:30 pm

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI 96817

Additional information: For current and former REHAB inpatients and outpatients. Registration is required. Contact Melissa Mullen, Patient Experiences Manager, by email at art@rehabhospital.org or by phone at 808-566-3741

Website: <https://www.rehabhospital.org/programs/creative-arts-program>

Support group title: C.A.N. (Crush Ableism Now) Lunch Club

Format: In-person on Oahu

Dates: TBA

Times: TBA

Location: University of Hawaii at Manoa campus

Additional information: Monthly social lunch meeting for the disabled, chronically ill and neurodivergent University of Hawaii community, and anyone who wants to learn more about disability solidarity. Bring your own lunch. Light pupus provided.

Contact Dr. Daniela Bond-Smith at db48@hawaii.edu or call 808-203-7191.

Optional registration: <https://go.hawaii.edu/gYk>

Support group title: Hilo Stroke Support Group

Format: Virtual

Dates: Second Tuesday of each month

Time: 4:00 – 5:00 pm HST

To join the group:

https://www.google.com/url?q=https://ehihalawai.zoom.us/j/91814580807?pwd=%3DSzRIZVJZTHFzVzFzSINwQnlzUHG2QT09&sa=D&source=calendar&ust=1653250928593396&usg=AOvVaw129kpUEQcZJKEfK-Cu_bt

Link can also be found at: <https://www.hilomedicalcenter.org/our-services/support-groups/our-stroke-support-group/>

Additional information: Contact Amy Shipley, Speech Language Pathologist, at ashipley@hhsc.org or call 1-808-931-3049

Support group title: Hui Malama Po’o Support Group

Format: In-person in Honolulu, HI

Dates: Third Saturday of each month

Times: 1:00 pm – 3:00 pm HST

Location: REHAB Hospital of the Pacific, 226 N. Kuakini Street, Honolulu, HI 96817, Wo 4

Additional information: The Hui Malama Po’o support group objectives are to use crafting as cognitive therapy, provide support to people with brain and other neurotrauma injuries, educate others about neurotrauma through community outreach, give back to the community through Hui activities and events, and offer its products to sustain the group by collecting enough funds to purchase materials for crafting activities. For more information, contact Val Yamada at 808-385-5462.

Support group title: Maui Memorial Medical Center Stroke Support Group

Format: Virtual

Dates: Third Thursday of each month

Time: 5:00 – 6:00 pm HST

For more information, visit <https://www.mauihealth.org/services/stroke-care/>

Support group title: Queen's Medical Center Stroke Survivors Online Support Group: How to Thrive on our Islands After Stroke

Format: Virtual

Dates: Second Wednesday of each month

Time: 5:30 – 7:00 pm HST

Additional information: Free, but register online to get Webex link.

<https://www.queens.org/events/survivor-stroke-online-support-group-how-to-thrive-on-our-islands-after-stroke-2/?occurrence=2022-02-09&time=1644427800>

Support group title: Stroke Club

Format: In-person on Oahu

Dates: First Thursday of each month

Time: 10:00 am – 11:00 am

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI 96817, Frear Cafeteria

Additional information: For more information or to RSVP, contact Melissa Mullen, Patient Experiences Manager, by email at Melissa.mullen@rehabhospital.org or by phone at 808-566-3741.

Support group title: Think Big! Support Group

Format: In-person on Kauai

Additional information: Currently not meeting.

American Stroke Association Stroke Support Group Finder

<https://www.stroke.org/en/stroke-support-group-finder>

Spinal Cord Injuries

Support group title: Aloha Independent Living Hawaii Big Island Mixed Group Support Group

Format: In-person at various locations on Hawaii island

Dates: Third Thursday of every month

Time: 10:00 am – 12:00 pm HST

Location: Varies

Additional information: Comprised of adults with various disabilities, the group meets for fellowship and peer support. For more information, please contact Karin Riedel at 808-333-2408.

Support group title: Aloha Independent Living Hawaii Kauai Laulima Peer Support Group

Format: In-person on Kauai

Dates: Last Thursday of the month

Additional information: For times, location, and other information, contact Holly Pickens-Torres at 808-652-6092.

Aloha Independent Living Hawaii Molokai Keiki Support Group (in person on Molokai)

Held every third Wednesday of the month from 2:00 pm – 3:00 pm at Home Pumehana, Conference Room #1. For more information, please contact Luana Angliam at 808-866-3792.

Support group title: Aloha Independent Living Hawaii Molokai Youth Support Group

Format: In-person on Molokai

Dates: Every fourth Friday of the month

Time: 10:30 am – 11:30 am HST

Location: Home Pumehana, Conference Room #1

Additional information: Contact Luana Angliam at 808-866-3792.

Aloha Independent Living Hawaii Molokai Non-Ambulatory Support Group (in person on Molokai)

Held every second Friday of the month from 10:30 am – 11:30 am at Home Pumehana, Conference Room #1. Consumers have the opportunity to voice their opinions regarding issues they are facing within their community and how they will move forward to take action as a group. For more information, please contact Luana Angliam at 808-866-3792.

Support group title: Creative Arts Program

Format: In-person on Oahu

Cost: \$15 per session

Days: Available Tuesdays and Thursdays

Time: 12:30 pm – 3:30 pm

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI 96817

Additional information: For current and former REHAB inpatients and outpatients. Registration is required. Contact Melissa Mullen, Patient Experiences Manager, by email at art@rehabhospital.org or by phone at 808-566-3741

Website: <https://www.rehabhospital.org/programs/creative-arts-program>

Support group title: C.A.N. (Crush Ableism Now) Lunch Club

Format: In-person on Oahu

Dates: TBA

Times: TBA

Location: University of Hawaii at Manoa campus

Additional information: Monthly social lunch meeting for the disabled, chronically ill and neurodivergent University of Hawaii community, and anyone who wants to learn more about disability solidarity. Bring your own lunch. Light pupus provided. Contact Dr. Daniela Bond-Smith at db48@hawaii.edu or call 808-203-7191.

Optional registration: <https://go.hawaii.edu/gYk>

Support group title: Hui Malama Po’o Support Group

Format: In-person in Honolulu, HI

Dates: Third Saturday of each month

Times: 1:00 pm – 3:00 pm HST

Location: REHAB Hospital of the Pacific, 226 N. Kuakini Street, Honolulu, HI 96817, Wo 4

Additional information: The Hui Malama Po’o support group objectives are to use crafting as cognitive therapy, provide support to people with brain and other neurotrauma injuries, educate others about neurotrauma through community outreach, give back to the community through Hui activities and events, and offer its products to sustain the group by collecting enough funds to purchase materials for crafting activities. For more information, contact Val Yamada at 808-385-5462.

JUST ADDED – Support group title: Maui Wheelers

Format: In-person on Maui

Dates: First Wednesday of each month

Times: 1:00 pm – 4:00 pm HST

Location: Contact them to find out the location

Additional information: They have a Facebook page at

<https://www.facebook.com/MauiWheelers/> and you can email them at MauiWheelers@gmail.com. They are a support group and Maui resource for individual who use a wheelchair, scooter, walker, or other assistive mobility device, and for their ohana – family, friends, and caregivers.

Support group title: Think Big! Support Group

Format: In-person on Kauai

Additional information: Currently not meeting.

Spinal Cord Injury Online Communities

<https://www.sci-info-pages.com/online-communities/>

Spinal Cord Injury Support Groups

<https://www.spinalcord.com/spinal-cord-injury-support-groups>

United Spinal Association Chapter Network

<https://unitedspinal.org/support/chapter-network/>

JUST ADDED – Support group title: United Spinal Association Advocacy LIVE

Format: Virtual

Dates: Third Thursday of every month

Time: Alternates each month between 5 pm and 1 pm ET

Registration:

<https://us02web.zoom.us/meeting/register/tZlqfuygqz8jHdVFxsZmHRSYFRvXqRB-HrUI?fbclid=IwAR0kgxZZuWR3OazgebBzgvI8eAgm78sbxKbCYs9bH6I9urcEsnWkDw4ZELk#/registration>

JUST ADDED – Support group title: Kelly Brush Foundation / United Spinal Association Active Project Live Bi-Weekly Zoom Recreation Discussion Group

Format: Virtual

Dates: Every other Tuesday starting April 2, 2024

Time: 5:30 pm ET

Additional information: Discussion group focused on adaptive sports and recreational activities. Learn more and register at

<https://unitedspinal.org/events/active-project-live/>

Support group title: United Spinal Association Empowering Parental Caregivers Support Group

Format: Virtual

Dates: Every second and fourth Tuesday of the month

Time: 7:00 pm – 8:00 pm ET

Registration: <https://us02web.zoom.us/meeting/register/tZEtc-ytrz0oGNGfgA8DTUyYf6vu2NRswdKT#/registration>

Additional information: For parents and guardians of children, adolescents, or young adults with SCI or mobility disabilities

JUST ADDED – Support group title: United Spinal Association Resource Center Live

Format: Virtual

Dates: Every fourth Wednesday of the month

Time: 4:00 pm ET

Registration:

<https://us02web.zoom.us/meeting/register/tZUuduCuqDliGtctu96aqMrmC87SXxW3FydB#/registration>

JUST ADDED – Support group title: United Spinal Association Rolling with Pride Support Group

Format: Virtual

Dates: First Wednesday of each month

Time: 6:00 pm ET

Registration: <https://us02web.zoom.us/meeting/register/tZ0rd-mrgjstHNBihBRobjafYZrsfragrHH7#/registration>

Additional information: For LGBTQIA wheelchair users and allies

Support group title: United Spinal Association's Social Hour

Format: Virtual

Dates: Every Thursday

Time: 1:00 pm ET

Registration: <https://unitedspinal.org/events/united-spinal-social-hour/>

JUST ADDED – Support group title: United Spinal Association's TechTalks

Format: Virtual

Dates: Second Thursday of each month

Time: 5:00 pm ET

Registration: <https://us02web.zoom.us/meeting/register/tZArdO-gqDwpGNVsVGt4f8gPz973EVLfq3cT#/registration>

5. Articles on Brain Injuries

Innovation Trends in Technologies for the Prevention, Treatment, and Management of Traumatic Brain Injury: A Workshop

https://www.nationalacademies.org/event/41911_04-2024_innovation-trends-in-technologies-for-the-prevention-treatment-and-management-of-traumatic-brain-injury-a-workshop

The meeting was held on April 15, 2024. This link leads to the video playlist and meeting materials.

A Call for Brain Injury to be Recognized, Treated and Covered as a Chronic Health Condition

<https://www.biausa.org/brain-injury-as-a-chronic-condition>

Nearly One-Third of Patients with TBI have Marginal or Inadequate Health Literacy

<https://www.eurekalert.org/news-releases/1039520>

Newly Approved Rapid Blood Test for Traumatic Brain Injury Could Speed Up Treatment for Troops

<https://www.military.com/daily-news/2024/04/03/newly-approved-rapid-blood-test-traumatic-brain-injury-could-speed-treatment-troops.html>

Impacts of Repeated Blast Exposure on Active-Duty United States Operations Forces

<https://www.pnas.org/doi/10.1073/pnas.2313568121>

Ultrasound-Damaged Organoids Show How Brain Injury May Progress in ALS

<https://healthimaging.com/topics/clinical/clinical-research/ultrasound-organoids-tbi-brain-als-study>

Advancements in Concussion Management: Insights from Dr. Steven Broglio and NATA's Latest Recommendations

<https://concussion.umich.edu/news/archive/advancements-in-concussion-management-insights-from-dr-steven-broglio-and-natas-latest-recommendations/>

Introduction to the Special Issue on Pediatric Educational Re-Entry After TBI

<https://content.iospress.com/articles/neurorehabilitation/nre230002>

Hotz Spot Ep. 1: Concussion in Sports (podcast)

<https://kidzneurosciencecenter.com/hotz-spot-ep-1/>

Collaborative Return-to-Classroom Protocol for Concussed College Students

<https://concussion.umich.edu/news/archive/collaborative-return-to-classroom-protocol-for-concussed-college-students/>

Study Finds Rising Rates of Head and Facial Injuries from Exercise and Weightlifting

<https://medicalxpress.com/news/2024-03-facial-injuries-weightlifting.html>

Power of Patients – Vascular Dementia

https://www.powerofpatients.com/blog/power-of-patients-vascular-dementia?utm_source=linkedin&utm_medium=blog.post-promoter&utm_campaign=f7eb4c7f-9784-45c5-a9c3-3acc89b3a114

Power of Patients – Head Injuries in Soccer

<https://www.powerofpatients.com/blog/power-of-patients-head-injuries-in-soccer>

Power of Patients – Enhancing Traumatic Brain Injury Rehabilitation: How the Sallie Platform Empowers Physical Therapists

<https://www.powerofpatients.com/blog/enhancing-traumatic-brain-injury-rehabilitation-how-the-sallie-platform-empowers-physical-therapists>

The Maori All Black Remembered for His Brain Disease

<https://www.youtube.com/watch?v=4FU9FOqLR8M>

This is a YouTube video in memory of All Black rugby player, Billy Guyton, New Zealand's first professional rugby player diagnosed with CTE. Concussion forced him into retirement at age 28 and he died five years later, committing suicide at the age of 33.

New Study Validates Predication Rules for Pediatric Intra-Abdominal and Traumatic Brain Injuries

<https://medicalxpress.com/news/2024-04-validates-pediatric-intra-abdominal-traumatic.html>

Racial Distribution and Associated Outcomes for Patients with and without Severe-Isolated Traumatic Brain Injuries Following Venous Thromboembolism Prophylaxis

<https://pubmed.ncbi.nlm.nih.gov/38053263/>

6. Articles on Brain Tumors

Genetically Engineering a Treatment for Incurable Brain Tumors

<https://www.sciencedaily.com/releases/2024/04/240422120626.htm>

Zika Virus Vaccine Emerges as an Unlikely Hero in Battling Brain Cancer

<https://www.sciencedaily.com/releases/2024/03/240308123306.htm>

7. Articles on Spinal Cord Injuries

INside the OUTcomes: A Rehabilitation Research Podcast – Episode 13: Spinal Cord Injury and Mental Health

<https://www.sralab.org/research/labs/cror/projects/inside-outcomes-rehabilitation-research-podcast>

Listen, watch, or download the transcript.

Functional Fitness: How to Make Your Transfers Easier

<https://newmobility.com/how-to-make-your-transfers-easier/>

Residential Mobility and Reasons for Moving Among People Living with Spinal Cord Injury: Results of a Multisite Survey Study (abstract only)

https://naric.com/content/cf-rehab-adv-srch-record?article_source=rehab&record_id=176816&load_source=basic_search&search_id=390750&start_rec=0&user_name=public.user.467577&international=0&drill_down=0&rehab_blank=0&intl_blank=0

Stars of New Musical ‘Most Likely Not To. . .’ Shine a Light on Spinal Muscular Atrophy (YouTube video)

<https://www.youtube.com/watch?v=eR44LWapu6I>

8. Articles on Stroke

More Than Half a Million Global Stroke Deaths May be Tied to Climate Change

<https://www.sciencedaily.com/releases/2024/04/240410161519.htm>

Power of Patients – Understanding Stroke Risk: Who is Most Vulnerable and Can Anyone be Affected?

<https://www.powerofpatients.com/blog/power-of-patients-understanding-stroke-risk-who-is-most-vulnerable-and-can-anyone-be-affected>

Power of Patients – Vascular Dementia

https://www.powerofpatients.com/blog/power-of-patients-vascular-dementia?utm_source=linkedin&utm_medium=blog.post-promoter&utm_campaign=f7eb4c7f-9784-45c5-a9c3-3acc89b3a114

Let's Talk About Maintaining Brain Health

https://www.stroke.org/en/help-and-support/resource-library/lets-talk-about-stroke/maintaining-brain-health?utm_source=Together+To+End+Stroke+fy+2024&utm_medium=email&utm_campaign=emailname &utm_content=content4+cta&sc_campaign=79890DEB9E704C13939C0205B45526EE

Let's Talk About Black Americans and Stroke

https://www.stroke.org/en/help-and-support/resource-library/lets-talk-about-stroke/black-americans?utm_source=Together+To+End+Stroke+fy+2024&utm_medium=email&utm_campaign=emailname &utm_content=content3+cta&sc_campaign=79890DEB9E704C13939C0205B45526EE#tips

9. Fall Prevention

A Retrospective Study on the Outcomes of Injuries from Border Wall Falls

https://www.cureus.com/articles/185622-a-retrospective-study-on-the-outcomes-of-injuries-from-border-wall-falls?score_article=true#!/

10. Information on Related Topics

Getting Too Little Sleep Linked to High Blood Pressure

<https://www.sciencedaily.com/releases/2024/03/240327124753.htm>

Researchers Identify Over 2,000 Genetic Signals Linked to Blood Pressure in Study of Over One Million People

<https://www.sciencedaily.com/releases/2024/04/240430105545.htm>

Service Animals & the Americans with Disabilities Act (ADA) – infographic

<https://storage.googleapis.com/proudcity/pacificadacenterca/2024/03/Service-Animals-alt-text.pdf>

Nicole Lee: Survivor and Advocate for Ending Violence Against Women with Disabilities

<https://www.who.int/news-room/feature-stories/detail/nicole-lee-survivor-and-advocate-for-ending-violence-against-women-with-disabilities>

11. Presentations and Trainings

Powerful Tools for Caregivers (PTC) classes

Provided by the Hawaii Community Caregiver Network (HCCN), classes include a scripted curriculum and a copy of a handbook, The Caregiver Helpbook. Classes have resumed. There is a nominal \$10 registration fee. Please contact HCCN to get on their mailing list for upcoming classes. Their contact form is found at <https://hawaiicaregivers.org/contact>

Presentations offered by Pacific Disabilities Center, John A. Burns School of Medicine, University of Hawaii at Manoa

These presentations are offered online via Zoom free of charge to any interested group of members of the public and / or professionals. In certain cases, they may be offered in person. Presentations are adjusted to the time allotted and particular interests of the group. Please email Violet Horvath at vhorvath@hawaii.edu for more information or to schedule a presentation. The current list of presentations includes:

1. Preventing and Identifying Strokes, Spinal Cord Injuries, and Brain Injuries
2. Brain Injuries
3. Domestic Violence and Brain Injuries
4. Employment and Brain Injuries
5. Homelessness and Brain Injuries
6. The Basics of Advocacy
7. Working with Victims of Crime Who Have Disabilities
8. Medical Gaslighting
9. Law Enforcement and Persons with Disabilities
10. Trauma and Physical Disabilities

The Queen's Medical Center has a presentation available: "An Ounce of Prevention, a Lifetime of Reward: Fall Prevention and Home Safety." The presentation also includes some stretching and exercises for kupuna. It is free to all interested groups. Please contact TJ Donayri, BSN, RN, CEN, TCRN, CPST, who is the Clinical Coordinator Injury Prevention/Outreach and Education, Trauma Services, by calling 808-691-7059 or by sending an email to cdonayri@queens.org.

Neuropsychological Screening: Using Brain Injury and Cognitive Screening to Inform Treatment Planning Across Settings – Dr. Kim Gorgens, University of Denver. Sponsored by the National Association of State Head Injury Administrators (NASHIA)

A three-hour, three-part course designed for Masters-level professionals who are interesting in learning about the use of neuropsychological screening batteries for clinical practice. Geared towards community providers, behavioral health workers, social workers, vocational rehabilitation counselors, community rehabilitation provider staff, addictions professionals, etc. There is another module for supervisors and consultation / supervision hours available. There is a cost associated with these modules and consultation. For more information, go to <https://www.nashia.org/np-modules#!form/Neuropsych>.

The Michigan Sport-Related Concussion Training Certification course is available online via Coursera or Michigan Online. In this course, enrollees learn about the five key components of sport-related concussion. There is free access via the University of Michigan but others may need to pay for the training. Enroll at <https://online.umich.edu/courses/michigan-sport-related-concussion-training-certification/>

12. Research and Participation Opportunities

JUST ADDED – The University of Pittsburgh has a new survey out for stakeholders (people who use wheelchairs, carepartners / caregivers, clinicians, suppliers, manufacturers, technicians, policymakers, funding sources) about a better Complex Rehabilitation Technology policy. The survey takes 10 – 15 minutes to complete and can be found at:

https://pitt.co1.qualtrics.com/jfe/form/SV_2nUTM19JBihCJzE

JUST ADDED – The Inclusion, Diversity, Equity, and Accessibility Special Interest Group Gender Identity Task Force is looking for five volunteers who have sustained a traumatic brain injury and identify as transgender or non-binary to participate in an advisory board to review language for data collection for the Traumatic Brain Injury Model Systems Longitudinal Study. Contact Mackenzie Peckham at mpeckham@craighospital.org or 303-789-8543.

JUST ADDED – The Texas Model Spinal Cord Injury System is looking for participants to test a health promotion program for people aging with a traumatic SCI. It is an eight-week group intervention via videoconference. You must be at least 45 years old, 15 years post-injury, live in the US, communicate in English, and have access to a smartphone, tablet, or computer with Internet access. The flyer for the Live Longer and Stronger with SCI project is located at <https://sites.google.com/view/scidr/current-study-recruitment/living-longer-and-stronger-with-sci>. Participants receive a small payment for their time. Contact them to find out if you are eligible: 713-797-7767 or TIRR.LLSstudy@uth.tmc.edu.

JUST ADDED – The North American Spinal Cord Injury Consortium wants to know more about the information needs of people living with SCI. They are looking for participants with SCI, family members, spouses and partners, and caregivers. The survey takes about 20 minutes to complete. At the end, you can sign up for a chance to win a gift card. Take the survey at <https://www.surveymonkey.com/r/sciNeedsInfoSurvey24>.

JUST ADDED – The Rehabilitation Research and Training Center on Accommodations, Employment Supports, and Success for People with Physical Disabilities (ACCESS-PD) is looking for participants with physical disabilities to share their experiences with full-time permanent employment and/or non-traditional jobs for a study about how assistive technology and/or accommodations impact employment outcomes. Participants must be 18 years or older, have a physical disability, use assistive technology and/or accommodations for work, and be employed full-time and/or currently work in a non-traditional job. Eligible participants will be interviewed and will receive \$50 for their time. To be considered, complete a screening questionnaire (https://gatech.co1.qualtrics.com/jfe/form/SV_5sCGdVMdUSqJKnk). For more information, contact Salimah LaForce (salimah@cacp.gatech.edu, 404-385-4614).

The Initiative to Mobilize Partnerships for Success Assistive teChnology Transfer (IMPACT) has launched a Research Registry for Technology and Disability, where individuals can help shape the future of technology for people with disabilities. Participants need to be age 18 or older, comprehend English, and be a person with a disability, a caregiver, or a professional working with people with

disabilities. To join the Registry, fill out a questionnaire (<https://www.ctsiredcap.pitt.edu/redcap/surveys/>; use the access code HMPYYXEJA) which asks about you and your technology experience.

Indiana University is looking for people 18 or older living in the U.S. with a spinal cord injury, who have not previously been part of this project. The project is about travel motivation and the travel experiences of people living with an SCI. Take a 2 – 3-minute survey (https://iu.co1.qualtrics.com/jfe/form/SV_5aP9ju3OkEDBqQe) and, if you are selected, you will get a link to the full survey and directions online. Those who are selected and take the full survey will be offered a \$30 gift card for Amazon. For more information, send an email to travelX@indiana.edu or call 812-855-9037.

The Model Systems Knowledge Translation Center (MSKTC) is looking for information on the needs of people with spinal cord injuries, traumatic brain injuries, or burns. They want to hear from survivors, caregivers, clinicians, and state and federal program administrators. The survey takes about 10 minutes and is located at <https://websurveyor2.airws.org/se/2511374533213674>. For questions or more information contact MSKTC at msktc@air.org or call 202-403-6929.

The National Capital Spinal Cord Injury Model System Center is looking for clinical practitioners for a survey to document patterns of diagnosis of complex urinary tract infections in individuals with neurogenic lower urinary tract dysfunction due to spinal cord injury or diseases. The survey is located at: <https://www.surveymonkey.com/r/cUTlglobalguidelinesNLUTDIC>

Mount Sinai Advanced Rehabilitation Research Training in Brain Injury and Rehabilitation Research is accepting applications for a two-year postdoctoral fellowship in brain injury and rehabilitation research. Additional information and application details can be found at: https://mcusercontent.com/d04acfb7db8d95502b56ea3f2/files/b01fdf73-1914-4d3a-3c2e-76c56f25adb1/NIDILRR_ARRT_Recruitment_Notification_December_2023.pdf

The Rehabilitation Research Center at the Baylor Scott & White Research Institute is looking for persons who may be interested in participating in their various studies. They are looking for individuals who have had traumatic brain injuries, spinal cord injuries, strokes, and / or have had amputation. You can also specify what topic(s) of research you are interested in, e.g., weight loss, functional medical devices, and more. The form is located at:

<https://redcap.bswhealth.org/surveys/?s=FK7YWLAMY4>

The TechSAge Rehabilitation Engineering Research Center (RERC, at www.TechSAgeRERC.org) is looking for older adults to join a registry of individuals to take part in future research studies using a variety of methods, such as surveys, focus groups, interviews, technology evaluations, or other projects. Depending upon the study, you may be able to participate by phone, online, on campus, at your home, or in other locations. Compensation varies by study. To join the participant registry, go to

<https://redcap.healthinstitute.illinois.edu/surveys/?s=79F8WAX4LT>

Caregiver Interviews for AT (Assistive Technology) Research Focus Group – Assistive Technology Network is conducting interviews with care partners, caregivers, and family members of individuals who use assistive technology. Must be at least 18 years of age and supply routine support to individuals with disabilities of any age who have used, currently use, or plan to acquire AT. Eligible participants will be interviewed virtually, either individually or in small groups, for up to 90 minutes, and will be compensated for their time. Interested individuals may complete the screening form located at:

https://forms.office.com/pages/responsepage.aspx?id=u5ghSHuuJUuLem1_Mvqg_gwLrX2LOw2BOhChDMOVgEShUQUIwVk04RkhSMDgzMzY1SzBVWks5UFIKUi4u or contact Kelly Kolman at kkolman3@gatech.edu or 678-841-0554 for more information.

Telehealth TBI Healthy Lifestyle Study – The North Texas Traumatic Brain Injury Model Systems Center is recruiting individuals with TBI nationally for a study of a telehealth-based healthy lifestyle intervention. Must be between 18 and 80 years old, at least six months post-TBI, considered medically overweight, and above to participate in a physical activity. Participants complete 22 group-based telehealth

session over 12 months, and complete four assessments during the study period. Participants will be compensated for their time, and tablets and wi-fi hotspots will be provided to any participants who do not have reliable internet access. You can enroll online (<https://redcap.bswhealth.org/surveys/?s=MYT73NLYKP3JJD49>) or call or email Stephanie Calhoun at 214-228-5181 or stephanie.calhoun1@bwshealth.org.

National Capital SCI Model System Recruiting for a Study on Urinary Symptoms
The Model Systems Knowledge Translation Center (MSKTC) is recruiting people who are at least 18 years old and have a spinal cord injury, multiple sclerosis, or spina bifida to be in a study comparing the effectiveness of saline vs. probiotic bladder wash to reduce urinary symptoms. Participants will receive \$25 for completion of Phase 1 and 2, and \$50 for completion of Phase 3. If interested, please contact Emily Leonard, Ph.D., at Emily.m.leonard@medstarnet or 202-877-1844. In addition, MSTKC is looking for people to be SCI Ambassadors. All of this information can also be found at <https://msktc.org/about/sci-Model-Systems-Recruitment>

Hawaii Pacific Neuroscience is holding several clinical trials. Currently, they include studies on Alzheimer's Disease (memory), Parkinson's Disease, spasticity, Epilepsy, pain/headache/migraine, and several rare neurological diseases. Some studies may pay for travel to Oahu from other islands. Please call the Clinical Research Center Hotline at 808-564-6141 for more information.

Head Impact & Trauma Surveillance Study (HITSS)

Looking for people to enroll in the HITSS to find out the long-term brain health impacts of repetitive head impacts in soccer and tackle football. It involves a fully online annual assessment that should take about two hours to complete and can be done over several days. Go to: <https://www.hitss.org/>

13. Exercise Classes

For those not located in Hawaii, and who are located near a YMCA, check their website to see what classes they offer for free in person and virtually. Another possible source that may offer exercise classes is local or state hospitals.

Some of the classes listed below take place online, while others are on video, so an individual may participate from wherever they are located if they have a device that can link to the internet and they have internet access.

Exercise Classes in Hawaii

Listed below are free exercise classes offered by the St. Francis Caregiver Education and Wellness program. Go at your own pace and ability to move wherever you happen to be at class time. The exercises can help with strength, balance, fall prevention, etc. Many can be done while seated. Monthly registration is required, but you can register and join a class at any time during the month. Visit <https://www.stfrancishawaii.org/s/courses> for a list of classes and to register. All times listed are HST.

Virtual classes:

- a. Big Moves! Monday: Mondays, 8:00 am – 8:45 am HST
- b. Empower You!: Wednesdays, 8:00 am – 8:45 am HST
Designed for people diagnosed with Parkinson's Disease, but open to everyone
- c. Body & Brain Yoga Tai Chi: Tuesdays, 9:00 am – 10:00 am HST
- d. Zumba by Frances: Mondays, Wednesdays, and Fridays, 5:15 pm – 6:15 pm HST
- e. Zumba Gold by Frances: Saturdays, 8:00 am – 9:00 am HST
Zumba Gold is a lower intensity Zumba class with easy-to-follow choreography

In-person classes (at St. Francis Kupuna Village Senior Community Center, 2230 Liliha Street):

- a. Zumba Gold by Frances: Thursdays, 2:30 pm – 3:15 pm

Hawaii Pacific Health (HPH) has resumed offering exercise classes. Some take place in-person at Kapiolani Women's Center, some in-person at Straub Medical Center – Pearlridge Clinic, and some are available virtually. There is a modest cost associated with the classes and for some virtual classes you will need to purchase equipment needed to participate from home. Their list of all classes (exercise and other classes) is located at <https://www.hawaiipacifichealth.org/health->

[wellness/classes/?page=1](#) or you can call HPH's Health Contact Center at 808-527-2588 for more information. Note: They also do car seat checks at their various locations. These are also listed on the classes page.

The Island of Hawaii YMCA has free fitness videos online that include chair dancing, dance fitness, basic hula, tai chi, qigong, chair yoga, yoga for seniors, senior bon dance tutorial, and morning exercise. The videos can be found at <https://islandofhawaiiymca.org/programs/health-fitness/fitness-videos/>

Rock Steady Boxing is a collaboration between Pacific Island Fitness and the Hawaiian Parkinson's Association. It is a boxing program with weekly classes for Parkinson's patients in Kona, Hawaii. For more information, contact Kym Gentry-Peck via email at kymgpeck@gmail.com or call 808-494-5193.

808B-fit is health and fitness for kupuna (including caregivers and care receivers). They offer a variety of pre-recorded video exercise classes that you can do anytime from Big Island (Hawaii) teachers. Visit their website at <https://808b-fit.com/> for more information and links to the videos.

Tutu's House in Waimea, Hawaii, offers various exercise classes, such as yoga basics, chair yoga, yoga stretch, tai chi, and mat Pilates. Some classes are in-person, some are via Zoom only, while others are hybrid classes. Register in advance for all classes by calling 808-885-6777 or by sending an email to newsletter@tutushouse.org. Their calendar of events is located at <https://www.tutushouse.org/activities/>.

The Osher Lifelong Learning Institute, or OLLI, offers a range of classes on a variety of topics for those who are 50+, including exercise classes, to its members. Some are in-person, some are online. Classes are offered at/through the University of Hawaii at Manoa, Kapiolani Community College, Windward Community College, and Leeward Community College, all on Oahu. Please note: You must become an OLLI member, and there is a cost associated with becoming a member. You can learn more at <https://olliuhm.augusoft.net/>

The Maui Family YMCA offers a Parkinson's Fitness program. You must be a member to attend the sessions. There is a charge of \$10 or \$15/month for YMCA members and \$30/month for potential members. For more information, go to <https://www.mauiyymca.org/fitness-programs/>

The YMCA of Honolulu offers a Kupuna Tai Chi for Arthritis and Fall Prevention class, which is open and free to the public for anyone 60 years or older only. YMCA membership is not required. In-person classes only at Leeward YMCA on Tuesdays and Thursdays from 9:00 – 10:00 am. Visit <https://www.ymcahonolulu.org/programs/seniors/classes-activities> for more information and to learn how to register.

14. Agency Resource Manuals

AARP Family Caregiving - <https://www.aarp.org/caregiving/>
A collection of information, not specific to Hawaii

County of Kauai Kupuna Resource Directory
<https://www.kauai.gov/files/assets/public/agency-on-elderly-affairs/documents/2023rvsdresource-directory-english.pdf>
Revised 2022

Hawaii Aging & Disability Caregiver Resources -
<https://www.hawaiiadrc.org/caregiver-resources>
Includes links to Memory Care Roadmap for Family Caregivers and Eldercare Locator.

Hawaii Aging & Disability Food Resources, COVID-19 Supplement version 2 -
<https://www.hawaiiadrc.org/Data/Sites/1/media/Publications/Food%20Resources%20April%2017%202020%20FINAL.pdf>
Revised April 2020; keep in mind some of this information may have changed because of changes to the COVID-19 situation in Hawaii

Hawaii Department of Safety Community Resource Guide -
<https://dps.hawaii.gov/wp-content/uploads/2021/04/Community-Resource-Guide.pdf>

Last updated in 2021

Hawaii Elderly Affairs Division Senior Handbook -

https://www.elderlyaffairs.com/Portals/AgencySite/DCS%202021%20Senior%20Handbook_vD2FINAL.pdf

Last updated in 2022

Hawaii State Health Insurance Assistance Program (SHIP) Resource Publications on Medicare, Medigap, and Staying Healthy (scroll down past the phone numbers and URLs to find links to the publications on all kinds of related topics)

<https://www.hawaiihip.org/resources/medicare/#resources-medicare-publications>

Hawaii's Fraud Prevention and Resource Guide, 3rd Edition –

https://www.hawaiiadrc.org/Data/Sites/1/media/Publications/21164_Text.pdf

Last updated May 2020

Honolulu Magazine 2023 Kupuna Guide -

<https://www.honolulumagazine.com/2023-kupuna-guide/>

Mental Health America of Hawaii - <https://mentalhealthhawaii.org/wp-content/uploads/Finding-Help-Resource-Directory-09.29.21.pdf>

Last updated July 2021

Special Parent Information Network (SPIN) Community Resources Guide -

<http://spinhawaii.org/resource-guide/>

Last updated in 2022

15. Additional Resources

Brain Injuries - General

Brain Foundation / Migraine & Headache Australia Newsletters

<https://brainfoundation.org.au/newsletters/>

Brain Injury Association of America The Challenge! Magazine

<https://www.biausa.org/public-affairs/public-awareness/challenge-magazine>

Brain Injury Association of American – How to Participate in Clinical Trials
<https://www.biausa.org/public-affairs/media/how-to-participate-in-clinical-trials>

Brain Injury Association of America Resource Center – webinars and lecture recordings
<https://www.biausa.org/professionals/education>

Brain Injury Association of Hawaii Newsletter
Email your request to subscribe to: braininjuryofhawaii@gmail.com

Concussion Legacy Foundation
<https://concussionfoundation.org/>
From the homepage, click on “Resource Center”

Hawaii Pacific Neuroscience weekly e-newsletter
To subscribe, send an email to: kliow@hawaii.edu

Health Disparities and TBI
<https://vbis.ca/brain-injury-basics-indigenous-peoples/>

Improving Systems of Care for Traumatic Brain Injury
<https://nap.nationalacademies.org/catalog/27205/improving-systems-of-follow-up-care-for-traumatic-brain-injury>

International Brain Injury Association Webinar Series
<https://www.internationalbrain.org/meetings-and-events/ibia-webinar-series>

The Journal of Head Trauma Rehabilitation
<https://journals.lww.com/headtraumarehab/pages/currenttoc.aspx>
The current issue (January/February 2024) focuses on chronic pain.

JUST ADDED – LoveYourBrain
<https://www.loveyourbrain.com/>

Mind Your Brain Foundation

There are resources for survivors and service providers, such as Road Map to Recovery and a podcast series.

Home: <https://www.mindyourbrainfoundation.org/>

Resources: <https://www.mindyourbrainfoundation.org/resource/>

Events: <https://www.mindyourbrainfoundation.org/conferences/>

Model Systems Knowledge Translation Center (MSKTC) SCI – TBI – Burn Newsletter Archives

<https://msktc.org/newsletter/archives>

National Association of State Head Injury Administrators Trainings On Demand Archive

<https://www.nashia.org/trainings-archive>

National TBI Registry Coalition

<https://nationaltbiregistry.org/>

North Dakota Brain Injury Network Archived Webinars (brain injury and stroke)

<https://www.ndbin.org/events/webinars>

North Dakota Brain Injury Network – Updates and Newsletter

<https://www.ndbin.org/subscribe>

Power of Patients

Free, customizable app to help patients and caregivers track their brain injury symptoms and triggers.

<https://www.powerofpatients.com/>

Sex, Gender and TBI: A Path to Recovery and Care

<https://www.nashia.org/resources-list/sex-gender-and-tbi-a-path-to-recovery-and-care>

Strong Infrastructure Components for Brain Injury (BI): State Self-Assessment Tool
https://acl.gov/sites/default/files/programs/2023-11/TBITARC_BrainInjuryStateInfrastructureSelfAssessmentTool_Final%20-A.pdf

A Treatment Court Toolkit for Supporting Individuals with Acquired Brain Injury
<https://static1.squarespace.com/static/5eb2bae2bb8af12ca7ab9f12/t/6598569ce049523e6c59a504/1704482461305/ABI-Toolkit-V3.pdf>

Traumatic Brain Injury Model System Knowledge Translation Centers (MSKTC)
<https://msktc.org/tbi/model-system-centers>

United States Brain Injury Alliance (USBIA)
Webinar Recordings: <https://usbia.org/members-resources/webinars/>

U-M Concussion Center (U-M is University of Michigan)
“Behind the Scenes with the Experts” Blog episode archive:
<https://www.buzzsprout.com/2012342>
Digital Resources (videos): <https://concussion.umich.edu/education/digital-resources/>

U-M Concussion Center Quarterly News (U-M is University of Michigan)
To subscribe, email their communications team at concussioncenter@umich.edu

University of Washington Traumatic Brain Injury Model System TBI Model System Updates
To subscribe, send an email to uwtbi@uw.edu. In the subject line, please type “subscribe newsletter”

Brain Injuries – Active Duty Military and Veterans
Project Enlist – TBI, CTE, and PTSD Research in the Military Community
<https://projectenlist.org/>

Building Capacity of Veteran Treatment Courts: Resources for Brain Injury Programs
<https://www.nashia.org/veteran-treatment-courts>

U.S Department of Veterans Affairs – Effects of TBI

https://www.mentalhealth.va.gov/tbi/index.asp?utm_source=google&utm_medium=cpc&utm_campaign=search-va-tbi&utm_term=phrase-match&utm_content=veteran%20tbi&gclid=Cj0KCCQiAzoouBhDqARIsAMdH14FeuBWrnJdGldv-pFDPFSNqa96_YE3VFgMk3AwZf6xB-gUePJxLiz0aAlfvEALw_wcB

Warfighter Brain Health Hub

<https://www.health.mil/Military-Health-Topics/Warfighter-Brain-Health>

Brain Injuries – Children and Youth

Brain Injury in Children and Youth: A Manual for Educators

https://www.cde.state.co.us/cdesped/tbi_manual_braininjury

Hawaii Concussion Awareness Management Program (HCAMP)

<https://hawaiiconcussion.com/>

Project Head, Neck, Spine

<https://health.hawaii.gov/nt/traumatic-brain-injury/project-head-neck-spine/>

Traumatic Brain Injury and Youth Justice – McMaster University

<https://tbi-youth-justice.org/>

Brain Injuries – Indigenous Populations

Brain Injury Basics: TBI & Indigenous Peoples (Canada)

<https://vbis.ca/brain-injury-basics-indigenous-peoples/>

Traumatic Brain Injury Resource Bundle for American Indians

<https://www.air.org/project/traumatic-brain-injury-resource-bundle-american-indians>

Brain Injuries – Women and Girls

Girls & Women with ABI Task Force

<https://acrm.org/acrm-communities/brain-injury/task-forces/girls-and-women-with-abi-task-force/>

Meetings are held online on the first Thursday of each month at 2:00 pm ET. Zoom link is located at the URL listed above.

PINK Concussions

<https://www.pinkconcussions.com/>

Female brain injury from sports, violence, military service. They have a YouTube Channel, support groups, conduct research, hold events, and more.

Traumatic Brain Injury in Women Across Lifespan

<https://www.sciencedirect.com/science/article/pii/S0969996122000043>

Understanding Traumatic Brain Injury in Females: A State-of-the-Art Summary and Future Directions

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9070050/>

Brain Tumors

American Brain Tumor Association MindMatters e-Newsletter

<https://www.abta.org/mindmatters/>

Brain Foundation / Migraine & Headache Australia Newsletters

<https://brainfoundation.org.au/newsletters/>

Brain Tumor Society News

<https://braintumor.org/news/>

The Childhood Brain Tumor Foundation CBTF Neurotransmitter Newsletters

<https://childhoodbraintumor.org/newsletters/>

Children's Brain Tumor Project Newsletters

<https://www.childrensbraintumorproject.org/portfolio-items/newsletters/>

Ivy Brain Tumor Center at the Barrow Neurological Institute Ivy Blog

<https://www.ivybraintumorcenter.org/blog/brain-tumor-awareness-month/>

Musella Foundation for Brain Tumor Research & Information, Inc. Mailing List
<https://virtualtrials.org/maillist.cfm>

Spinal Cord Injuries

American Congress of Rehabilitation Medicine Spinal Cord Injury Webinar Series Archives

<https://acrm.org/acrm-communities/spinal-cord-injury/sci-webinar-series/>

Kennedy Krieger Institute International Center for Spinal Cord Injury Newsletter

<https://www.kennedykrieger.org/patient-care/centers-and-programs/international-center-for-spinal-cord-injury/newsletter>

Spinal Cord Injury Model System Knowledge Translation Centers (MSKTC)

<https://msktc.org/sci/model-system-centers>

Model Systems Knowledge Translation Center (MSKTC) SCI – TBI – Burn Newsletter Archives

<https://msktc.org/newsletter/archives>

United Spinal Association New Mobility Newsletter

<https://newmobility.com/subscribe/>

Note that there is a small cost to subscribe to this newsletter.

United Spinal Association Webinar Archives

<https://unitedspinal.org/webinars/>

University of Alabama Heersink School of Medicine Spinal Cord Injury Model System Pushin' On Newsletter

Archives: <https://www.uab.edu/medicine/sci/uab-scims-information/pushin-on-newsletter>

Stroke

American Stroke Association Together to End Stroke Newsletter

To sign up, go to:

<https://www.stroke.org/en/about-the-american-stroke-association/together-to-end-stroke/newsletter-sign-up>

Hawaii Pacific Neuroscience weekly e-newsletter

To subscribe, send an email to: kliow@hawaii.edu

Johns Hopkins Medicine Sheikh Khalifa Stroke Institute SKSI Webinar Series

https://www.hopkinsmedicine.org/neurology_neurosurgery/centers_clinics/khalifa-stroke-institute/webinar-series/

North Dakota Brain Injury Network Archived Webinars (brain injury and stroke)

<https://www.ndbin.org/events/webinars>

On with Life Stroke Webinar Series

<https://www.onwithlife.org/education-research/fall-conference-2/stroke-webinar-series/>

Paul Coverdell National Acute Stroke Program (PCNASP)

https://www.cdc.gov/dhdsp/programs/about_pcnasp.htm

World Stroke Organization Blog Archive

<https://www.world-stroke.org/news-and-blog/blogs>

World Stroke Organization Newsletter Archive

<https://www.world-stroke.org/news-and-blog/newsletters>

General / Other

American Trauma Society newsletters

<https://multibriefs.com/optin.php?AMTRAUMA>