Neurotrauma Resources (Brain Injuries, Stroke, Spinal Cord Injuries) For: Hawaii Island

Prepared by:

Pacific Disabilities Center

Hawaii Neurotrauma Registry Project

(808) 692-1370

pacdisct@hawaii.edu

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https://health.hawaii.gov/nt/

General Assistance – Hawaii County

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Note: Resources listed here serve the island of Hawaii, but may have a physical presence and contact information for Oahu only.

This is a listing of a wide range of resources, including those having to do with air travel, assistive technology, benefits, caregivers, disabilities, emergency notifications, employment, energy assistance, financial assistance, financial counseling, food assistance, household safety, housing, independent living services, insurance, legal aid, pill reminder services, service animals for those who are not blind, and services for women and children.

"Assistive technology" mean any kind of equipment or device or system that helps a person who has a disability. These are things like wheelchairs, walkers, glasses, hearing aids, computer screen magnifiers, ramps, special handles and grips, lights on telephones, closed captioning on TV and movie screens, and more.

"Independent living," for persons with disabilities, means having equal opportunities, self-respect, being able to decide things for themselves, and advocating for themselves, among other things.

Aloha Independent Living Hawaii

Aloha Independent Living Hawaii (AILH) serves persons with disabilities on all islands. Services are free and the only eligibility requirement is that consumers must be a person with a disability. They provide five core services: 1) Information and referral; 2) peer counseling; 3) advocacy; 4) independent living skills; and 5) transition (young people with disabilities transitioning to employment, further education, or independent living, or helping people transition from health care facilities back to community-based living or help people avoid entering institutions.

94-909 Kau'Olu Place Waipahu, HI 96797 (800) 385-2454 https://alohailhawaii.org/

American Job Center (One-Stop Center)

427 Kilauea Avenue Hilo, HI 96720 (808) 935-6527

Assistive Technology Resource Center

200 N. Vineyard Blvd., Suite 430 Honolulu, HI 96817 (808) 531-7110 <u>atrc-info@atrc.org</u> <u>https://www.atrc.org/contact-us/</u>

Big Island Housing Foundation

A not-for-profit housing foundation for affordable housing interests in the County of Hawaii. 688 Kinoole Street, Suite 102 Hilo, HI 96720 (808) 969-3327 <u>https://bigislandhousing.com/contact-us/</u>

Carrier Alert Program (not available in all areas)

Carrier Alert is a cooperative community service program to monitor the wellbeing of elderly and disabled mail patrons. As one of the few—and some days only—point of human contact for home-bound patrons, letter carriers are particularly attuned to signs that could mean an accident or illness.

When a volunteer carrier notes something unusual concerning a patron registered with Carrier Alert, he or she reports it to a postal supervisor or other designated individual who in turn contacts the sponsoring local agency. They check on the person and if something's wrong, contact family, police or emergency services as appropriate.

https://www.nalc.org/community-service/carrier-alert

Catholic Charities Hawaii

Housing placement and homelessness prevention programs.

Hawaii: (808) 935-HOPE (4673) https://www.catholiccharitieshawaii.org/

Consumer Credit Counseling Service of Hawaii

1164 Bishop Street, Suite 1614 Honolulu, HI 96813 (808) 531-3225

County of Hawaii – Office of Housing and Community Development

Housing Choice Voucher (Section 8) Program, Family Self-Sufficiency (FSS) Program, Homeownership Option Program (HOP), Tenant Based Rental Assistance (TBRA) Program, Residential Repair Program (RRP), Youth Programs, Adult & Dislocated Worker Programs

https://www.hawaiicounty.gov/departments/office-of-housing

Department of Human Services

http://humanservices.hawaii.gov/

Disability and Communication Access Board (DCAB)

DCAB provides public advocacy for persons with disabilities, establishes guidelines for the design of buildings and facilities on behalf of the State and counties, issues administrative rules for the utilization of communication access services, and administers the statewide program for the issuance of parking placards to disabled persons.

1010 Richards Street Room 118 Honolulu, HI 96813 (808) 586-8121 TTY: (808) 586-8162 <u>dcab@doh.hawaii.gov</u> http://health.hawaii.gov/dcab

Division of Vocational Rehabilitation Hawaii Branch

The Division of Vocational Rehabilitation (DVR) provides services to Hawai'i community members who experience barriers to employment due to a physical or cognitive disability. Staff assist job seekers with disabilities prepare, secure, and retain competitive employment in an integrated work setting.

Hilo Section 75 Aupuni Street, Room 110 Hilo, HI 96720 (808) 974-6444 http://humanservices.hawaii.gov/vocationalrehab/

Kona Section 75-5722 Kuakini Highway, Suite 213 Kailua-Kona, HI 96740 (808) 323-0025 http://humanservices.hawaii.gov/vocationalrehab/

Fair Housing Enforcement Program at the Legal Aid Society of Hawai`i

The Fair Housing Enforcement Program is a unit within the Legal Aid Society of Hawaii that specifically handles housing discrimination matter in Hawaii. Their jurisdiction covers legal matters throughout the entire state of Hawaii. 924 Bethel Street Honolulu, Hawaii 96813 Oahu Hotline (808) 536-4302 Neighbor Islands Hotline toll free 1-866-527-3247 <u>https://www.fairhousinghawaii.org/</u> https://lawhelp.org/hi

General Assistance (GA), State of Hawaii

Provides cash benefits for food, clothing, shelter, and other essentials to adults ages 18 – 64, without minor dependents, who are temporarily disabled and do not qualify for Social Security. To be eligible, the adult must have little or no income, not qualify for a federal category of assistance, and be certified by a Department of Human Services medical board to be unable to engage in any substantial employment of at least thirty hours per week for a period of at least 60 days.

http://humanservices.hawaii.gov/bessd/ga/

Government Benefits Finder

An online tool that makes it easier for consumers to find information on government benefits.

https://www.benefits.gov/benefit-finder

Hawaii Unemployment Insurance (UI)

To apply for state unemployment benefits. UI call center: (833) 901-2275 <u>https://labor.hawaii.gov/ui/</u>

Hawaiian Community Assets

Financial counseling, rental counseling, pre-purchase counseling, post-purchase counseling, and foreclosure prevention counseling. 200 N. Vineyard Blvd., B140 Honolulu, HI 96817 Honolulu: (808) 587-7886 Hilo: (808) 934-0801 Anahola: (808) 632-2070

Hawaii County Office of Housing and Community Development Big Island Workplace Connection

http://www.hireabilitieshawaii.org/resource/big-island-workplace-connection/

<u>Hilo Office</u> 1990 Kinoole Street, Suite 102 Hilo, HI 96720 (808) 981-2880

<u>Kona Office</u> 74-5565 Lihia Street, Building C, Bay 4 Kailua-Kona, HI 96740 (808) 327-4770

Hawaii Disability Rights Center (HDRC)

HDRC is authorized to administer Federal Protection and Advocacy Programs for: Individuals with Mental Illness, Individual Rights, Individuals in Need of Assistive Technology, Beneficiaries with Representative Payees, Beneficiaries of Social Security, Individuals with Traumatic Brain Injury, Voter Access, and Client Assistance Program.

1132 Bishop Street, Suite 2102 Honolulu, HI 96813 (808) 949-2922 info@hawaiidisabilityrights.org https://www.hawaiidisabilityrights.org/

Hawaii Energy

A free energy-saving program for single-family homes and multifamily properties. Energy saving items include, but are not limited to, energy efficient lighting, high pressure, high-efficiency showerheads and kitchen and bathroom faucet aerators, and smart power strips. They may be able to help with energy efficient appliance purchases. The offer a free custom education program, "Energy Unplugged," and a custom incentive program for new residential construction and rehabilitation projects that incentivizes the design and development of new or rehabilitated dwellings covering lighting, appliances, HVAC, thermostats, and whole house fans.

(808) 537-5577
(877) 231-8222 (toll free)
HawaiiEnergy@honeywell.com
https://hawaiienergy.com/forhomes/es4h

Hawaii Fido Services Dogs

Provides trained service dogs to people with disabilities other than blindness in Hawaii and related education to the community.

59-790 Kamehameha Highway Haleiwa, HI 96712 (808) 638-0200 https://www.hawaiifido.org/

Hawaii Public Housing Authority

The Hawaii Public Housing Authority helps provide Hawai`i residents with affordable housing and shelter without discrimination.

1002 North School Street Honolulu, Hawaii 96817 (808) 832-4692 TTY (808) 832-6083 http://www.hpha.hawaii.gov/index.html

Helping Hands Hawaii

2100 N. Nimitz Highway Honolulu, HI 96819

Emergency assistance: Intake line: (808) 440-3835 Program assistant: (808) 440-3836

Punawai Program Intake line: (808) 440-3804

Housing and Urban Development (HUD)

Foreclosure avoidance counseling. For a list of HUD counseling agencies located in Hawaii, go to: <u>https://apps.hud.gov/offices/hsg/sfh/hcc/fc/index.cfm?webListAction=search&</u> searchstate=HI&filterSvc=dfc

Island Skill Gathering

Local access on all islands to assistive technology.

472 Kanaina Avenue Honolulu, HI 96815-4225 (808) 732-4622 Isghawaii808@twc.com http://isghawaii.com/

Kaiser Permanente Medical Financial Assistance Program

For Kaiser members having trouble paying their medical and pharmacy expenses.

<u>https://about.kaiserpermanente.org/community-health/communities-we-</u> <u>serve/hawaii-community/medical-financial-assistance-program</u>

Kupuna Caregivers Program

In July 2017 Governor David Ige signed into law, HB 607 appropriating \$600,000 to the Executive Office on Aging (EOA) to establish the Kupuna Caregivers program, aimed at supporting working caregivers. Recognizing the tremendous contributions of caregivers, the bill provides financial assistance to support employed caregivers to remain in the workforce, provided certain criteria are met. EOA and the county Area Agencies on Aging are working to develop and implement the program. EOA plans to launch the Kupuna Caregivers program in 2018.

https://hawaiiadrc.org/Portals/ AgencySite/KCG%20Info%20sheet%20071117 FINAL.pdf

Low Income Home Energy Assistance Program (LIHEAP), State of Hawaii

Provides heating and / or cooling assistance to needy Hawaii household by assisting with a one-time payment towards their utility bill. (808) 586-5734 <u>Efurtado-fischer@dhs.hawaii.gov</u> http://humanservices.hawaii.gov/bessd/liheap/

Mediation

Kuikahi Mediation Center 101 Aupuni Street, Suite PH 1014 B-2 Hilo, HI 96720 1-808-935-7844 <u>info@hawaiimediation.org</u> https://hawaiimediation.org

West Hawaii Mediation Center PO Box 7020 Kamuela, HI 96743 (808) 855-5525 or (808) 326-2666 <u>info@whmediation.org</u> <u>https://whmediation.org</u>

MyMedisafe

A free app for iPhones and smart phones that provides free pill reminder services. A caregiver can be added who will be notified in case the person misses a dose. Daily, weekly, and monthly reports are available from the app and on wearable devices. All medicines, doses, report, appointments, etc., can be kept on MyMedisafe.

https://www.mymedisafe.com/

National Council on Aging – Benefits Check-up

Search a database of more than 2,500 federal, state, and local program that can help kupuna with prescription drug costs, health care, food, utilities, and other basic needs.

https://www.benefitscheckup.org/

Project Dana Home Safety Program

The program provides an initial home assessment visit, educational information on home safety, recommendations for possible home modifications, and a follow-up home assessment. For more information or to request a free Home Safety Assessment, contact Mike Hirano at Project Dana at (808) 945-3736.

Project Dana Persons in Need (PIN) Funds for Seniors

Special fund for seniors (65 and older) available that support frail elderly to "age in place" at home and in the community. Services are offered in the areas of transportation, respite, and de-cluttering. Please call Project Dana at (808) 945-3736 for more information and to learn if you qualify for these services.

Pūnāwai Program by Helping Hands Hawai`i

The Pūnāwai Program is a statewide Office of Hawaiian Affairs (OHA)-funded program that assists Native Hawaiian beneficiaries with services designed to help individuals and families stabilize their living situations/lives and work towards self-sufficiency in the future.

2100 N. Nimitz Highway Honolulu, HI 96819 (808) 440-3804 <u>http://helpinghandshawaii.org/programs/emergency-assistance-program/punawai-program/</u>

Queen's Health Systems Financial Assistance

https://www.queens.org/the-queens-medical-center/patients-and-visitors/payyour-bill/financial-assistance-qmc

Fill out an application and send it to:

Attention: Business Services North Hawaii Community Hospital 67-1125 Mamalahoa Highway Waimea, HI 96743

Ready to Learn by Helping Hands Hawai`i

RTL partners with social service agencies across Hawai'i and generous donors from the community to help prepare thousands of local children for the upcoming school year.

2100 N. Nimitz Highway Honolulu, HI 96819 (808) 440-3881 <u>rtl@helpinghandshawaii.org</u> <u>http://helpinghandshawaii.org/programs/ready-to-learn/</u>

Social Security Disability Income (SSDI)

The Social Security Administration (SSA) offers financial assistance to Americans with disabilities that inhibit their ability to work. Call first to make an appointment.

Hawaii Office 111 E Puainako Street, Suite 710 Hilo HI 96720 1-800-772-1213 TTY 1-800-325-0778 https://www.ssa.gov/benefits/disability/

Supplemental Nutrition Assistance Program (SNAP)

The Hawaii Supplemental Nutrition Assistance Program (SNAP) helps supplement food budgets for low-income working families and individuals, people on public assistance, seniors and people with disabilities. In Hawaii, SNAP benefits are distributed through the state's Electronic Benefit Transfer (EBT) system.

https://humanservices.hawaii.gov/bessd/snap/

North Hilo Unit (526) Kulana Naauao Building 13 Kekaulike Street Hilo, HI 96720 (808) 933-8856

South Hilo Unit (575) Kinoole Plaza 1990 Kinoole Street, Suite 108 Hilo, HI 96720 (808) 981-2754

North Kona 1 Unit (664) 75-5722 Hanama Place, Suite 1105 Kailua-Kona, HI 96740-4127 (808) 327-4684

South Kona Unit (633) Captain Cook Civic Center 82-6130 Mamalahoa Highway, Building 2 Captain Cook, HI 96704 (808) 323-7573

Ka'u Sub-Unit (635) Naalehu Civic Center 95-5669 Mamalahoa Highway Naalehu, HI 96772 (808) 939-2421 Kamuela-Hamakua Unit (632) State Office Building #1 Room #110 45-3380 Mamane Street Honokaa, HI 96727 (808) 775-8854

Kohala Sub-Unit (634) State Office Building 54-3900 Akoni Pule Highway Kapaau, HI 96755 (808) 889-7141

Supplemental Security Income (SSI)

The Supplemental Security Income (SSI) program pays benefits to disabled adults and children who have limited income and resources. SSI benefits are also payable to people 65 and older without disabilities who meet the financial limits. People who have worked long enough may also be able to receive Social Security disability or retirement benefits as well as SSI. https://www.ssa.gov/benefits/ssi/

Temporary Assistance for Needy Families (TANF) and Temporary Assistance for Other Needy Families (TAONF), State of Hawaii

Limited time financial assistance benefits for families with children. http://humanservices.hawaii.gov/bessd/files/2015/01/TANF-Brochure-2015.pdf

TSA Cares

Extra assistance during the security screening process for travelers with disabilities, medical conditions, and other special circumstances. Preferably, call 72 hours prior to traveling with questions about what to expect at the security checkpoint, or ask for a "passenger support specialist" at the airport. (855) 787-2227

WIC (Women, Infants, and Children) Program - two locations

http://health.hawaii.gov/wic

Kealakekua Business Plaza 81-980 Halekii Street Kealakekua, HI 96750 (808) 322-4888

Waiakea Kai Plaza 88 Kanoelehua Avenue, Suite 201 Hilo, HI 96720 (808) 974-4270

Adult Day Care Programs – Hawaii County

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"Adult day care" means a group setting where seniors and adults with disabilities can go during the daytime. It is not a place where they live. The professional staff there help health, nutritional, social, and daily living needs of these individuals. Adult day care also helps by giving caregivers time to go to work, go shopping, etc.

The ARC of Hilo

1099 Waianuenue Ave Hilo, HI 96720 (808) 935-8535 Online contact form: <u>http://www.hiloarc.org/contact.html</u> <u>http://www.hiloarc.org/</u>

Honomu Adult Day Care Center

34 Rainbow Drive Hilo, HI 96720 (808) 961-6362 puusitalo@hawaiiislandadultcare.org http://www.hawaiiislandadultcare.org/

Ho'oNani Adult Care Services Inc.

65-1267B Lindsey Road Kamuela, HI 96743 (808) 887-6440 <u>karynbclay@aol.com</u> <u>https://hoonaniadultcareservices.com/</u>

Kona Adult Day Center, Inc. P.O. Box 1360

Kaealakekua, HI 96750 (808) 322-7977 <u>kadcroena@hawaii.rr.com</u> http://www.konaadultdaycenter.com/

Life Care Center of Hilo

944 W. Kawailani Street Hilo, HI 96720 (808) 959-9151 Online contact form: <u>http://lifecarecenterofhilo.com/</u> <u>http://lifecarecenterofhilo.com/</u>

Life Care Center of Kona

78-6957 Kamehameha III Road Kailua-Kona, 96740 (808) 322-2790 Online contact form: <u>http://lifecarecenterofkona.com/</u> <u>http://lifecarecenterofkona.com/</u>

Yukio Okutsu State Veterans Home

1180 Waianuenue Avenue Hilo, HI 96720 (808) 961-1500 Online contact form: <u>https://www.avalonhealthcare.com/contact/</u> <u>https://www.avalonhealthcare.com/hilo/</u>

Alcohol and Drug Abuse Services – Hawaii County

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Big Island Substance Abuse Council

16-179 Melekahiwa Street Keaau, HI 96749 (808) 969-9994 <u>info@bisac.com</u> <u>http://www.bisac.org/</u>

Hawaii Island Recovery

75-170 Hualalai Road c311a Kailua-Kona, HI 96740 <u>info@hawaiianrecovery.com</u> <u>https://hawaiianrecovery.com/</u>

Ku Aloha Ola Mau, Hilo Clinic

900 Leilani Street Hilo, HI 96720 (808) 961-6822 <u>info@kualoha.org</u> <u>https://www.kualoha.com/locations/hilo/</u>

Ku Aloha Ola Mau, Puna Clinic

15-1926 Puakalo Street Keaau, HI 96749 (808) 982-9555 <u>info@kualoha.org</u> https://www.kualoha.com/locations/puna/

Lokahi Treatment Centers, Honoka'a

45-3544 Mamane Street Honoka`a, HI 96727 (808) 775-7707 info@lokahitreatmentcenters.net http://www.lokahitreatmentcenters.net/

Lokahi Treatment Centers, Hillside Plaza

76-6225 Kuakini Highway, Suite B105 Kailua-Kona, HI 96740 (808) 331-1175 <u>info@lokahitreatmentcenters.net</u> <u>http://www.lokahitreatmentcenters.net/</u>

Lokahi Treatment Centers, Kohala Town Center

54-3886 Akoni Pule Highway, Unit 6 Kapa`au, HI 96755 (808) 889-5099 <u>info@lokahitreatmentcenters.net</u> <u>http://www.lokahitreatmentcenters.net/</u>

Lokahi Treatment Centers, Pahoa Village Center

15-2866 Pahoa Village Road, Building E, Suite 3 Pahoa, HI 96778 (808) 965-5535 <u>info@lokahitreatmentcenters.net</u> <u>http://www.lokahitreatmentcenters.net/</u>

Lokahi Treatment Centers, Waiakea Villas

400 Hualani Street, Building 10, Suite 1958 Hilo, HI 96720 (808) 969-9292 <u>info@lokahitreatmentcenters.net</u> <u>http://www.lokahitreatmentcenters.net/</u>

Lokahi Treatment Centers, Waikoloa Highlands Center

68-1845 Waikoloa Road, Suite 224B Waikoloa, HI 96738 (808) 883-0922 info@lokahitreatmentcenters.net http://www.lokahitreatmentcenters.net/

Narcotics Anonymous Hawaii, East Hawaii Area Service Committee

P.O. Box 5820 Hilo, HI 96720 (808) 769-6016 https://na-hawaii.org/

Narcotics Anonymous Hawaii, Hawaii Regional Service Committee

P.O. Box 7669 Hilo, HI 96720 https://na-hawaii.org/

Narcotics Anonymous Hawaii, West Hawaii Area Service Committee

P.O. Box 5415 Kailua-Kona, HI 96745 (808) 769-6016 https://na-hawaii.org/

East Hawaii Intergroup of Alcoholics Anonymous (Honokaa to Pahoa)

Hilo, HI <u>eastsideintergroup@gmail.com</u> <u>http://easthawaiiaa.org/</u>

West Hawaii Intergroup of Alcoholics Anonymous

74-5606 Pawai Place, Suite 102 Kailua-Kona, HI 96740 (808) 329-1212 <u>https://www.westhawaiiaa.org/</u>

Assisted Living Facilities – Hawaii County

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"Assisted living" is housing for kupuna or persons with disabilities that provides nursing care, housekeeping, prepared meals, and other help with daily activities. People live as the facility, which provides 24-hour supervision.

Hale Anuenue Restorative Care Center

1333 Waianuenue Avenue
Hilo, HI 96720
(808) 961-6644
Online contact form: <u>http://haleanuenuecarecenter.com/</u>
<u>http://haleanuenuecarecenter.com/</u>

Life Care Center of Hilo

944 W. Kawailani Street Hilo, HI 96720 (808) 959-9151 Online contact form: <u>http://lifecarecenterofhilo.com/</u> <u>http://lifecarecenterofhilo.com/</u>

Life Care Center of Kona

78-6957 Kamehameha III Road Kailua-Kona, 96740 (808) 322-2790 Online contact form: <u>http://lifecarecenterofkona.com/</u> <u>http://lifecarecenterofkona.com/</u>

Okano Care Home

16-1397 35th Avenue Keaau, HI 96749 (808) 982-7828 Online contact form: <u>https://www.okanocarehome.com/contact</u> https://www.okanocarehome.com/

Regency at Hualalai

75-181 Hualalai Road Kailua-Kona, HI 96740 (808) 495-0435 Online contact form: <u>https://www.regency-pacific.com/senior-living/hi/kailua-kona/regency-at-hualalai/contact-us</u> <u>http://www.regency-pacific.com/senior-living/hi/kailua-kona/regency-at-hualalai/assisted-living</u>

Yukio Okutsu State Veterans Home

1180 Waianuenue Avenue Hilo, HI 96720 (808) 961-1500 Online contact form: <u>https://www.avalonhealthcare.com/contact/</u> <u>https://www.avalonhealthcare.com/hilo/</u>

Blindness and Vision Loss – Hawaii County

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Guide Dogs of Hawaii

1600 Kapiolani Blvd. Suite 214 Honolulu, HI 96814 (808) 941-1088 Neighbor Islands: (866) 697-6971 <u>http://www.guidedogsofhawaii.org/</u>

Hawaii Association of the Blind

1550 Ainakoa Avenue Honolulu, HI 96821 (808) 521-7648 <u>hab50@hotmail.com</u> http://www.acb.org/hawaii/contact.html

Department of Human Services, Division of Vocational Rehabilitation: Ho`opono Services for the Blind – Main Office on Oahu 1901 Bachelot Street Honolulu, HI 96817 (808) 586-5282 http://humanservices.hawaii.gov/vr/hoopono/about/

Leader Dogs for the Blind

1039 S. Rochester Road Rochester Hills, MI 48307 (248) 651-9011

National Federation of the Blind, West Hawaii Chapter

Dianna Jones, Ph.D. (808) 238-1426 Nfbwesthi808@gmail.com

Case Management – Hawaii County

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"Case management" is working together to find out what is needed, and to plan and coordinate care based on the needs of an individual or group. This may refer to health and / or other needs. A case manager helps to link a client to services and resources. A case manager may also advocate for a client, for example if there is something they need but cannot get.

Absolute Care Management Services (Oahu, Hawaii, Maui, Kauai) 803 Kamehameha Highway, Suite 307 Pearl City, HI 96782 (808) 455-1900 absolutecarehawaii@gmail.com

All Island Care Management Services (Oahu, Kauai, Hawaii, Maui, Lanai, Molokai) 1188 Bishop Street, Suite 1508 Honolulu, HI 96813 (808) 536-7100 info@allisland-cmc.com

Blue Water Resources (Oahu, Kauai, Maui, Hawaii, Molokai, Lanai) 94-408 Akoki Street, Suite 202 Waipahu, HI 96797 (808) 678-3662 support@808bluewaterresources.com

Case Management Professionals, Inc. (Oahu, Kauai, Hawaii, Maui, Lanai, Molokai)

94-235 Hanawai Circle, Suite 1B Waipahu, HI 96797 (808) 689-1937 info@cmp-hi.com

Health Services

316 Noelani Loop Hilo, HI 96720 (808) 959-1130 (Oahu number) <u>Health.services.inc.hsi@gmail.com</u>

Ohana Alternative Care Services

305 Wailuku Drive, Suite #3 Hilo, HI 96720 (808) 935-0225 <u>ohanacare@aol.com</u>

Quality Case Management, Inc.

94-366 Pupupani Street, #208A Waipahu, HI 9699 (808) 842-7634 http://qmc1@aol.com

Veterans Administration Case Management Agency (Oahu, Kauai, Hilo, Maui) (808) 433-0148 <u>Rosemary.naa@va.gov</u>

Hilo 1285 Waianuenue Avenue #211 Hilo, HI 96720 Kailua-Kona 75-377 Hualalei Road Kailua-Kona, HI 96740

Child Care – Hawaii County

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Hawaii Community College Children's Center

1175 Manono Street Hilo, HI 96720-5096 (808) 934-2630 https://hawaii.hawaii.edu/about/child-care

Parents and Children Together (PACT) – Head Start

Programs available in East Hawaii and West Hawaii. 27 Waianuenue Avenue Hilo, HI 96720 (808) 842-5996 <u>hs-ehs@pacthawaii.org</u> <u>https://pacthawaii.org/our-work/early-headstart-programs/early-childhood-</u> education-hawaii/

Partners in Development Tūtū and Me Traveling Preschool

2040 Bachelot Street Honolulu, HI 96817 (808)595-2752 pid@pidfoundation.org https://www.pidf.org/

PATCH

560 N. Nimitz Highway, Suite 218 Honolulu, HI 96817 (808) 839-1988 <u>patch@patch-hi.org</u> <u>https://www.patchhawaii.org/</u> Searchable childcare database: <u>https://www.patchhawaii.org/find-child-care/</u>

Salvation Army `Ohana Keiki Preschool 75-223 Kalani Street Kailua-Kona HI 96740 (808) 326-7780 https://hawaii.salvationarmy.org/hawaii/preschool

UofN Kona Preschool 75-5851 Kuakini Highway Kailua-Kona, HI 96740 (808) 326-4411 Online contact form: <u>http://www.uofnpreschool.com/contact/</u> <u>http://uofnpreschool.com/</u>

Deaf and Hard of Hearing Services – Hawaii Island

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Aloha State Association of the Deaf (ASAD)

310 Paoakalani Avenue, Room 201-A Honolulu, HI 96815 (808) 371-0020 <u>Asad808info@gmail.com</u> https://www.deafaloha.org/

Comprehensive Service Center for People who are Deaf, Hard of Hearing, or Deaf-Blind

1953 South Beretania Street Suite 5A Honolulu, HI 96826 (808) 447-2044 (VP) (808) 284-3551 (Voice/Text) csc@csc-hawaii.org https://www.csc-hawaii.org/

Department of Education Hilo Community School for Adults

450 C-3 Waianuenue Avenue Hilo, HI 96720 (808) 974-4100 (Voice)

Department of Education Kona Community School for Adults

74-5000 Puohulihui Street Kailua-Kona, HI 96740 (808) 327-4692 (Voice)

Hawaii Division of Vocational Rehabilitation: Deaf Services Section

(808) 447-1454 (VP) https://humanservices.hawaii.gov/vr/services/special-programs/

Quota International

A non-profit that empowers women, children, the deaf and hard of hearing, and people with speech difficulties in local communities around the world. Main office is in Washington, DC. 1420 21st Street, NW Washington, DC 20036 (202) 331-9694

Relay Hawaii (Sprint)

LisaAnn Tom (outreach, presentations, on-site support, installation and more information) 420 Waiakamilo Road, Suite 405 Honolulu, HI 96817 1-800-357-5168 (voicemail) 1-866-735-8169 (TTY) (808) 447-3027 or (808) 791-0525 (videophone) Lisa.L.Tom@sprint.com or relayhawaii@sprint.com https://www.relayhawaii.com/

Telecommunications Relay Service Text Telephone (TRS)

TTY: 1-877-447-5990 Voice: 1-877-447-5991 Speech to speech: 1-877-447-8711 Spanish: 1-877-447-7261

Dietitians and Nutritionists – Hawaii County

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A nutritionist has studied is an expert on diet and nutrition. They evaluate the health of clients and can guide them about what and how they eat.

A dietitian is a nutritionist who is registered with the Commission on Dietetic Registration. They are also known as registered dietitians (RDs).

Bay Clinic – Multiple Locations

(808) 333-3600 (same phone number for all locations) http://bayclinic.org/

Hilo Family Health Center 1178 Kinoole Street, Building B Hilo, HI 96720

Hilo Women's Health Center 73 Puuhonu Place, Suite 204 Hilo, HI 96720

Keaau Family Health and Dental Center 16-192 Pili Mua Street Keaau, HI 96749 Kau Family Health and Dental Center 95-5583 Mamalahoa Highway Naelehu, HI 96772

Pahoa Family Health Center 15-2866 Pahoa Village Road, Building C, Suite A Pahoa, HI 96778 (808 333-3600

Pahoa Women and Children's Health Center 15-2866 Pahoa Village Road, Building F, Suite A Pahoa, HI 96788

Deanna Dahlem

1178 Kinoole Street Hilo, HI 96720-7206 (662) 401-4011

Jan Patenaude Nutritionist/Dietitian, RD, CLT

Pahoa HI (970) 579-0992

Kona Family Health Center

75-170 Hualalai Road, Suite C110 Kailua-Kona, HI 96740 (808) 329-9211 <u>http://www.konafamilyhealthcenter.com/Services/sports-nutrition.html</u>

Ear, Nose and Throat Specialists – Hawaii County

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Ear, nose, and throat specialists are also known as "otolaryngologists."

Aloha Ent. LLC – multiple locations

http://www.alohaenthawaii.com/

Kamuela at Uilani Plaza 64-1035 Mamalahoa Highway, Suite K Kamuela, HI 96743 (808) 887-0706

Kona at Selwyn Plaza 81-6627 Mamalohoa Highway Kealakekua, HI 96750 (808) 323-2615

Hilo 784 Kinoole Street Hilo, HI 96720 (808) 969-6753

Cervantes, Dr. William G.

81-6627 Mamalahoa Highway, Suite 101 Kealakekua, HI 96750 (808) 323-3700

Hilo Medical Center ENT (Otolaryngology) Clinic

Sabnani, Dr. Lovina H. 75 Pu'uhonu Place, Suite 101 Hilo, HI 96720 (808) 933-3800 https://www.hilomedicalcenter.org/ent-(otolaryngology)-clinic.html

Howard, Dr. Paul

64-1025 Mamalahoa Highway, Suite J Kamuela, HI 96743 (808) 887-0706

Straub Medical Center – Kona Clinic

The Pines Plaza, Suite 6 75-240 Nani Kailua Drive Kailua-Kona, HI 96740 (808) 329-9744 <u>https://www.hawaiipacifichealth.org/straub/locations/straub-medical-center-kona-clinic/</u>

Employment / Job Assistance – Hawaii County

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Employment Experts

145 Keawe Street Hilo, HI 96720 (808) 933-8660 https://www.employment-experts.com/

Employment Experts

74-5583 Luhia Street Kailua-Kona, HI 96740 (808) 329-9089 https://www.employment-experts.com/

Hawaii Division of Vocational Rehabilitation

mbates@dhs.hawaii.gov http://humanservices.hawaii.gov/vocationalrehab/

Hilo Office 75 Aupuni Street Hilo, HI 96720 (808) 974-6444 Kona Section 75-5722 Kuakini Highway, Suite 213 Kailua-Kona, HI 96740 (808) 323-0025

HiEmployment

75-5656 Kuakini Highway, Suite 102A Kailua-Kona, HI 96740 (808) 238-3450 <u>info@hi-employment.com</u> <u>http://hi-employment.com/</u>

State of Hawai`i Work Place Development Division

Hilo 427 Kilauea Avenue Hilo, HI 96720 (808) 935-6527 http://labor.hawaii.gov/wdd/

Kona 74-5565 Luhia Street, Building, C Bay 4 Kailua-Kona, HI 96740 (808) 327-4770 <u>http://labor.hawaii.gov/wdd/</u>

Food Assistance – Hawaii County

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This section includes information on local food pantries and SNAP, or Supplemental Nutrition Assistance, which used to be known as food stamps. Anyone who is eligible can get benefits through EBT, or Electronic Benefit Transfer. This section also has information on food programs for school children.

Note: Make sure to check availability, hours, and other details before seeking assistance.

Connection Point Church of the Nazarene

Food and clothing pantry operate the last two Sundays of each month 15-1839 32nd Avenue Keaau, HI - 96749 (808) 982-5177 <u>http://cpnaz.net/get-involved/food-clothing-pantry</u>

D-SNAP

Assists with short-term food costs after a disaster occurs. The President must authorize individual disaster assistance in the area. <u>https://fns-prod.azureedge.net/sites/default/files//snap/D-SNAP_Disaster.pdf</u>

Food Programs for School – Age Children

https://www.usa.gov/food-help#item-213690

Kulaimano Community Center (Pepeekeo)

Congregate meals, nutrition education also available for 60+ 808-961-8726 <u>nutritionprogram@hawaiicounty.gov</u> <u>https://www.hcoahawaii.org/AGModules/ProviderSearchLucene/ProviderDetail</u> <u>sLucene.aspx?OrgID=373903&mid=3015&tabid=371</u>

Sacred Heart Church - Pahoa

Hours

Emergency Food Pantry: Mondays and Thursdays 9:00 to 2:00 pm. Food Pantry: Third Thursday of the month, 10:00 am to 12:00pm. Located in Avery Hall. Free parking, coffee and snacks. Area covered: Puna District, Hawaii island 15-3033 Pahoa Village Road Pahoa, HI - 96778 (808) 965-8202 http://pahoasacredheart.com

Salvation Army - Hilo Corps

Provides a food pantry that serves the first 25 people in line. Bring a picture ID and social security card for each household member. Pantry Hours: Fridays, 9:00 am - 12:00 pm 219 Ponahawai Street Hilo, HI - 96720 (808) 935-1277 http://www.salvationarmyhawaii.org

Salvation Army - West Hawaii Outpost

Provides a food pantry serving Hamakua and the North Hilo district. Pantry hours: Wednesday: 9:00 am – 12 noon 45-511 Rickard Place Honokaa, HI - 96727 (808) 775-7346 http://www.salvationarmyhawaii.org

Supplemental Nutrition Assistance Program (SNAP)

Formerly known as food stamps. The Hawaii Supplemental Nutrition Assistance Program (SNAP) helps supplement food budgets for low-income working families and individuals, people on public assistance, seniors and people with disabilities. In Hawaii, SNAP benefits are distributed through the state's Electronic Benefit Transfer (EBT) system.

Form: <u>http://humanservices.hawaii.gov/wp-content/uploads/2015/06/BESSD-</u> <u>Application_June-2015.pdf</u>

https://humanservices.hawaii.gov/wp-content/uploads/2018/04/Statewide-Processing-Centers-04-2018.pdf

https://www.realchoices.org/site/408/financial assistancefood stamp applicat ion form.aspx

North Hilo SNAP Unit Kulana Naauao Building 13 Kekaulike Street Hilo, HI 96720 (808) 933-0331

<u>South Hilo SNAP Unit</u> Kinoole Place 1990 Kinoole Street, Suite 108 Hilo, HI 96720 (808) 981-2754

North Kona 1 SNAP Unit

75-5722 Hanama Place, Suite 1105 Kailua-Kona, HI 96740 (808) 327-4980

South Kona SNAP Unit

Captain Cook Civic Center 82-6130 Mamalahoa Highway Building 2 Captain Cook, HI 96704 (808) 323-7573

Kau SNAP Sub-Unit

Naalehu Civic Center 95-5669 Mamalahoa Highway Naalehu, HI 96772 (808)939-2421

Kamuela-Hamakua SNAP Unit

State Office Building #1 Room #110 45-3380 Mamane Street Honokaa, HI 96727 (808) 775-8854

Kohala SNAP Sub-Unit State Office Building

54-3900 Akoni Pule Highway Kapaau, HI 96755 (808) 889-7141

Hospice and Palliative Care – Hawaii County

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Hospice care focuses on the last six months of a person's life. Services may take place at the person's home, or in a hospice facility. It means that instead of looking for a cure, the goal is to make the person as comfortable as possible and have the best quality of life in the time that remains.

"Palliative care" includes pain management and symptom management. It is sometimes also called "supportive care" or "concurrent care." It can take place at the patient's own home, nursing home, or hospital. Palliative care is also for persons who are sick but are not dying. The goal is to help them live longer, happier lives by managing their conditions as best as possible so they don't interfere with patients' lives.

Hawaii Care Choices (Formerly Hospice of Hilo)

(808) 969-1733 https://www.hawaiicarechoices.org/

Hospice of Kona

75-5925 Walua Road, Suite 101 Kailua-Kona, HI 96740 (808)324-7700 info@hospiceofkona.org https://hospiceofkona.org/

Kokua Mau (information for all islands)

(808) 585-9977 https://kokuamau.org/palliative-care/

North Hawaii Hospice Inc.

65-1328 Kawaihae Road Kamuela, HI 96743 (808) 885-7547 info@northhawaiihospice.org https://northhawaiihospice.org/

Pohai Malama Hospice of Hilo

590 Kapiolani Street Hilo, HI 96720 (808) 934-2900

Hospital Equipment and Supply Rental – Hawaii County

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Aloha Medical Supplies & Services

64-957 Mamalahoa Highway Waimea, HI 96743 (808) 887-2828

Ban Nix Home Medical Equipment Inc.

67-1185 Mamalahoa Highway, Suite H-145 Kamuela, HI 96743 (808) 885-1925 <u>http://www2.bannixhawaii.com/</u>

Rainbow Medical Supply Inc.

16-186 Kalara Street Keaau, HI 96749 (808) 982-3834 <u>https://www.rainbowmedicalsupply.com/</u>

Hospitals and Medical Centers – Hawaii County

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The phone numbers listed here are for general information. They are <u>not</u> for emergencies. If you have an emergency, call 9-1-1.

Not all of these listings are hospitals; some are clinics or medical offices. Not all of them have emergency rooms or are equipped to work with emergency cases. Call 9-1-1 if you have an emergency.

Hale Ho'ola Hamakua

45-547 Plumeria Street Honokaa, HI 96727 (808) 932-4100 https://halahoolahamakua.org

Hilo Medical Center

1190 Waianuenue Avenue Hilo, HI 96720 (808) 932-3000 https://hilomedicalcenter.org

Kaiser Permanent Kona Medical Office

75-517 Honokohau Street Kailua-Kona, HI 96740 (808) 334-4400

Kaiser Permanente Waimea Clinic

67-1185 Hawaii Belt Road Waimea, HI 96743 (808) 334-4400

Kau Hospital and Rural Health Clinic

1 Kamani Street Pahala, HI 96777 (808) 932-4200 https://kauhospital.org

Kohala Hospital

54-383 Hospital Road Kapaau, HI 96755 (808) 889-6211 https://kohala.hhsc.org

Kona Community Hospital

79-1019 Haukapila Street Kealakekua, HI 96750 (808) 322-9311 https://kch.hhsc.org/

North Hawaii Community Hospital

67-1125 Mamalahoa Highway Waimea, HI 96743 (808) 885-4444 https://www.queens.org/north-hawaii/north-hawaii-community-hospital

The Queen's Medical Center (This is not a hospital; it is not for emergencies)

75-5653 Kuakini Highway, #100 Kailua-Kona, HI 96740

West Hawaii Community Health Center, Kailua-Kona

74-5214 Keanalehu Drive Kailua-Kona, HI 96740 (808) 326-5629 http://www.westhawaiichc.org/

West Hawaii Community Health Center, Kealakekua Business Plaza

81-980 Halekii Street Kealakekua, HI 96750 Family Medical: (808) 324-0703 <u>http://www.westhawaiichc.org/</u>

West Hawaii Community Health Center, Selwyn Plaza

81-6627 Mamalahoa Highway Kealakekua, HI 96750 Keiki: (808) 323-8005 Dental: (808) 355-5650 Medical: (808) 355-5600 http://www.westhawaiichc.org/

West Hawaii Community Health Center, Waikoloa Highlands Shopping Center

68-1845 Waikoloa Road, Suite 207 Waikoloa, HI 96738 (808) 769-5160 http://www.westhawaiichc.org/

In-Home, Supported Living, and Respite Care – Hawaii County

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"In-home care" means services that help a person with special needs stay in their home. This includes kupuna, people recovering from surgery, or persons with disabilities. It can mean personal care, homemaking chores, cooking or delivering meals, and having home health care.

"Supported living" is for persons with disabilities. They receive ongoing support that helps them live where they want, with whom they want, and for long as they want. Support includes services such as supported living coaches, employment or day training, transportation, companions, and chore and homemaker services, among others.

"Respite care" is the short-term care of a person who is sick elderly, or disabled. It temporarily provides relief for their caregivers. It could be for just an afternoon, several days, or even weeks. The care can take place at home, in a healthcare facility, or at an adult day care center.

Aloha TLC Home Care

67-1161 Mamalahoa Highway Kamuela, HI 96743 1-808-491-2273 <u>office@alohatlchomecare.com</u> <u>https://www.alohatlchomecare.com</u>

Ano'ano Home Care

54-2489 Kynnersley Road, Lot C Kapaau, HI 96755 (808) 884-5265 <u>mac@naniwale.com</u> <u>http://anoanocarehome.com</u>

CareResource Hawaii

https://careresourcehawaii.org

Hilo Branch 69 Railroad Avenue, Suite A20 Hilo, HI 96720 (808) 935-2718

Kona Branch 75-100 Henry Street, Suite 201 Kailua-Kona, HI 96740

Helping Hands Healthcare

PO Box 817 Volcano, HI 96785 (808) 747-2273 tamara@helpinghands4u.com jodi@helpinghands4u.com http://helpinghands4u.com

Kohala Home Health Care

North Hawaii Community Hospital, Annex Building 67-1125 Mamalahoa Highway Kamuela, HI 96743 (808) 881-4711 <u>https://www.queens.org/north-hawaii/services/kohala-home-health-care-nhch</u>

Mastercare Homecare and Healthcare

395 Kilauea Avenue, Suite B3 Hilo, HI 96720 (808) 935-2230 <u>hilo@gomastercare.com</u> <u>https://www.gomastercare.com</u>

Metrocare Hawaii Plus

327 Kinoole Street Hilo, HI 96720 (808) 934-8334 <u>info@mch2001.com</u> <u>http://www.mch2001.com/index.php</u>

Nurse Pro Care

315 Kinoole Street Hilo, HI 96720 (808) 933-9933 nurseprocare@apexhi.net http://nurseprocare.com/

Regency at Hualalai

75-181 Hualalai Road Kailua-Kona, HI 96740 (808) 329-7878 <u>https://www.regency-pacific.com/senior-living/hi/kailua-kona/regency-at-hualalai/</u>

Seniors Helping Seniors

180 Kinoole Street, Suite 204 Hilo, HI 96720 (808) 792-0002 http://seniorcarebigisland.com/

Ultimacare

315 Kinoole Street Hilo, HI 96720 (808) 933-9933 Hilo, HI 96720 <u>hiloultimacare@gmail.com</u> <u>http://ultimacarehawaii.com</u>

West Hawaii Home Health Services

81-990 Halekii Street, Unit 100 Kealakakekua, HI 96750 (808) 328-9883

Insurance – Hawaii County

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AlohaCare

http://www.alohacare.org/

<u>Hilo</u> 234 Waianuenue Avenue, Suite 105 Hilo, HI 96720 AlohaCare QUEST Integration Members: 1-877-973-0712 AlohaCare Advantage Plus (HMO SNP) Members: 1-866-973-6395

<u>Kailua-Kona</u> 75-5722 Hanama Place, Suite 1103 Kailua-Kona, HI 96740 AlohaCare QUEST Integration Members: 1-877-973-0712 AlohaCare Advantage Plus (HMO SNP) Members: 1-866-973-6395

Aloha Insurance Services, Inc.

75-5931 Walua Road Kailua-Kona, HI 96740 Toll free: 800-483-0333 <u>ais@alohainsurance.com</u> <u>http://www.alohainsurance.com/</u>

Get Started with Medicare

https://www.medicare.gov/sign-up-change-plans/get-started-with-medicare

Hawaii Medical Assurance Association (HMAA)

737 Bishop Street, Suite 1200 Honolulu, HI 96813 (808) 591-0088 1-800-621-6998 https://www.hmaa.com/

Hawai'i Medical Service Association (HMSA)

https://hmsa.com/

<u>Hilo Neighborhood Center</u> Waiakea Center 303 Makaala Street Hilo, HI 96720 Individual: 1-800-620-4672 Medicare: 1-800-693-4672 QUEST: 1-800-440-0640

<u>Kailua-Kona Location</u> 75-1029 Henry Street, Suite 301 Kailua-Kona, HI 96740 Individual: 1-800-620-4672 Medicare: 1-800-693-4672 QUEST: 1-800-440-0640 HMSA offers free workshops for members on topics such as nutrition, healthy aging, injury prevention, and more. For class schedules and locations, call 1-855-329-5461 toll free.

Hawaii State Health Insurance Assistance Program (SHIP)

No. 1 Capitol District 250 South Hotel Street, Suite 406 Honolulu, HI 96813 Oahu: (808) 586-7299 Neighbor Islands: 1-888-875-9229 TTY: 1-866-810-4379 www.hawaiiship.org/

Department of Human Services Med-QUEST Division/ Medicaid Hawaii Sections

Hawaii's QUEST Integration is a Department of Human Services (DHS), Med-QUEST Division (MQD) comprehensive section 1115 (a) demonstration that expands Medicaid coverage to children and adults. Medicaid is a joint federalstate program that provides health coverage or nursing home coverage to certain categories of individuals, including children, pregnant women, parents of eligible children, low income adults, former foster care children, aged, blind and disabled individuals.

East Hawaii Section 1404 Kilauea Avenue Hilo, HI 96720-4670 (808) 933-0339 https://medquest.hawaii.gov/

West Hawaii Section Lanihau Professional Center 75-5591 Palani Road, Suite 3004 Kailua-Kona, HI 96740-3633 (808) 327-4970 https://medquest.hawaii.gov/

Application and Eligibility Information https://medical.mybenefits.hawaii.gov/web/kolea/home-page Kolea State of Hawaii My Medical Benefits Find out if you and your family could qualify for help paying for health insurance.

https://medical.mybenefits.hawaii.gov/web/kolea/home-page

Humana

Medicare, Medicaid, dental, vision, pharmacy, individual and employer plans. https://www.humana.com/

Legal Assistance and Advocacy – Hawaii County

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Court Appointed Special Advocates – Guardians ad Litem (CASA – GAL) – for keiki

Juvenile Client Services Branch Suite A01 Hale Kaulike Judiciary Complex 777 Kilauea Avenue Hilo, HI 96720 (808) 961-7672 (Hilo) (808) 443-2105 (Kailua-Kona) info@casahawaii.org https://www.casahawaii.org/

Hawaii Civil Rights Commission

830 Punchbowl Street, Room 411 Honolulu, HI 96813 (808) 586-8636 TTY: (808) 586-8692 Hawaii County: (808) 974-4000, ext. 6-8636#

Hawaii Online Pro Bono Free Legal Answers (civil legal questions only) https://hawaii.freelegalanswers.org

Legal Aid Society of Hawai`i

Hualalai Center 75-170 Hualalai Rd B303A Kailua-Kona, HI 96740 (808) 329-3910 (Kailua-Kona office) Neighbor Islands Hotline 1-800-499-4302 Senior Legal Hotline (60+) Neighbor Islands 1-888-536-0011 <u>http://www.legalaidhawaii.org/</u> <u>https://www.lawhelp.org/hi</u>

Legal Aid Society of Hawai`i Immigrant Justice Center

Neighbor Islands Hotline 1-800-499-4302 http://www.legalaidhawaii.org/immigrant-justice-center.html

Volunteer Legal Service Hawai`i – Main office on Oahu

545 Queen Street, Suite 100 Honolulu, HI 96813 (808) 313-8210 http://www.vlsh.org/

Neurologists – Hawaii County

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Hawaii Pacific Neuroscience

75-5995 Kuakini Highway, #213 Kona, HI 96740 Call or text: (808) 261-4476 <u>https://www.HawaiiNeuroscience.com</u>

Neuropsychologists – Hawaii County

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Neuropsychologists are psychologists who specialize in understanding the relationship between the physical brain and behavior, and how the brain and systems relate to behavior and thinking. They look at what a person's brain does and how the person acts in life, with regard to emotions, socially, physically, and more. They often work closely with other medical professionals.

Dr. Joseph Eubanks III

75-5995 Kuakini Highway, Suite 445 Kailua-Kona, HI 96740 (808) 895-8975

Neurosurgeons – Hawaii County

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A neurosurgeon is a doctor who diagnoses and surgically treats problems with the central and peripheral nervous systems. The nervous system is connected to the brain and spine and other parts of the body, such as the arms, hands, feet, legs, and sensory organs.

Hawaii Brain & Spine

Kailua-Kona Clinic – in collaboration with Kaloko Pain Clinic 75-184 Hualalai Road, Suite 301 Kailua-Kona, HI 96740-1719 (808) 744-6638 https://www.hawaiibrainandspine.com/contact

Dr. Michael B. Russo – two locations

Honolulu Neuroscience Clinic 1335 Kalanianaole Avenue Hilo, HI (808) 294-3332 https://hawaiisleepneurologist.com/

81-6623 Hawaii Belt Road Kealakekua, HI 96750

Neurotrauma Supports – Maui County

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State of Hawai`i Department of Health Neurotrauma Supports

Toll free: 984-2400 then enter 32155 http://health.hawaii.gov/nt/local-resources/maui-molokai-lanai-resources/

Nursing Homes – Hawaii County

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Nursing homes are private businesses that provide residential accommodations with healthcare support, usually for kupuna. It's a place for people to go who don't need to be in a hospital but can't be cared for at home.

Ho'oNani Care Home

65-1267B Lindsey Road Kamuela, HI 96743 (808) 885-5063 <u>home@hoonaniadultcareservices.com</u> <u>https://hoonaniadultcareservices.com/care-home/</u>

Life Care Center, Hilo 944 W Kawailani Street Hilo, HI 96720 (808) 959-9151 http://lifecarecenterofhilo.com/

Life Care Center, Kailua-Kona

78-6957 Kamehameha III Road Kailua-Kona, HI 96740 (808) 322-2790 http://lifecarecenterofkona.com/

Okano Care Home

16-1397 35th Avenue Keaau, HI 96749 (808) 982-7828 https://www.okanocarehome.com/

Regency at Hualalai

75-181 Hualalai Road Kailua-Kona, HI 96740 (808) 495-0435 <u>http://www.regency-pacific.com/senior-living/hi/kailua-kona/regency-at-hualalai/</u>

Pain Care and Management – Hawaii County

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Oahu Pain Care

80 Pauahi Street #101 Hilo, HI 96720 (808) 933-7222 <u>oahupain@gmail.com</u> <u>http://www.oahupaincare.com/</u>

Play Therapists – Hawaii County

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Play therapy is a kind of counseling or psychotherapy where play is used to help keiki share their feelings. It may help keiki learn how to communicate with others, change how they are acting, find out new and better ways to solve problems, and more. It is sometimes also used with adults.

Burnell, Lisa

(503) 621-8735 innerjourney4@peoplepc.com

Donovan, Kelly (MFT)

75-5591 Palani Rd, Suite 206 Kailua-Kona, HI 96740 (808) 938-4162 <u>kellykonatherapist@gmail.com</u> https://www.kailuakonatherapist.com/home.html

Garcia, Dr. Ziska (Psy.D.) Laupahoehoe: (808) 930-2766 Honoka'a: (808) 775-7204 Geneva, Irene Castro'Lichtenstein (LSC) (808) 658-5183 g.castrolichtenstein@gmail.com

Harvey, Kayla (808) 769-1847 krharvey1398@gmail.com

Patrick, Patricia (MD) (808) 325-5522 dr.patriciapatrick@gmail.com

Williams, Laura Anne (LCSW, RPT-S) 65-1229A Opelo Road Kamuela, HI 96743 (808) 895-0989 Iwilliamsacsw@hotmail.com

Seniors – Kupuna – Hawaii County

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Captain Cook Senior Club

Meets Tuesdays at 9 a.m. in Yano Hall in Captain Cook. (808) 328-2097 <u>emm96704@gmail.com</u>

Community Paramedicine Program

Hawaii Fire Department paramedics offer home safety checks, fall prevention education, and smoke detector installations. They also provide physical, social, and home environment assessments to identify needs and make referrals. (Please <u>do not</u> call 911 for these services.) (808) 339-5882 <u>vern.hara@hawaiicounty.gov</u>

County of Hawaii Parks and Recreation Elderly Activities Division

Coordinated services program – information, referrals, advocacy, outreach, and assistance with filling out application forms, transportation, in-home (chore) services, and other support services. Hilo: (808) 961-8777 Kona: (808) 323-4320 TTY: (808) 961-8025 <u>csehilo@hawaiicounty.gov</u> http://www.hawaiicounty.gov/pr-elderly

East Hawaii Locations

Hilo Coordinated Services 1055 Kinoole Street, Suite 106 Hilo, HI 96720-3872 (808) 961-8777 TTY: (808) 961-8025 <u>csenhilo@hawaiicounty.gov</u>

Puna and Keaau Keaau Community Center 16-186 Pili Mua Street Keaau, HI 96749 (808) 966-5800 csepuna@hawaiicounty.gov

Pahoa Pahoa Senior Center 16-3016 Kauhale Street Pahoa, HI 96778 (808) 965-2705 <u>csepahoa@hawaiicounty.gov</u>

Kau and Pahala Pahala Hawaii Housing Center 96-1169 Holei Street Pahala, HI 96777 (808) 928-3100 csepahala@hawaiicounty.gov

Naalehu Naalehu Community Center 95-5635 Mamalahoa Highway Naalehu, HI 96772

West Hawaii Locations

Kona Coordinated Services West Hawaii Civic Center, Building B 74-5044 Ane Keohokaole Highway Kailua-Kona, 96740 (808) 323-4320 <u>csekona@hawaiicounty.gov</u>

Kohala Old Bank of Hawaii Building 54-3888 Akoni Pule Kapaau, HI 96755 (808) 889-6502 csekohala@hawaiicounty.gov

Kamuela Lily Yoshmatsu Senior Center 67-1199 Mamalahoa Highway Kamuela, HI 96743 (808) 887-3008 csewaimea@hawaiicounty.gov

Hamakua Hale Hauoli Senior Center 45-540 Koniaka Place Honokaa, HI 96727 (808) 775-7503 csehamakua@hawaiicounty.gov

Hawaii County Nutrition Program

1055 Kinoole Street, Suite 102 Hilo, HI 96720 (808) 961-8726 <u>nutritionprogram@hawaiicounty.gov</u> <u>http://www.hawaiicounty.gov/pr-elderly</u>

Hawaii Fall Prevention Consortium

Information about fall prevention, interactive map of resources, and classes to help prevent falls.

https://health.hawaii.gov/injuryprevention/home/preventing-falls/information/

HIAC: Hawaii Island Adult Care Inc.

34 Rainbow Drive Hilo, HI 96720 (808) 961-3747 http://www.hawaiiislandadultcare.org/

Honaunau Senior Club

Meetings are Thursdays at 9 a.m. at the Painted Church. (808) 960-4871 keao@hawaii.rr.com

Ho'oNani Adult Care Service Inc. and Ho'oNani Day Care Center

65-1267B Lindsey Road Kamuela, HI 96743 (808) 887-6440 home@hoonaniadultcareservices.com https://hoonaniadultcareservices.com/

Ho'oNani Care Home

65-1267B Lindsey Road Kamuela, HI 96743 (808) 887-1752 home@hoonaniadultcareservices.com https://hoonaniadultcareservices.com/

iPods for the Elderly

Provides customized iPods/MP3 players to residents on the Big Island, as well as throughout Hawaii. This is a no-cost services that carefully customizes music relevant to recipients that may have the capacity to bring back memories of those experiencing memory loss. Under the umbrella of the North Kohala Community Resource Center.

Jen McGeehan P.O. Box 410 Paauilo, HI 96776 (808) 747-2365 ipodsfortheelderly@gmail.com

Kahi Mālama - A Place of Caring Aging and Disability Resource Center

1055 Kinoole Street Hilo, HI 96720 (808) 323-4390 (808) 961-8626 https://www.hcoahawaii.org/

Kailua-Kona Seniors

Club members meet Wednesdays at 10 a.m. at Hale Halawai in Kailua-Kona. Call to confirm schedule. (808) 987-1123 <u>Kailuasue@aol.com</u>, <u>nabrooks612@aol.com</u>

Kohala Senior Club

Meetings are held on Mondays at 9 a.m. at the Kohala Intergenerational Center. (808) 889-6502 or (808) 889-0383 <u>kohalaseniors@gmail.com</u>

Kupuna Caregivers Program

In July 2017 Governor David Ige signed into law, HB 607 appropriating \$600,000 to the Executive Office on Aging (EOA) to establish the Kupuna Caregivers program, aimed at supporting working caregivers. Recognizing the tremendous contributions of caregivers, the bill provides financial assistance to support employed caregivers to remain in the workforce, provided certain criteria are met. EOA and the county Area Agencies on Aging are working to develop and implement the program. EOA plans to launch the Kupuna Caregivers program in 2018.

https://hawaiiadrc.org/Portals/_AgencySite/KCG%20Info%20sheet%20071117_ FINAL.pdf

Life Care Center, Hilo

944 W Kawailani Street Hilo, HI 96720 (808) 959-9151 http://lifecarecenterofhilo.com/

Life Care Center, Kailua- Kona

78-6957 Kamehameha III Road Kailua-Kona, HI 96740 (808) 322-2790 http://lifecarecenterofkona.com/services

Office on Aging and Aging and Disability Resource Center

https://hcoahawaii.org

Hilo 1055 Kinoole Street Hilo, HI 96720-3872 (808) 961-8626

Kona West Hawaii Civic Center, Building B, 1st Floor 74-5044 Ane Keohokaole Highway Kailua-Kona, 96740 (808) 323-4390

Senior Medical Patrol (SMP)

Trained volunteers help Medicare and Medicaid beneficiaries prevent, detect, and report health care fraud. (800) 296-9422

State Health Insurance Assistance Program (SHIP)

Certified senior volunteers assist Medicare beneficiaries with enrollment, coverage questions, and complex issues. (888) 875-9229

Waikoloa Senior club

Meets 3rd Mondays at 9 a.m. at the Waikoloa Village Association Community Room. (808) 883-2424 <u>stephaniestearns16@gmail.com</u> http://www.waikoloa.org/page/29336~630509/Waikoloa-Senior-Center

Waimea Senior Club

Meetings are on the 2nd Tuesdays at 9 a.m. at the Lily Yoshimatsu Senior Center. (808) 885-4307

pk.lewi@gmail.com

Social Services – Hawaii County

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Social services are a range of public services provided by the government, private, profit and non-profit organizations. These public services aim to create more effective organizations, build stronger communities, and promote equality and opportunity.

Catholic Charities Hawaii

Clarence T. C. Ching Campus 1822 Keeaumoku Street Honolulu, HI 96822 <u>https://www.catholiccharitieshawaii.org</u> Hawaii phone number: (808) 933-4357

HOPE Services Hawaii, Inc.

296 Kilauea Avenue Hilo, HI 96720 (808) 935-3050 info@hopeserviceshawaii.org http://hopeserviceshawaii.org/

Malama Perinatal Program

75-127 Lunapule Road, Suite 11

Kailua-Kona, HI 96740 (808) 885-1234

Neighborhood Place of Kona

75-166 Kalani Street, Suite 104 Kailua-Kona, HI 96740 (808) 331-8777

YWCA of Hawaii Island-Healthy Start Program, Sexual Assault Support Services and Teen Court Program, Kailua- Kona 75-5706 Hanama Place, Suite 202 Kailua-Kona, HI 96740 (808) 334-1624 https://www.ywcahawaiiisland.org/

YWCA of Hawaii Island-Healthy Start Program, Sexual Assault Support Services and Teen Court Program, Hilo

1382 Kilauea Avenue Hilo, HI 96778 (808) 961-3877 https://www.ywcahawaiiisland.org/

YWCA of Hawaii Island-Healthy Start Program, Sexual Assault Support Services and Teen Court Program, Hilo

145 Ululani Street Hilo, HI 96778 (808) 935-7141 https://www.ywcahawaiiisland.org/

Social Workers – Hawaii County

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"LCSW" stands for "licensed clinical social worker." An LCSW has successfully completed getting a Master of Social Work degree. After that, they must complete additional course work and take part in clinical training in the field, and pass a licensing test. Note that some of the social workers below may be licensed clinical social workers, or have other kinds of licensing and / or specialized training, but that information was not available to be listed here.

Alameda, Charmaine

561 Alawaena Street, Suite M Hilo, HI 96720 (808) 443-3706

Island Paradise Counseling, LLC

190 Keawe Street, Suite 22 Hilo, HI 96720 (808) 935-0070

Mollo, Lynne, LCSW Kipuka Counseling and Consulting 224 Kamehameha Avenue, Suite 205 Hilo, HI 96720 (808) 938-4393 http://kipuka-counseling-and-consulting.business.site/

Plummer, Carol

305 Wailuku Drive Hilo, HI 96720 (808) 765-9163

Spain, Bertram, K

214 Waianuenue Avenue Hilo, HI 96720 (808) 961-7015

Lambe, Tracey W., LCSW

27 Ululani Street Hilo, HI 96720 (808) 969-3370 https://traceylambe.wixsite.com/lcsw

Support Groups (TBI, SCI, Stoke) – Hawaii County

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Sometimes the days and times of meetings change, are cancelled due to holidays, or groups are no longer meeting. It is always best to check if a group is still meeting at the day and time listed below before attending a meeting for the first time.

American Stroke Association Online Support Network (Online support) https://supportnetwork.heart.org/

Hilo Stroke Support Group

Gather and support stroke survivors, family, friends, and caregivers 2nd Tuesday of every month from 4:00-5:00pm. 1190 Waianuenue Avenue Hilo, HI 96720 (808) 932-3049 <u>https://www.hilomedicalcenter.org/</u>

Pacific Head Injury Support Group (Kona Head Injury Support Group)

Meetings take place the second Wednesday of each month, from 6 – 8:00 p.m. Meeting Place: Hawaiian Rehabilitation Services 75-165 Hualalai Road, #100 Kailua-Kona, HI 96740 (808) 322-2352

Stroke Family Warmline (Telephone support)

Available Monday-Friday between 8:00 am-5:00 pm Central Time 1-888-4-STROKE (1-888-478-7653)

Therapists (OT, PT, RT, ST) – Hawaii County Occupational, Physical, Recreational, and Speech Therapists

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Occupational therapy (OT) – A kind of therapy (a way to get better) from a physical or mental illness that focuses on activities that we do in our daily lives. This could include things like helping people learn how to take care of themselves again, helping children with disabilities be able to go to school, learning how to work again, and more.

Physical therapy (PT) – A way to treat a disease or injury by using physical methods such as exercise, massage, and heat treatment, among others. The idea is to save, make better, or restore movement and physical function.

Recreational therapy (RT) – This therapy uses recreation and other activitybased work to help people recover from illnesses and / or disabling conditions. The treatment is specially designed for the person and might include arts and crafts, cooking, dance, music, drama, social activities, fitness activities, games, puzzles, writing, and more.

Speech therapy (speech and language pathologist, or SLPs) – SLPs are experts in communication. They work with people of all ages from babies to adults. They treat many times of communication and swallowing problems.

Allison G. Rigg (OT)

Kailua-Kona, HI 96740 808 329-0591 http://hawaiianrehabilitationservices.com/

Big Island Physical Therapy by Pakolea (PT Clinic)

740 Kilauea Avenue Hilo, HI 96720 (808) 935-5255

BodyPro Physical Therapy, Inc. (PT, OT Clinic)

64-974 Hawaii Belt Road, Suite 103 Waimea, HI 96743 (808) 887-1371 http://www.bodyprotherapy.com/

Christian P. Robinson (OT)

21 Kalanianaole Avenue C Hilo, HI 96720 (808) 930-0777

Christopher R. Carlson (RPT)

Kailua-Kona, HI 96740 (808) 329-7744

Club Rehab Physical & Occupational Therapy (PT, OT Clinic)

75-5699 Kopiko Street Kailua-Kona, HI 96740 (808) 329-7744 <u>http://clubrehabhawaii.com/</u>

Diane I. Bergeron (OTR – registered occupational therapist)

78-6957 Kamehameha III Road Kailua-Kona, HI 96740 808 329-0591

Hawaii Physical Therapy & Chiropractic Clinic (PT)

261 Waianuenue Avenue Hilo, HI 96720 (808)961-5663 http://www.hiptchiro.com/

Jo Ann Hiroshige (PT)

78-6957 Kamehameha III Road Kailua-Kona, HI 96740 (808) 322-2790

Jonathan S. Camacaylan (PT)

75 Hualalai Road Kailua-Kona, HI 96740 (808) 329-0591

Joy B. Pruitt (Speech pathologist)

280 Kaiulani Street Hilo, HI 96720 (808) 935-7096

Juyhun Kim (PT)

75-5699 Kopiko Street Kailua-Kona, HI 96740 (808) 329-7744

Ke Ola Kino Physical Therapy (PT)

2064 Kilauea Avenue Hilo, HI 96720 (808) 339-7478 <u>https://keolakinopt.com/?utm_source=google-business-listing</u>

Kiriu Sidney K (PT) 1292 Waianuenue Avenue Hilo, HI 96720 (808) 934-4000

Knutowicz, Susan (PT)

75-5719 Ali'i Drive Kailua-Kona, HI 96740 (808) 443-4574 Physical Therapist in the Kailua-Kona area.

Kona Rehab (PT Clinic)

75-1029 Henry Street, Suite 101 Kailua-Kona, HI 96740 (808) 334-0806 http://www.konarehab.com/

Laura S. Segaran (OT)

944 West Kawailani Street Hilo, HI 96720 (808) 959-9151

Lisa A. Brittain (Speech Pathologist)

75-165 Hualalai Road Kailua-Kona, HI 96740 (808) 329-0591

Mary A. Dahlager (PT)

75-184 Hualalai Road Kailua-Kona, HI 96740 (808) 334-4400

Merril H. Kornbluth (OT)

75-165 Hualalai Road Kailua-Kona, HI 96740 (808) 329-0591 http://hawaiianrehabilitationservices.com/

Michael G. Brown (PT)

78-6957 Kamehameha III Road Kailua-Kona, HI 96740 (808) 322-2790

Patti H. Taira-Tokuuke (PT)

116 Hualalai Street, Suite 101 Hilo, HI 96720 (714) 452-7123

Shannon Kitamura (PT)

944 W Kawailani Street Hilo, HI 96720 (808) 959-9151

South Kona Physical Therapy (PT Clinic)

82-6066 Mamalahoa Highway, Suite 7 Captain Cook, HI 96704 (808) 323-8123 http://www.southkonapt.com/

Therapydia Kona (PT Clinic)

78-6831 Alii Drive, Suite 420 Kailua-Kona, HI 96740 (808) 726-2991 https://therapydiakona.com/

Warren R. Sakaino (RPT – registered physical therapist)

155 Hoonanea Street Hilo, HI 96720 (808) 981-0484

Wendy C. Correa (OT)

49 Kaiulani Street Hilo, HI 96720 (808) 961-3081

Transportation – Hawaii County

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Hawaii County Economic Opportunity Council – Transportation services for elderly persons, those who are low-income, and / or have disabilities. 47 Rainbow Drive Hilo, HI 96720-2013 (808) 961-2681 x 400 <u>hceocdirector@hceoc.net</u> <u>http://hceoc.net/programs/transportation/</u>

Hawaii Island Hele-On Bus (808) 961-8744 http://heleonbus.org/

Hele-On Shared Ride Taxi Program – Available in an area up to a nine-mile radius from a point in Hilo using purchased taxi coupons. The fleet includes seven taxi companies and an ADA accessible vehicle (through Kwiki Taxi) which is used for shared rides and regular fares.

http://www.heleonbus.org/shared-ride-taxi-program-1

Hele-On Kako`o Paratransit (808) 961-8408 http://www.heleonbus.org/paratransit

Kona Airport Shuttle

ADA vehicle reservations must be made a minimum of 48 hours prior to date and time of service. Include accommodation information at time of booking. Reservations 1-808-439-8800

https://www.airportshuttlehawaii.com/shuttles/hawaii/

Wheelchairs, Lifts, and Ramps – Hawaii County

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1-800Wheelchair

Toll free 1-800-320-7140

Access Lifts of Hawai`i (808) 955-4387

Aloha Medical Supplies & Services Inc.

190 Keawe Street, Suite 15 Hilo, HI 96720 (808) 769-2849

Aloha Medical Supplies & Services Inc.

81-6645 Mamalahoa Highway Kailua-Kona, HI 96750 (808) 323-3313

Aloha Medical Supplies & Services Inc.

64-957 Mamalahoa Highway, Suite 3 Waimea, HI 96743 (866) 887-2828

Disability and Communication Access Board (DCAB) – Modifying Your Home for Accessibility

https://health.hawaii.gov/dcab/files/2013/01/Modifying Your HomeFS.pdf

Electric Wheelchairs 101

1 (800) 225-9309 Customer Support 1 (800) 794-9832

Home Depot Wheelchair Ramps (Hilo store)

Note: You may need to go to the Kahului store page first, then search for "wheelchair ramps"

https://www.homedepot.com/s/wheelchair%2520ramp?NCNI-5

Lowe's Wheelchair Ramps and Components (Kona store)

Note: You may need to go to the Kahului store page first, then search for "wheelchair ramps"

https://www.lowes.com/pl/Wheelchair-ramps-components-Wheelchairsmobility-aids-Accessible-home/4294642679?offset=36

Thrive for Life Accessibility Specialists – Home modifications for accessible

living 1441 Kapiolani Blvd., Suite 1114 #64015 Honolulu, HI 96814 (808) 797-2590