Neurotrauma Resources (Brain Injuries, Stroke, Spinal Cord Injuries) For: Kauai County

Prepared by:

Pacific Disabilities Center

Hawaii Neurotrauma Registry Project

(808) 692-1370

pacdisct@hawaii.edu

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https://health.hawaii.gov/nt/

General Assistance – Kauai County

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Note: Resources listed here serve the island of Kauai but may have a physical presence and contact information for Oahu only.

This is a listing of a wide range of resources, including those having to do with air travel, assistive technology, benefits, caregivers, disabilities, emergency notifications, employment, energy assistance, financial assistance, financial counseling, food assistance, household safety, housing, independent living services, insurance, legal aid, pill reminder services, service animals for those who are not blind, and services for women and children.

"Assistive technology" mean any kind of equipment or device or system that helps a person who has a disability. These are things like wheelchairs, walkers, glasses, hearing aids, computer screen magnifiers, ramps, special handles and grips, lights on telephones, closed captioning on TV and movie screens, and more.

"Independent living," for persons with disabilities, means having equal opportunities, self-respect, being able to decide things for themselves, and advocating for themselves, among other things.

Aloha Independent Living Hawaii

Aloha Independent Living Hawaii (AILH) serves persons with disabilities on all islands. Services are free and the only eligibility requirement is that consumers must be a person with a disability. They provide five core services: 1) Information and referral; 2) peer counseling; 3) advocacy; 4) independent living skills; and 5) transition (young people with disabilities transitioning to employment, further education, or independent living, or helping people transition from health care facilities back to community-based living or help people avoid entering institutions.

94-909 KauOlu Place Waipahu, HI 96797 (800) 385-2454 https://alohailhawaii.org/

Assistive Technology Resource Center

200 N. Vineyard Blvd., Suite 430 Honolulu, HI 96817 (808) 531-7110 <u>atrc-info@atrc.org</u> <u>https://www.atrc.org/contact-us/</u>

Carrier Alert Program

Carrier Alert is a cooperative community service program to monitor the wellbeing of elderly and disabled mail patrons. As one of the few—and some days only—point of human contact for home-bound patrons, letter carriers are particularly attuned to signs that could mean an accident or illness.

When a volunteer carrier notes something unusual concerning a patron registered with Carrier Alert, he or she reports it to a postal supervisor or other designated individual who in turn contacts the sponsoring local agency. They check on the person and if something's wrong, contact family, police or emergency services as appropriate.

https://www.nalc.org/community-service/carrier-alert

Catholic Charities Hawaii

Housing placement and homelessness prevention programs. Kauai: (808) 241-HOPE (4673) https://www.catholiccharitieshawaii.org/

Consumer Credit Counseling Service of Hawaii

1164 Bishop Street, Suite 1614 Honolulu, HI 96813 (808) 531-3225

Department of Human Services

http://humanservices.hawaii.gov/

Disability and Communication Access Board (DCAB)

DCAB provides public advocacy for persons with disabilities, establishes guidelines for the design of buildings and facilities on behalf of the State and counties, issues administrative rules for the utilization of communication access services, and administers the statewide program for the issuance of parking placards to disabled persons.

1010 Richards Street Room 118 Honolulu, HI 96813 (808) 586-8121 TTY: (808) 586-8162 <u>dcab@doh.hawaii.gov</u> <u>http://health.hawaii.gov/dcab</u>

Division of Vocational Rehabilitation

The Division of Vocational Rehabilitation (DVR) provides services to Hawai'i community members who experience barriers to employment due to a physical or cognitive disability. Staff assist job seekers with disabilities prepare, secure, and retain competitive employment in an integrated work setting.

3060 Eiwa Street, #304 Lihue, HI 96766 (808) 274-3333 <u>http://humanservices.hawaii.gov/vocationalrehab/</u>

Fair Housing Enforcement Program Legal Aid Society of Hawaii

The Fair Housing Enforcement Program is a unit within the Legal Aid Society of Hawaii that specifically handles housing discrimination matter in Hawaii. Their jurisdiction covers legal matters throughout the entire state of Hawaii. 924 Bethel Street Honolulu, Hawaii 96813 (808) 536-4302 Toll free: (800) 499-4302 <u>https://www.fairhousinghawaii.org/</u>

General Assistance (GA), State of Hawaii

Provides cash benefits for food, clothing, shelter, and other essentials to adults ages 18 – 64, without minor dependents, who are temporarily disabled and do not qualify for Social Security. To be eligible, the adult must have little or no income, not qualify for a federal category of assistance, and be certified by a Department of Human Services medical board to be unable to engage in any substantial employment of at least thirty hours per week for a period of at least 60 days.

http://humanservices.hawaii.gov/bessd/ga/

Government Benefits Finder

An online tool that makes it easier for consumers to find information on government benefits.

https://www.benefits.gov/benefit-finder

Hawaiian Community Assets

Financial counseling, rental counseling, pre-purchase counseling, post-purchase counseling, and foreclosure prevention counseling. 200 N. Vineyard Blvd., B140 Honolulu, HI 96817 Honolulu: (808) 587-7886 Hilo: (808) 934-0801 Anahola: (808) 632-2070 http://www.hawaiiancommunity.net/

Hawaii Disability Right Center (HDRC)

HDRC is authorized to administer Federal Protection and Advocacy Programs for: Individuals with Mental Illness, Individual Rights, Individuals in Need of Assistive Technology, Beneficiaries with Representative Payees, Beneficiaries of Social Security, Individuals with Traumatic Brain Injury, Voter Access, and Client Assistance Program.

1132 Bishop Street, Suite 2102 Honolulu, HI 96813 (808) 949-2922 Toll free: 1-800-882-1057 <u>info@hawaiidisabilityrights.org</u> https://www.hawaiidisabilityrights.org/

Hawaii Energy

A free energy-saving program for single-family homes and multifamily properties. Energy saving items include, but are not limited to, energy efficient lighting, high pressure, high-efficiency showerheads and kitchen and bathroom faucet aerators, and smart power strips. They may be able to help with energy efficient appliance purchases. The offer a free custom education program, "Energy Unplugged," and a custom incentive program for new residential construction and rehabilitation projects that incentivizes the design and development of new or rehabilitated dwellings covering lighting, appliances, HVAC, thermostats, and whole house fans. (808) 537-5577 Toll free: (877) 231-8222 <u>HawaiiEnergy@honeywell.com</u> https://hawaiienergy.com/forhomes/es4h

Hawaii Fido Services Dogs

Provides trained service dogs to people with disabilities other than blindness in Hawaii and related education to the community.

59-790 Kamehameha Highway Haleiwa, HI 96712 (808) 638-0200 https://www.hawaiifido.org/

Hawaii Pacific Health Financial Assistance Program (Kapiolani, Pali Momi, Straub, Wilcox Hospitals) 888 South King Street Honolulu, HI 96813 (808) 522-4013 Toll free: 866-266-3935 billing@hawaiipacifichealth.org https://www.hawaiipacifichealth.org/patients-visitors/financial-assistanceprogram/

Hawaii Public Housing Authority

The Hawaii Public Housing Authority helps provide Hawaii residents with affordable housing and shelter without discrimination.

1002 North School Street Honolulu, Hawaii 96817 (808) 832-4692 TTY: (808) 832-6083 <u>hpha@hawaii.gov</u> http://www.hpha.hawaii.gov/index.html

Hawaii Unemployment Insurance (UI)

To apply for state unemployment benefits. UI call center: (833) 901-2275 https://labor.hawaii.gov/ui/

Housing and Urban Development (HUD)

Foreclosure avoidance counseling. For a list of HUD counseling agencies located in Hawaii, go to:

https://apps.hud.gov/offices/hsg/sfh/hcc/fc/index.cfm?webListAction=search& searchstate=HI&filterSvc=dfc

Island Skill Gathering

Local access on all islands to assistive technology. 472 Kanaina Avenue Honolulu, HI 96815-4225 (808) 732-4622 Isghawaii808@twc.com http://isghawaii.com/

Kaiser Permanente Medical Financial Assistance Program

For Kaiser members having trouble paying their medical and pharmacy expenses.

https://about.kaiserpermanente.org/community-health/communities-weserve/hawaii-community/medical-financial-assistance-program

Kauai County Housing Agency (Section 8)

County of Kauai Housing Agency Piikoi Building 4444 Rice Street, Suite 330 Lihue, HI 96766

Housing and Community Development

(808) 241-4444 https://www.kauai.gov/Housing

Kupuna Caregivers Program

In July 2017 Governor David Ige signed into law, HB 607 appropriating \$600,000 to the Executive Office on Aging (EOA) to establish the Kupuna Caregivers program, aimed at supporting working caregivers. Recognizing the tremendous contributions of caregivers, the bill provides financial assistance to support employed caregivers to remain in the workforce, provided certain criteria are met. EOA and the county Area Agencies on Aging are working to develop and implement the program. EOA plans to launch the Kupuna Caregivers program in 2018.

https://hawaiiadrc.org/Portals/_AgencySite/KCG%20Info%20sheet%20071117_ FINAL.pdf

Low Income Home Energy Assistance Program (LIHEAP), State of Hawaii

Provides heating and / or cooling assistance to needy Hawaii household by assisting with a one-time payment towards their utility bill. (808) 586-5734 <u>Efurtado-fischer@dhs.hawaii.gov</u> http://humanservices.hawaii.gov/bessd/liheap/

MyMedisafe

A free app for iPhones and smart phones that provides free pill reminder services. A caregiver can be added who will be notified in case the person misses a dose. Daily, weekly, and monthly reports are available from the app and on wearable devices. All medicines, doses, report, appointments, etc., can be kept on MyMedisafe.

https://www.mymedisafe.com/

National Council on Aging – Benefits Check-up

Search a database of more than 2,500 federal, state, and local program that can help kupuna with prescription drug costs, health care, food, utilities, and other basic needs.

https://www.benefitscheckup.org/

Project Dana Home Safety Program

The program provides an initial home assessment visit, educational information on home safety, recommendations for possible home modifications, and a follow-up home assessment. For more information or to request a free Home Safety Assessment, contact Mike Hirano at Project Dana at (808) 945-3736.

Pūnāwai Program by Helping Hands Hawaii

The Pūnāwai Program is a statewide Office of Hawaiian Affairs (OHA)-funded program that assists Native Hawaiian beneficiaries with services designed to help individuals and families stabilize their living situations/lives and work towards self-sufficiency in the future.

2100 N. Nimitz Highway Honolulu, HI 96819 (808) 440-3804 <u>http://helpinghandshawaii.org/programs/emergency-assistance-program/punawai-program/</u>

Queen's Health Systems Financial Assistance

https://www.queens.org/the-queens-medical-center/patients-and-visitors/payyour-bill/financial-assistance-qmc

Ready to Learn by Helping Hands Hawaii

RTL partners with social service agencies across Hawaiiand generous donors from the community to help prepare thousands of local children for the upcoming school year. 2100 N. Nimitz Highway Honolulu, HI 96819 (808) 440-3881 rtl@helpinghandshawaii.org http://helpinghandshawaii.org/programs/ready-to-learn/

Social Security Disability Income (SSDI)

The Social Security Administration (SSA) offers financial assistance to Americans with disabilities that inhibit their ability to work. Call first to make an appointment. 4334 Rice Street Lihue, HI 96766 https://www.ssa.gov/benefits/disability/

Supplemental Nutrition Assistance Program (SNAP)

The Hawaii Supplemental Nutrition Assistance Program (SNAP) helps supplement food budgets for low-income working families and individuals, people on public assistance, seniors and people with disabilities. In Hawaii, SNAP benefits are distributed through the state's Electronic Benefit Transfer (EBT) system.

https://www.realchoices.org/site/408/financial_assistancefood_stamp_applicat ion_form.aspx

Supplemental Nutrition Assistance Program (SNAP) Outreach by Helping Hands Hawaii

2100 N. Nimitz Hwy Honolulu, HI 96819 (808) 440-3812 <u>hhh@helpinghandshawaii.org</u> <u>http://helpinghandshawaii.org/programs/supplemental-nutrition-assistance-program-snap-outreach/</u>

Supplemental Security Income (SSI)

The Supplemental Security Income (SSI) program pays benefits to disabled adults and children who have limited income and resources. SSI benefits are also payable to people 65 and older without disabilities who meet the financial limits. People who have worked long enough may also be able to receive Social Security disability or retirement benefits as well as SSI. https://www.ssa.gov/benefits/ssi/

Temporary Assistance for Needy Families (TANF) and Temporary Assistance for Other Needy Families (TAONF), State of Hawaii

Limited time financial assistance benefits for families with children. <u>http://humanservices.hawaii.gov/bessd/files/2015/01/TANF-Brochure-2015.pdf</u>

TSA Cares

Extra assistance during the security screening process for travelers with disabilities, medical conditions, and other special circumstances. Preferably, call 72 hours prior to traveling with questions about what to expect at the security checkpoint, or ask for a "passenger support specialist" at the airport. (855) 787-2227

WIC (Women, Infants, and Children) Program

235 S. Beretania Street Suite 701 Honolulu, HI 96813 (808)586-8175 <u>linda.chock@doh.hawaii.gov</u> http://health.hawaii.gov/wic

WorkWise Kauai 4444 Rice Street, Suite 302 Lihue, HI 96766 (808) 274-3056 https://www.unemploymentoffice.org/workwise-kauai-hawaii

Adult Day Care Programs – Kauai County

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"Adult day care" means a group setting where seniors and adults with disabilities can go during the daytime. It is not a place where they live. The professional staff there help health, nutritional, social, and daily living needs of these individuals. Adult day care also helps by giving caregivers time to go to work, go shopping, etc.

Kauai Adult Day Health Center

2943 Kress Street Lihue, HI 96766 (808) 246-6919 http://www.adultcentershawaii.com/

Ohana Pacific Management Company Inc.

2943 Kress Street Lihue, HI 96766 (808) 246-6919 <u>kadh@ohanapacific.com</u> <u>http://www.ohanapacific.com/locations/kauai/lihue/kauai-adult-day-healthcenter/</u>

The County of Kauai Agency on Elderly Affairs (AEA)

4444 Rice Street, Suite 330 Lihue, HI 96766 (808) 241-4470 <u>elderlyaffairs@kauai.gov</u> <u>http://www.kauai.gov/Elderly</u>

Alcohol and Drug Abuse Services – Kauai County

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Behavioral Health Programs by Helping Hands Hawaii

2100 N. Nimitz Highway Honolulu, HI 96819 (808) 643-2643 <u>http://helpinghandshawaii.org/programs/behavioral-health/</u>

Hawaii Pathways Project by Helping Hands Hawaii

2100 N. Nimitz Highway Honolulu, HI 96819 (808) 440-3825 <u>http://helpinghandshawaii.org/programs/hawaii-pathways-project/</u>

Hawaii Addiction Recovery

2110 Kaneka Street, Suite 126 Lihue, HI 96766 (808) 212-7272

Hope, Help & Healing Kauai

(808) 245-3740

McKenna Recovery Center

4374 Kukui Grove Street, Suite 104 Lihue, HI 96766 (808) 246-0663 <u>http://mckennarecoverycenter.com/</u>

Assisted Living Facilities – Kauai County

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"Assisted living" is housing for kupuna or persons with disabilities that provides nursing care, housekeeping, prepared meals, and other help with daily activities. People live as the facility, which provides 24-hour supervision.

Hale Kupuna Heritage Home

4297A Omao Road P.O. Box 1287 Koloa, HI 96756 (808) 742-7591 <u>admissions@halekupuna.com</u> <u>http://www.ohanapacific.com/locations/kauai/koloa/hale-kupuna-heritage-home/</u>

Kauai Care Center

9611 Waena Road Waimea, HI 96796 (808) 338-1681 <u>http://www.regency-pacific.com/senior-living/hi/waimea/kauai-care-center/</u>

Regency at Puakea

2130 Kaneka Street Lihue, HI 96766 (808) 246-4449 <u>http://www.regency-pacific.com/senior-living/hi/lihue/regency-at-puakea-retirement-assisted-living/</u>

Blindness and Vision Loss – Kauai County

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Department of Human Services Division of Vocational Rehabilitation: Ho`opono Services for the Blind (Main office on Oahu) 1901 Bachelot Street Honolulu, HI 96817 (808) 596-5282 http://humanservices.hawaii.gov/vr/hoopono/about/

Guide Dogs of Hawaii

1600 Kapiolani Blvd., Suite 214 Honolulu, HI 96814 (808) 941-1088 Neighbor Islands: (866) 697-6971 http://www.guidedogsofhawaii.org/

Hawaii Association of the Blind

1550 Ainakoa Avenue Honolulu, HI 96821 (808) 521-7648 <u>hab50@hotmail.com</u> <u>http://www.acb.org/hawaii/contact.html</u>

Leader Dogs for the Blind

1039 S. Rochester Road Rochester Hills, MI 48307 (248) 651-9011

Case Management – Kauai County

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"Case management" is working together to find out what is needed, and to plan and coordinate care based on the needs of an individual or group. This may refer to health and / or other needs. A case manager helps to link a client to services and resources. A case manager may also advocate for a client, for example if there is something they need but cannot get.

Above and Beyond Case Management

821 Hoomalimali Street Pearl City, HI 96782 (808) 312-1277 <u>aboveandbeyondcm@gmail.com</u> <u>http://www.aboveandbeyondcm.com/case-management-contact-us</u>

Absolute Care Management Services (Oahu, Hawaii, Maui, Kauai) 803 Kamehameha Highway, Suite 307 Pearl City, HI 96782 (808) 455-1900 absolutecarehawaii@gmail.com All Island Care Management Services (Oahu, Kauai, Hawaii, Maui, Lanai, Molokai) 1188 Bishop Street, Suite 1508 Honolulu, HI 96813 (808) 536-7100 info@allisland-cmc.com

Blue Water Resources (Oahu, Kauai, Maui, Hawaii, Molokai, Lanai) 94-408 Akoki Street, Suite 202 Waipahu, HI 96797 (808) 678-3662 <u>support@808bluewaterresources.com</u>

Case Management Professionals, Inc. (Oahu, Kauai, Hawaii, Maui, Lanai, Molokai) 94-235 Hanawai Circle, Suite 1B Waipahu, HI 96797 (808) 689-1937 info@cmp-hi.com

Child & Family Services 2970 Kele Street, Suite 203 Lihue, HI 96766 (808) 245-5914 https://www.childandfamilyservice.org/programs/vcm/

Developmental Disabilities Division Case Management Units https://health.hawaii.gov/ddd/about/contact/

Veterans Administration Case Management Agency (Oahu, Kauai, Hilo, Maui) (808) 433-0148 Rosemary.naa@va.gov

Child Care – Kauai County

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Ae Kamalii Preschool

2943 Kress Street, Suite B Lihue, HI 96766 (808) 245-6622 http://www.aekamaliipreschool.org/

Aloha School Early Learning Center

P.O. Box 1408 Hanalei, HI 96714 (808) 826-6421 http://www.alohaschoolhanalei.org/

Childcare Kauai

5164 Paanau Road, Suite 409 Koloa, HI 96756 (808) 635-4659 <u>mail@childcarekauai.com</u> <u>http://childcarekauai.com/index.html</u>

Hale Malama Childcare

5534 Kaapuni Road Kapaa, HI 96746 (808) 216-8221

Kauai Independent Daycare Service

1346 Inia Street Kapaa, HI 96746 (808) 822-0262 https://www.kidskauai.org/

Menehune School

5-5428 Kuhio Highway Princeville, HI 96722 (808) 826-6133 <u>http://site.menehuneschool.com/Home_Page.php</u>

Nana Banana

(808) 639-6397 NanaBananaofKauai@gmail.com https://www.nanabananaofkauai.com/

Nana's Babysitting Services

(808) 634-3048 sharon@nanasbabysittingservice.com http://www.nanasbabysittingservice.com/

Princeville Chaperones

5520 Ka Haku Road Princeville, HI 96722 (808) 651-3452 info@princeville.biz http://www.princeville.biz/

Deaf and Hard of Hearing Services – Kauai County

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Aloha State Association of the Deaf (ASAD)

310 Paoakalani Avenue, Room 201-A Honolulu, HI 96815 (808) 371-0020 <u>Asad808info@gmail.com</u> https://www.deafaloha.org/

Comprehensive Service Center for People who are Deaf, Hard of Hearing, or Deaf-Blind

1953 South Beretania Street Suite 5A Honolulu, HI 96826 (808) 447-2044 (VP) (808) 284-3551 (Voice/Text) csc@csc-hawaii.org https://www.csc-hawaii.org/

County of Kauai Communication Access

https://www.kauai.gov/Government/Office-of-the-Mayor/ADA-Information/Communication-Access

Department of Education Kauai Community School for Adults

3607 A Lala Road, Room P-12 Lihue, HI 96766 (808) 274-3390 (V)

Hawaii Division of Vocational Rehabilitation: Deaf Services Section

(808) 447-1454 (VP) https://humanservices.hawaii.gov/vr/services/special-programs/

Kauai Deaf/HH Student Resources

http://kauaideaf.yolasite.com/site-info.php

Quota International of Kauai

A non-profit that empowers women, children, the deaf and hard of hearing, and people with speech difficulties in local communities around the world. Main office is in Washington, DC. c/o 6277-A Puuopae Place Kapaa, HI 96746 (808) 822-7351 (V)

Relay Hawaii (Sprint)

LisaAnn Tom (outreach, presentations, on-site support, installation and more information) 420 Waiakamilo Road, Suite 405 Honolulu, HI 96817 1-800-357-5168 (voicemail) 1-866-735-8169 (TTY) (808) 447-3027 or (808) 791-0525 (videophone) Lisa.L.Tom@sprint.com or relayhawaii@sprint.com https://www.relayhawaii.com/

Telecommunications Relay Service Text Telephone (TRS)

TTY: 1-877-447-5990 Voice: 1-877-447-5991 Speech to speech: 1-877-447-8711 Spanish: 1-877-447-7261

Dietitians and Nutritionists – Kauai County

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A nutritionist has studied is an expert on diet and nutrition. They evaluate the health of clients and can guide them about what and how they eat.

A dietitian is a nutritionist who is registered with the Commission on Dietetic Registration. They are also known as registered dietitians (RDs).

Jake O. Atchely, DC

4-1104 Kuhio Highway Kapaa, HI 96746 (808) 652-1962 <u>dr.jake@earthlink.net</u> <u>http://jakeatchley.com/index.html</u>

Body Expressions, Roger Denisewicz, N.C.

931 Niulani Road Kapaa, HI 96746 (949) 933-7666 <u>yourbodycanheal@gmail.com</u> http://www.body-expressions.com/page/page/2565045.htm

Dillberg Integrated Healthcare

2711 Ala Kinoiki Koloa, HI 96756 (808) 742-9326 http://dillberghealth.com

Inner World Wellness

Kapaa, HI 96746 http://innerworldwellness.com

Michelle Jackson

3224 Elua Street Lihue, HI 96766 (808) 245-3770

New Wave Nutrition

3-3122 Kuhio Highway, Unit A12 Lihue, HI 96766 (808) 651-5667

Wahine Manna

Hanalei, HI 96714 (808) 772-1138

Ear Nose & Throat Specialists – Kauai County

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Ear, nose, and throat specialists are also known as "otolaryngologists."

Jay Murphy, MD

Wilcox Medical Center 3-3420 Kuhio Highway, Suite B Lihue, HI 96766 (808) 245-1529 <u>https://www.hawaiipacifichealth.org/find-a-physician/search-results/Jay-M-</u> <u>Murphy/968</u>

Wilcox Medical Center

3-3420 Kuhio Highway Lihue, HI 96766 (808) 245-1529 <u>info@wilcoxhealth.org</u> <u>https://www.hawaiipacifichealth.org/wilcox/services/ear-nose-throat-ent/</u>

Employment / Job Assistance – Kauai County

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Akamai Employment Services

9913 Waimea Road Waimea, HI 96796 (808) 338-0890

Global Ag Services, Inc.

P.O. Box 874 Kekaha, HI 96752 (808) 337-1213 http://www.globalagsvc.com/index.php

HiEmployment

2970 Kele Street, Suite 213 Lihue, HI 96766 (808) 482-3900 <u>info@hi-employment.com</u> <u>http://hi-employment.com/</u>

State of Hawaii Workforce Development Division

4444 Rice Street, Suite 302 Lihue, HI 96766 (808) 274-3056 www.workwisekauai.com

Food Assistance – Kauai County

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This section includes information on local food pantries and SNAP, or Supplemental Nutrition Assistance, which used to be known as food stamps. Anyone who is eligible can get benefits through EBT, or Electronic Benefit Transfer. This section also has information on food programs for school children.

Note: Make sure to check availability, hours, and other details before seeking assistance.

Child & Family Services

Pantry hours: Mondays 2:00-4:00 pm Wednesdays 9:00-11:00 pm, 13:00-16:00 pm Thursdays 13:00-16:00 pm Extra hours on Thursdays 17:00-19:00 pm for working parents who have children ages of under 18. 9675 Waimea Road Koloa, HI 96756 (808) 338-0252 http://www.childandfamilyservice.org

Church of the Pacific

Pantry Hours: Wednesdays 4:15 pm - 5:00 pm (sign in started at 3:00pm) 4521 Kapa Ka Street Princeville, HI - 96722 (808) 826-6481

D-SNAP

Assists with short-term food costs after a disaster occurs. The President must authorize individual disaster assistance in the area. <u>https://fns-prod.azureedge.net/sites/default/files//snap/D-SNAP_Disaster.pdf</u>

Food Programs for School – Age Children

https://www.usa.gov/food-help#item-213690

Kapaa Missionary Church

Pantry Hours: Saturdays 5:00 pm - 6:00 pm Soup Kitchen meals are on the second and fourth Saturdays of each month, from 5:00-5:30 pm. Sometimes there are special church events which may result in the cancelation of the Food Pantry and/or Soup Kitchen. A notice is usually given the week prior. 4-758 Kuhio Highway Kapaa, HI 96746 (808) 822-5594 http://www.kapaamissionary.com

Kauai Bible Church

Pantry hours: Sunday: 11:30 am-13:00 pm 2-4131 Kaumualii Highway Lawai, HI - 96765 (808) 742-7514 <u>http://www.kauaibiblechurch.com</u>

Salvation Army - Hanapepe Corps

ID and Social Security needed. Pantry hours: Wednesdays and Fridays 10 am-2 pm Soup Kitchen: Mondays, Wednesdays and Fridays 4–5 pm 4465 Puolo Road Hanapepe, HI 96716 (808) 335-5441 http://www.salvationarmyhawaii.org

Salvation Army - Lihue Corps

ID and Social Security needed Pantry Hours: Wednesdays and Fridays 10 am–2 pm Soup Kitchen: Tuesdays and Thursdays 10 am-12 pm 4182 Hardy Street Lihue, HI - 96766 (808) 245-2571 http://hawaii.salvationarmy.org

St Michael's and All Angels Church

Pantry hours: Wednesdays 9:15-10:00 am (sign up starts at 8:30) 4364 Hardy Street Lihue, HI - 96766 808-245-3796

Supplemental Nutrition Assistance Program (SNAP)

The Hawaii Supplemental Nutrition Assistance Program (SNAP) helps supplement food budgets for low-income working families and individuals, people on public assistance, seniors and people with disabilities. In Hawaii, SNAP benefits are distributed through the state's Electronic Benefit Transfer (EBT) system.

Form: <u>http://humanservices.hawaii.gov/wp-content/uploads/2015/06/BESSD-</u> <u>Application_June-2015.pdf</u>

https://www.realchoices.org/site/408/financial_assistancefood_stamp_applicat ion_form.aspx

https://humanservices.hawaii.gov/wp-content/uploads/2018/04/Statewide-Processing-Centers-04-2018.pdf

<u>Kauai SNAP Processing Center</u> Former Lihue Courthouse Building 3059 Uni Street, Room A110 Lihue, HI 96766 (808) 274-3371

Hospice and Palliative Care – Kauai County

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Hospice care focuses on the last six months of a person's life. Services may take place at the person's home, or in a hospice facility. It means that instead of looking for a cure, the goal is to make the person as comfortable as possible and have the best quality of life in the time that remains.

"Palliative care" includes pain management and symptom management. It is sometimes also called "supportive care" or "concurrent care." It can take place at the patient's own home, nursing home, or hospital. Palliative care is also for persons who are sick but are not dying. The goal is to help them live longer, happier lives by managing their conditions as best as possible so they don't interfere with patients' lives.

BAYADA Home Health Care

3083 Akahi Street, Suite 101 Lihue, HI 96766 (808) 245-5841 <u>https://offices.bayadahomecare.org/hi/lihue/3406856-3083-akahi-</u> <u>street?utm_source=google&utm_medium=local&utm_content=&utm_campaig</u> <u>n=local+listings</u>

Garden Isles Rehabilitation and Healthcare

3-3420 Kuhio Highway, Suite 300 Lihue, HI 96766 (808) 245-1802 <u>admissions@gihckauai.com</u> <u>http://www.ohanapacific.com/locations/kauai/lihue/garden-isle-rehabilitation-healthcare-center/</u>

Kauai Hospice

4457 Pahee Street Lihue , HI 96766 (808)245-7277 info@kauaihospice.org http://kauaihospice.org/

Hospital Equipment and Supply Rental – Kauai County

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Gammie Homecare

3206 Akahi Street Lihue, HI 96766 (808) 632-2333 https://www.gammie.com/

Kauai Wheelchair

Mailing address: 3980 Hunakai Street Lihue, HI 96766 (808) 647-0427 or (808) 635-1167 <u>reservations@kauaiwheelchair.com</u> <u>https://www.kauaiwheelchair.com/</u>

Ready Rentals – delivery and pickup only (808) 599-8008 or (808) 823-8008 https://www.readyrentals.com/

Hospitals and Medical Centers – Kauai County

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The phone numbers listed here are for general information. They are <u>not</u> for emergencies. If you have an emergency, call 9-1-1.

Hoola Lahui Hawaii

4800D Kawaihau Road Kapaa, HI 96746 (808) 240-0170 info@hoolalahui.org http://www.hoolalahui.org/home.html

Kaiser Permenante Lihue Clinic

4366 Kukui Grove Street, Suite 101 Lihue, HI 96766 (808) 246-5600 <u>https://healthy.kaiserpermanente.org/hawaii/facilities/Kaiser-Permanente-Lihue-Clinic-320981</u>

Kauai Veterans Memorial Hospital

4643 Waimea Canyon Drive Waimea, HI 96796 (808) 338-9431 http://kvmh.hhsc.org/

Mahelona Medical Center

4800 Kawaihau Road Kapaa, HI 96746 (808) 822-4961 http://smmh.hhsc.org/

VA Pacific Islands Health Care System

4485 Pahee Street, Suite 150 Lihue, HI 96766 (808) 246-0497 <u>https://www.hawaii.va.gov/locations/Lihue_Kauai.asp</u>

Wilcox Medical Center

3-3420 Kuhio Highway Lihue, HI 96766 (808) 245-1100 info@wilcoxhealth.org https://www.hawaiipacifichealth.org/wilcox/

In-Home, Supported Living, and Respite Care – Kauai County

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"In-home care" means services that help a person with special needs stay in their home. This includes kupuna, people recovering from surgery, or persons with disabilities. It can mean personal care, homemaking chores, cooking or delivering meals, and having home health care.

"Supported living" is for persons with disabilities. They receive ongoing support that helps them live where they want, with whom they want, and for long as they want. Support includes services such as supported living coaches, employment or day training, transportation, companions, and chore and homemaker services, among others.

"Respite care" is the short-term care of a person who is sick elderly, or disabled. It temporarily provides relief for their caregivers. It could be for just an afternoon, several days, or even weeks. The care can take place at home, in a healthcare facility, or at an adult day care center.

BAYADA Home Health Care

3083 Akahi Street, Suite 101 Lihue, HI 96766 (808) 245-5841 <u>https://offices.bayadahomecare.org/hi/lihue/3406856-3083-akahi-</u> <u>street?utm_source=google&utm_medium=local&utm_content=&utm_campaig</u> <u>n=local+listings</u>

Garden Isle Rehabilitation and Healthcare

3-3420 Kuhio Hwy. Ste. 300 Lihue, HI 96766 (808) 245-1802 <u>admissions@gihckauai.com</u> <u>http://www.ohanapacific.com/locations/kauai/lihue/garden-isle-rehabilitation-healthcare-center/</u>

Hawaii Chore Services Program

1390 Miller Street, Suite 209 Honolulu, HI 96813 (808) 832-5115 <u>dhs@dhs.hawaii.gov</u> <u>https://www.payingforseniorcare.com/cash-and-counseling/hi-chore-</u> <u>services.html#title4</u>

Ohana Home Health

2-2488 Kaumualii Highway Kalaheo, HI 96741 (808) 332-5005 <u>clinicaldirectorohhllc@gmail.com</u> <u>http://ohanahomehealthllc.com/</u>

Regency at Puakea

2130 Kaneka Street Lihue, HI 96766 (808) 246-4449 <u>http://www.regency-pacific.com/senior-living/hi/lihue/regency-at-puakea-</u> <u>retirement-assisted-living/</u>

Stay at Home Healthcare Services

3-3367 Kuhio Highway Lihue, HI 96766 (808) 245-5121 <u>info@stayathomekauai.com</u> <u>http://www.ohanapacific.com/locations/kauai/lihue/stay-at-home-healthcare-services/</u>

The County of Kauai Agency on Elderly Affairs (AEA)

4444 Rice Street, Suite 330 Lihue, HI 96766 (808) 241-4470 elderlyaffairs@kauai.gov http://www.kauai.gov/Elderly

Insurance – Kauai County

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AlohaCare

4473 Pahee Street, Suite N Lihue, HI 96766 AlohaCare QUEST Integration Members: 1-877-973-0712 AlohaCare Advantage Plus (HMO SNP) Members: 1-866-973-6395 http://www.alohacare.org/

Behavioral Health Programs by Helping Hands Hawaii

2100 N. Nimitz Highway Honolulu, HI 96819 (808) 440-3825 <u>http://helpinghandshawaii.org/programs/behavioral-health/</u>

Department of Human Services Med-QUEST Division/ Medicaid

Hawaii's QUEST Integration is a Department of Human Services (DHS), Med-QUEST Division (MQD) comprehensive section 1115 (a) demonstration that expands Medicaid coverage to children and adults. Medicaid is a joint federalstate program that provides health coverage or nursing home coverage to certain categories of individuals, including children, pregnant women, parents of eligible children, low income adults, former foster care children, aged, blind and disabled individuals. Dynasty Court 4473 Pahee Street, Suite A Lihue, HI 96766-2037 (808) 241-3575 https://medquest.hawaii.gov

Get Started with Medicare

https://www.medicare.gov/sign-up-change-plans/get-started-with-medicare

Kolea State of Hawaii My Medical Benefits

http://humanservices.hawaii.gov/wp-content/uploads/2016/02/MQD-officecontact-info-revised-2-24-16.pdf Application and eligibility information: https://medical.mybenefits.hawaii.gov/web/kolea/home-page

Hawaii Medical Assurance Association (HMAA)

737 Bishop Street, Suite 1200 Honolulu, HI 96813 (808) 591-0088 1-800-621-6998 https://www.hmaa.com/

Hawaii Medical Service Association (HMSA)

4366 Kukui Grove Street, Suite 103 Lihue, HI 96766 <u>https://hmsa.com/</u>

HMSA offers free workshops for members on topics such as nutrition, healthy aging, injury prevention, and more. For class schedules and locations, call 1-855-329-5461 toll free.

Hawaii State Health Insurance Assistance Program (SHIP)

No. 1 Capitol District 250 South Hotel Street, Suite 406 Honolulu, HI 96813 Oahu: (808) 586-7299 Neighbor Islands: 1-888-875-9229 TTY: 1-866-810-4379 www.hawaiiship.org/

Humana

https://www.humana.com/

Pyramid Insurance

4405 Kukui Grove Street, Suite 102 Lihue, HI 96766 (808) 245-4624 <u>https://www.pyramidins.com/</u>

YeeCorp Financials and Insurance Services

3156 Elua Street Lihue, HI 96766 (808) 245-5384 http://www.yeecorp.com/health-insurance/#

Legal Assistance and Advocacy – Kauai County

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Court Appointed Special Advocates – Guardians ad Litem (CASA – GAL) – for keiki

Fifth Circuit Court 3970 Kaana Street, Room 305 Lihue, HI 96766-1283 (808) 482-2374 <u>info@casahawaii.org</u> <u>https://www.casahawaii.org/</u>

Hawaii Civil Rights Commission

830 Punchbowl Street, Room 411 Honolulu, HI 96813 (808) 586-8636 TTY: (808) 586-8692 Hawaii County: (808) 974-4000, ext. 6-8636#

Hawaii Online Pro Bono Free Legal Answers (civil legal questions only) https://hawaii.freelegalanswers.org

Legal Aid Society of Hawaii

3016 Umi Street, Suite 220 Lihue, HI 96766 Neighbor Island phone: 1-800-499-4302 <u>http://www.legalaidhawaii.org/</u>

Senior's Law Program

4375 Puaole Street, Suite A Lihue, HI 96766 (808) 246-8868

Volunteer Legal Services Hawaii – Main office on Oahu

545 Queen Street, Suite 100 Honolulu, HI 96813 Kauai (808) 698-8210 <u>http://www.vlsh.org/index.html</u>

Neurologists & Neurosurgeons – Kauai County

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Neuropsychologists are psychologists who specialize in understanding the relationship between the physical brain and behavior, and how the brain and systems relate to behavior and thinking. They look at what a person's brain does and how the person acts in life, with regard to emotions, socially, physically, and more. They often work closely with other medical professionals.

A neurosurgeon is a doctor who diagnoses and surgically treats problems with the central and peripheral nervous systems. The nervous system is connected to the brain and spine and other parts of the body, such as the arms, hands, feet, legs, and sensory organs.

Surendra Rao, MD Wilcox Medical Center

3-3420 Kuhio Highway, Suite B Lihue, HI 96766-1098 (808) 246-1687 <u>https://www.hawaiipacifichealth.org/find-a-physician/search-results/Surendra-D-Rao/576</u>

Neurotrauma Supports – Kauai County

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State of Hawaii, Department of Health Neurotrauma Supports

(808) 274-3141 then 3-6151 http://health.hawaii.gov/nt/local-resources/kauai-resources

Think Big Hawaii

4491 Kou Street Kapaa, HI 96746 (808) 822-1931

Nursing Homes – Kauai County

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Nursing homes are private businesses that provide residential accommodations with healthcare support, usually for kupuna. It's a place for people to go who don't need to be in a hospital but can't be cared for at home.

Garden Isle Rehabilitation and Healthcare

3-3420 Kuhio Highway, Suite 300 Lihue, HI 96766 (808) 245-1802 <u>admissions@gihckauai.com</u> <u>http://www.ohanapacific.com/locations/kauai/lihue/garden-isle-rehabilitation-healthcare-center/</u>

Hale Kupuna Heritage Home

4297A Omao Road P.O. Box 1287 Koloa, HI 96756 (808) 742-7591 <u>admissions@halekupuna.com</u> <u>http://www.ohanapacific.com/locations/kauai/koloa/hale-kupuna-heritage-home/</u>

Kauai Care Center

9611 Waena Road Waimea, HI 96796 (808) 338-1681 <u>http://www.regency-pacific.com/senior-living/hi/waimea/kauai-care-center/</u>

Regency at Puakea

2130 Kaneka Street Lihue, HI 96766 (808) 246-4449 <u>https://www.regency-pacific.com/senior-living/hi/lihue/regency-at-puakea-retirement-assisted-living/</u>

Play Therapists – Kauai County

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Play therapy is a kind of counseling or psychotherapy where play is used to help keiki share their feelings. It may help keiki learn how to communicate with others, change how they are acting, find out new and better ways to solve problems, and more. It is sometimes also used with adults.

Jere Graham, APRN-BC RX

Kapaa, HI (808) 651-6779 jeregraham@hawaiiantel.net

Fran Tyson-Marchino, LMFT, RPT Kalaheo, HI (808) 652-2862 info@newearthparenting.com www.newearthparenting.com

Seniors-Kupuna – Kauai County

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BAYADA Home Health Care

3083 Akahi Street, Suite 101 Lihue , HI 96766 (808) 245-5841 <u>https://offices.bayadahomecare.org/hi/lihue/3406856-3083-akahi-</u> <u>street?utm_source=google&utm_medium=local&utm_content=&utm_campaig</u> <u>n=local+listings</u>

Hale Kupuna Heritage Home

4297A Omao Road P.O. Box 1287 Koloa, HI 96756 (808) 742-7591 <u>admissions@halekupuna.com</u> <u>http://www.ohanapacific.com/locations/kauai/koloa/hale-kupuna-heritage-home/</u>

Hawaii Fall Prevention Consortium

Information about fall prevention, interactive map of resources, and classes to help prevent falls. https://health.hawaii.gov/injuryprevention/home/preventing-falls/information/

Kauai Care Center

9611 Waena Road Waimea, HI 96796 (808) 338-1681 http://www.regency-pacific.com/senior-living/hi/waimea/kauai-care-center/

Ohana Home Health

2-2488 Kaumualii Highway Kalaheo, HI 96741 (808) 332-5005 <u>clinicaldirectorohhllc@gmail.com</u> http://ohanahomehealthllc.com/

Regency at Puakea

2130 Kaneka Street Lihue, HI 96766 (808) 246-4449 <u>http://www.regency-pacific.com/senior-living/hi/lihue/regency-at-puakea-retirement-assisted-living/</u>

The County of Kauai Agency on Elderly Affairs (AEA)

4444 Rice Street, Suite 330 Lihue, HI 96766 (808) 241-4470 <u>elderlyaffairs@kauai.gov</u> http://www.kauai.gov/Elderly

Social Workers – Kauai County

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"LCSW" stands for "licensed clinical social worker." An LCSW has successfully completed getting a Master of Social Work degree. After that, they must complete additional course work and take part in clinical training in the field, and pass a licensing test. Note that some of the social workers below may be licensed clinical social workers, or have other kinds of licensing and / or specialized training, but that information was not available to be listed here.

Catholic Charities Hawaii – Main office on Oahu 1822 Keeaumoku Street

Honolulu, HI 96822 Kauai (808) 241-4673 <u>info@catholiccharitieshawaii.org</u> <u>http://www.catholiccharitieshawaii.org/</u>

Child and Family Services

2970 Kele Street, Suite 203 Lihue, HI 96766 (808) 245-5914 <u>https://www.childandfamilyservice.org/kauai/</u>

Child Support Enforcement

4180 Rice Street 104 Lihue, HI 96766 (808) 241-7112

Child Welfare Services

1-800-494-3991 http://humanservices.hawaii.gov/ssd/home/child-welfare-services/

Kauai United Way

4374 Kukui Grove Street, Suite 201 Lihue, HI 96766 (808) 245-2043 info@kauaiunitedway.org http://kauaiunitedway.org/

YWCA of Kauai

3094 Elua Street Lihue, HI 96766 (808) 245-5959 http://ywcakauai.org/

Support Groups (TBI, SCI, Stroke) – Kauai County

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Sometimes the days and times of meetings change, are cancelled due to holidays, or groups are no longer meeting. It is always best to check if a group is still meeting at the day and time listed below before attending a meeting for the first time.

Think B.I.G. (Brain Injured Group)

Support group for survivors of stroke, traumatic brain injury, and other brain injuries. They meet the 2nd Wednesday of every month from 4:30pm to 6:30pm. Kapaa Neighborhood Center 4491 Kou Street Kapaa, HI 96746 (808) 346-8361

Therapists (OT, PT, RT, Rehab) – Kauai County Occupational, Physical, Recreational, and Speech Therapists

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Occupational therapy (OT) – A kind of therapy (a way to get better) from a physical or mental illness that focuses on activities that we do in our daily lives. This could include things like helping people learn how to take care of themselves again, helping children with disabilities be able to go to school, learning how to work again, and more.

Physical therapy (PT) – A way to treat a disease or injury by using physical methods such as exercise, massage, and heat treatment, among others. The idea is to save, make better, or restore movement and physical function.

Recreational therapy (RT) – This therapy uses recreation and other activitybased work to help people recover from illnesses and / or disabling conditions. The treatment is specially designed for the person and might include arts and crafts, cooking, dance, music, drama, social activities, fitness activities, games, puzzles, writing, and more.

Speech therapy (speech and language pathologist, or SLPs) – SLPs are experts in communication. They work with people of all ages from babies to adults. They treat many times of communication and swallowing problems.

Brain Works Kauai

6204 D Olohena Road Wailua, HI 96746 (808) 212-1200 <u>brainworkskauai@gmail.com</u> <u>https://www.brainworkskauai.com/</u>

Garden Isle Rehabilitation and Healthcare

3-3420 Kuhio Highway, Suite 300 Lihue, HI 96766 (808) 245-1802 <u>admissions@gihckauai.com</u> <u>http://www.ohanapacific.com/locations/kauai/lihue/garden-isle-rehabilitation-healthcare-center/</u>

Hawaii Sports and Balance Center

3088 Aukele Street Lihue, HI 96766 (808) 632-0033 info@hawaiisportsandbalancecenter.com http://www.hawaiisportsandbalancecenter.com/

Kauai Care Center

9611 Waena Rd Waimea, HI 96796 (808) 338-1681 <u>http://www.regency-pacific.com/senior-living/hi/waimea/kauai-care-center/</u>

Kauai Therapy and Wellness

3-1866 Kaumualii Highway Lihue, HI 96766 (808) 333-3688 <u>https://kit-therapy.com/</u>

KORE Kauai

6490 C Kawaihau Rd Kapaa, HI 96746 (808) 651-6416 <u>kauaikore@hotmail.com</u> <u>http://korekauai.com/</u>

Ohana Home Health

2-2488 Kaumualii Highway Kalaheo, HI 96741 (808) 332-5005 <u>clinicaldirectorohhllc@gmail.com</u> <u>http://ohanahomehealthllc.com/</u>

Ohana Sports Medicine

2-2488 Kaumualii Highway Kalaheo, HI 96741 (808) 335-5808 https://www.osmpt.com/

ROCK Physical Therapy

2-2514 Kaumualii Highway, Suite 211 Kalaheo, HI 96741 (808) 495-8668 <u>http://rock-pt.com/</u>

Transportation – Kauai County

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County of Kauai Paratransit Services

County of Kauai Transportation Agency 3220 Hoolako Street Lihue, HI 96766 Reservations can be emailed to: <u>thekauaibus@kauai.gov</u> <u>https://www.kauai.gov/Government/Departments-Agencies/Transportation-Agency/Paratransit-Service</u>

County of Kauai The Kauai Bus

County of Kauai Transportation Agency 3220 Hoolako Street Lihue, HI 96766 https://www.kauai.gov/BusSchedules

Kauai Airport Shuttle

ADA vehicle reservations must be made a minimum of 48 hours prior to date and time of service. Include accommodation information at time of booking. Reservations 1-808-439-8800 <u>https://www.airportshuttlehawaii.com/shuttles/kauai/</u> Kauai Medical Transport - Non-emergency medical transportation. PO Box 3523 Lihue, HI 96766 (808) 212-5833 kauaimedicaltransport@gmail.com http://kauaimedicaltransport.com/

The County of Kauai Agency on Elderly Affairs (AEA) – Senior transportation.

Piikoi Building 4444 Rice Street, Suite 330 Lihue, HI 96766 (808) 241-4470 <u>elderlyaffairs@kauai.gov</u> <u>https://www.kauai.gov/elderly</u>

Wheelchairs, Lifts, and Ramps – Kauai County

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1-800Wheelchair

Toll free 1-800-320-7140

Access Lifts of Hawaii (808) 955-4387

Disability and Communication Access Board (DCAB) – Modifying Your Home for Accessibility

https://health.hawaii.gov/dcab/files/2013/01/Modifying Your HomeFS.pdf

Home Depot wheelchair ramps

(Note: You might need to first select the Kauai store, then enter the search term, "wheelchair ramps") https://www.homedepot.com/s/wheelchair%2520ramps?NCNI-5

Ohana Stair Lifts (808) 450-3028 http://ohanastairlifts.com/